



Bemidji State Soccer

2009 Schedule

August

27	at Wisconsin-Parkside	Canceled
28	at Cardinal Stritch	W 7-0

September

4	at Northwestern (IA) College	W 7-0
5	at Dordt College	L 1-0
8	at Minnesota, Crookston	W 5-1
11	Jamestown College	W 5-0
19	#5 Minnesota State *	L 0-1
20	SW Minnesota St. *	W 4-0
25	at Minnesota, Crookston *	W 1-0
27	at MSU Moorhead *	W 5-3

October

2	at Upper Iowa *	L 2-1
4	at Winona State *	W 2-1
10	St. Cloud State * #	L 2-1
11	Concordia-St. Paul *	W 2-0
17	at U-Mary *	L 1-0
18	at Northern State *	L 1-0
23	Minnesota Duluth *	T 1-1
25	at Wisconsin-Superior	Canceled
30	Augustana College *	3:00 p.m.

November

1	Wayne State College * %	1:00 p.m.
4	NSIC Quarterfinals♦	TBA
7	NSIC Semifinals	TBA
8	NSIC Championship	TBA

All times Central

Home games in bold

* = Conference Matches

^ = Scrimmages/Community Night

= Parent's Weekend

% = Senior Day

♦ = Higher seed hosts

BSU closes out regular season at home

Soccer Notebook

- The Beavers will close out the regular season this weekend with games against Augustana on Friday and Wayne State on Sunday.
- This weekend is an important one for Bemidji State as it is currently tied for eighth place in the conference with Augustana.
- A win against Augustana and a tie against Wayne State will secure a playoff spot for the Beavers.
- Bemidji State must get a least a tie with either Augustana or Wayne State for a chance to go to the NSIC tournament. If the Beavers were to get one point out of the weekend with a tie, they would need St. Cloud State to beat Concordia University and for Upper Iowa to lose both games this weekend, for an eighth place finish.
- Last weekend saw the Beavers host the No. 25 Minnesota Duluth Bulldogs. The Beavers offense looked excellent after having a poor showing in the week before. Bemidji State had multiple scoring opportunities, but could only put one goal on the board and settled for a 1-1 draw with UMD.
- **Ashlee Ellefsen** (Jr., Hugo, Minn.) is the new all-time points leader at Bemidji State. Her goal last weekend against Minnesota Duluth gave her 72 points for her career surpassing the old mark of 71 points set by Becky Elk in 2001. If she gets another assist she will also set another school record for most assists in a season, currently at seven. Ellefsen also only needs three more goals to break the school record for most goals in a career.
- **Samantha Ross** (Jr., Stillwater, Minn.) was named *NSIC Defensive Player of the Week* for her efforts last weekend against Minnesota Duluth. She made nine saves, four in the two overtime periods, to help the Beavers tie against the Bulldogs. The weekly award was the second of her career, winning the award her sophomore season back on Sept. 3, 2008.
- Plagued by late season injuries, the Beavers have lost three players in the past two weeks due to injuries. **Kim Sorteberg** (Sr., Anoka, Minn.), **Tiffany VanHaften** (Fr., Chaska, Minn.), and **Jenny Stromberg** (Jr., Elk River, Minn.) will all miss the rest of the regular season due to injury.

