

## Professional Dispositions for Undergraduate Education Students Self Assessment

Name \_\_\_\_\_

Date \_\_\_\_\_ Student ID # \_\_\_\_\_

Licensure Area \_\_\_\_\_ Advisor's Name \_\_\_\_\_

*Please mark honestly where you think you score on the continuum, with 1 being the lowest and 5 being the highest.*

### Professional Commitment and Responsibility

- |          |   |
|----------|---|
| Rubric 1 | 1. I show initiative.<br>1__2__3__4__5__  |
| Rubric 1 | 2. I get excited about learning new things.<br>1__2__3__4__5__                                |
| Rubric 2 | 3. I take pride in the high quality of my work.<br>1__2__3__4__5__                            |
| Rubric 2 | 4. I am always responsible.<br>1__2__3__4__5__  |
| Rubric 3 | 5. I am well prepared.<br>1__2__3__4__5__   |
| Rubric 4 | 6. I am reliable.<br>1__2__3__4__5__  |
| Rubric 4 | 7. I am punctual.<br>1__2__3__4__5__  |
| Rubric 5 | 8. I dress appropriately.<br>1__2__3__4__5__  |
| Rubric 6 | 9. I take personal responsibility for both positive and negative outcomes.<br>1__2__3__4__5__ |

### Reflection and Self Improvement

- |          |   |
|----------|---|
| Rubric 7 | 10. I seek ways to improve my performance.<br>1__2__3__4__5__                           |
| Rubric 8 | 11. I do not act defensively when someone tells me what I did wrong.<br>1__2__3__4__5__ |
| Rubric 8 | 12. I welcome constructive feedback.<br>1__2__3__4__5__                                 |

### **Interpersonal Relationships**

- Rubric 9      13. I want everyone in the group to feel comfortable and welcome.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 10     14. I maintain appropriate boundaries.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 11     15. I do not act in an angry or disrespectful manner with others.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_

### **Effective Communication**

- Rubric 11     16. I listen and consider the viewpoints of others, even when I do not agree.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 12     17. I write well.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 13     18. I am enthusiastic and positive in my outlook and actions.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 14     19. I listen respectfully to all other students in my group.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 14     20. I listen carefully when spoken to.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_

### **Attitude Towards Learners**

- Rubric 15     21. I am friendly and warm towards students, but understand boundaries.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 16     22. I have the expectation that every student will succeed.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 17     23. I think it is important to teach to different learning styles of students.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 15     24. I do not show impatience with students.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_

### **Respect for Diversity**

- Rubric 15     25. I do not act inappropriately towards a person from a culture other  
                  than my own.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 18     26. I recognize and respect that each person is unique.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 20 & 21   27. I embrace the challenge to learn from and about people from  
                  other cultures and ethnic groups.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_
- Rubric 19     28. I believe that diversity enhances the classroom.  
                  1\_\_2\_\_3\_\_4\_\_5\_\_

**STOP HERE UNLESS you scored a 1 or 2 on any question**

# COMPLETE THIS PAGE ONLY IF you scored a 1 or 2 on any question

## Goals and Action Plan

Based upon the Undergraduate Student Disposition Self-Assessment you just completed, set goals that you want/need to work towards accomplishing during the remainder of your education program. How will you meet these goals?

### Goals -- Indicate #(s) of question(s) that produced the goal(s)

*Example*      1. *I will be prepared for each and every class (Question 5).*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Action Plan for Each Goal Above

*Example*

1. *I will take only five classes.*
2. *I will create a schedule including class and study/homework preparation time.*
3. *I will follow the schedule. When I follow the schedule for a week, I will reward myself with a movie.*

1.

2.

3.

Student Signature \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Advisor Signature \_\_\_\_\_ Date \_\_\_\_\_