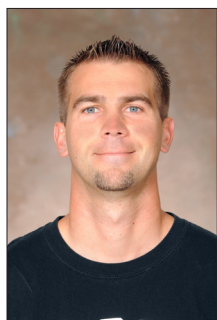
Bemidji State Roster

No.	Name	Pos.	Yr.	Ht.	Hometown	Notes
0	Abby Kjonaas	GK	So.	5-7	Fargo, N.D.	Recorded first shutout of season at UMC
1	Samantha Ross	GK	Jr.	5-7	Stillwater, Minn.	Made 9 saves for a tie against UMD
2	Alex Petes	M	Fr.	5-2	Yorba Linda, Calif.	Out for season with knee injury
3	Jamie Ford (C)	F	Sr.	5-5	Edina, Minn.	Out for season with leg injury
4	Ashlee Ellefsen	F/M	Jr.	5-8	Hugo, Minn.	All-time points leader, 72
5	Sara Dalton	D/M/F	Jr.	5-3	St. Cloud, Minn.	Recorded first career point (1A) at CSU
6	Kathryn Bjorge	D/M	So.	5-7	Prior Lake, Minn.	Got first career goal against Jamestown
7	Jenny Stromberg	M/F	Jr.	5-2	Elk River, Minn.	Out for season with knee injury
8	Maddie Pletta (C)	D	Sr.	5-8	Rochester, Minn.	Has started 41 consecutive games
9	Brianna Duff	M	So.	5-6	Ramsey, Minn.	Second on team with 19 points(7G 5A)
10	Bethany Fluto	F/M	So.	5-6	Bemidji, Minn.	Has one assist on year, vs. Jamestown
11	Kara Annoni	D	Fr.	5-4	Hermantown, Minn.	Has seen action in 5 games
12	Alysha Domiano	D	Jr.	5-8	Dayton, Minn.	Has started every game this year
13	Mallory Lowe	D	Fr.	5-3	Lino Lakes, Minn.	Has seen action in 6 games
14	Yesenia Garcia	F/M	Jr.	5-7	Great Bend, Kan.	Had game-winner against CSP
16	Kelly Pointon	D	So.	5-7	Woodbury, Minn.	Scored second collegiate goal at SMSU
17	Tiffany VanHaften	M/D	Fr.	5-8	Chaska, Minn.	Out for season with knee injury
18	Kara Smyth	M	Jr.	5-3	Cary, Ill.	First goal of season at Winona
19	Rachel Gustafson	M/D	So.	5-4	Ham Lake, Minn.	Second career goal against SMSU
20	Analey Skog	F	So.	5-3	St. Francis, Minn.	Out for season with knee injury
21	Bri Scanlan	M	So.	5-5	East Grand Forks, Minn.	Currently has 9 points, 3G 3A
22	Kari McAllen	D	So.	5-8	Fargo, N.D.	1 SOG vs SMSU, 1G & 1A on season
23	Linsey Olesiak (C)	D	Sr.	5-9	Hermantown, Minn.	First SOG this season at UIU
25	Kirsten Erickson	D/M	So.	5-4	Coon Rapids, Minn.	Recorded assist against UMD
27	Kim Sorteberg	M	Sr.	5-8	Anoka, Minn.	Out for season with leg injury

Head Coach: Jim Stone

Assistan Coaches: Jessica Ploeger & Kate McArthur

Head Coach Jim Stone



On July 23, 2002, Bemidji State University took an integral step toward developing a competitive women's soccer program with the hiring of Jim Stone as head coach. The BSU soccer program had never won more than the four victories Stone's squad achieved in 2002.

Stone has the highest win percentage in BSU history (.510), along with the most wins (72). He is the only coach in BSU soccer history with a record greater than or equal to .500 in conference play.

The 2005 season was a record-breaking year for the Beavers. As a team BSU set or tied numerous records, including most wins (12) and most shutouts (10) in a season. The Beavers were also the 12th most improved team in the nation that year.

Under Stone's guidance BSU has been well represented on the NSIC All-Conference teams and garnered its first ever All-American in 2005. Juniors Ashlee Ellefsen (Hugo, Minn.) and Alysha Domiano (Dayton, Minn.) both garnered post-season honors during their freshman campaigns, with Ellefsen being named to the All-NSIC Second Team and Domiano earning All-NSIC Honorable Mention honors. Ellefsen was then named All-NSIC Third Team, Daktronics First-Team All-Region, and Daktronics All-America Honorable Mention in her sophomore year.

Domiano (2008 third team), Megan Wallner (2007 third team), Erin Foss (2005 second team) and Cristina Egnell (2004 third team, 2005 first team) have all been named to CoSIDA Academic All-District squads under Stone's tutelage.

Stone year-by-year

Year	School	Record
2002	Bemidji State	4-12-0
2003	Bemidji State	5-13-1
2004	Bemidji State	11-12-0
2005	Bemidji State	12-4-7
2006	Bemidji State	10-6-2
2007	Bemidji State	9-9-3
2008	Bemidji State	12-7-1
2009	Bemidji State	9-6-1
Totals		72-69-15 (.510)

vs NSIC: 37-37-7 (.500)
at BSU Soccer Field: 31-23-7 (.567)

Scouting Augustana (7-6-5, 4-3-4 NSIC)

- Augustana won both games over the weekend beating MSU Moorhead 4-2, and Minnesota Crookston 2-1.
- Katie Shandri led the Viking offense over the weekend, scoring four goals. Shandri scored two goals in a 4-2 comeback win over MSU Moorhead on Saturday. She took three shots in that game for a 0.667 shot on goal percentage. She followed that performance by scoring both goals for the Vikings in a 2-1 win over Minnesota, Crookston. She took 10 shots in that game, five of which were on goal. For the weekend, she averaged 2 goals per game and 6.50 shots per game. She doubled her season goals scored this weekend as she has now scored eight total goals this season.
- In net for the Vikings is Melissa Fowler who has posted a 5-4-2 record making 64 saves off of 81 shots on goal so far this season.

Scouting Wayne State (4-13-1, 1-9-1 NSIC)

- Five different players scored goals for Wayne State over the weekend as the Wildcats split NSIC home games vs. Minnesota, Crookston and MSU Moorhead.
- Mikayla Comba and Hayley Setzer scored their first career goals on Saturday with Setzer's coming in the 80th minute of Wayne State's 2-1 win over Minnesota, Crookston.
- On Sunday, seniors Valerie Robinson, Megan Kenealy and Michaela Lucas each scored in their final home game in a Wildcat uniform in Wayne State's 5-3 loss to the Dragons.
- Robinson leads the Wildcats in scoring this season with 15 points (6G, 3A).
- Emily Walker has started most of the games in net for Wayne State, compiling 94 saves off of 131 shots on goal.

**2009 NSIC
Players of the Week**

Aug. 24-30

Offensive: Laura Leber (MSU)
Defensive: Joanna Drennen (U-Mary)

Aug. 31-Sept. 6

Offensive: Brittany Henry (MSU)
Defensive: Sheila Reynolds (MSU)

Sept. 7-13

Offensive: Valerie Robinson (WSC)
Defensive: Hannah Bengtson (UMD)

Sept. 14-20

Offensive: Clare Dahmen (UMD)
Defensive: Anna Belpedio (WSU)

Sept. 21-27

Offensive: Becky Anderson (UMD)
Defensive: **Tiffany VanHaften (BSU)**

Sept. 28-Oct. 4

Offensive: Alexandra Pafko (SCSU)
Defensive: Emily Walker (WSC)

Oct. 5-11

Offensive: Lauren Sturdivant (WSU)
Defensive: Hannah Bengtson (UMD)

Oct. 12-18

Offensive: Melissa Sellier (WSU)
Defensive: Hannah Bengtson (UMD)

Oct. 19-25

Offensive: Jordyn Wallenborn (MSUM)
Defensive: **Samantha Ross (BSU)**

Oct. 27-Nov. 1

Offensive:
Defensive:

**Currently Active
Award Winners**

ALL-NSIC

SELECTIONS

2008

Jamie Ford (Third Team)
Ashlee Ellefsen (Third Team)
Alysha Domiano (Honorable Mention)

2007

Ashlee Ellefsen (Second Team)
Alysha Domiano (Honorable Mention)

NSIC

ALL-ACADEMIC

2008

Jenny Stromberg
Alysha Domiano
Madeline Pletta
Jamie Ford

2007

Madeline Pletta
Jamie Ford

CoSIDA

ACADEMIC

ALL-DISTRICT

2008

Alysha Domiano (Third team)

DAKTRONICS

ALL-REGION

2008

Ashlee Ellefsen (First Team)

DAKTRONICS

ALL-AMERICA

2008

Ashlee Ellefsen (Honorable Mention)

NSIC OFFENSIVE PLAYERS OF THE WEEK

2008

Jamie Ford (Nov. 3)
Ashlee Ellefsen (Sept. 9)
Jamie Ford (Sept. 3)

2007

Ashlee Ellefsen (Sept. 11)

NSIC DEFENSIVE PLAYERS OF THE WEEK

2009

Tiffany VanHaften (Sept. 28)
Samantha Ross (Oct. 26)

2008

Samantha Ross (GK, Sept. 3)

Goals (Career)

1.	Katie Meinhardt	31.....	2003-06
2.	Becky Elk	30.....	1999-01
3.	Ashlee Ellefsen	28.....	2007-SA
T-4.	Kelly Hyvare	23.....	2005-08
	Jamie Ford	23.....	2006-SA
6.	Lindsey Natwick	21.....	2002-05
7.	Lauren Miller	12.....	1999-01
T-8.	Megan Wallner	11.....	2004-07
	Lauren Olivares	11.....	2005-08
T-10.	Kelly Lessman	9.....	1999-02
	Ashley Lehmeier	9.....	2003-06

Assists (Career)

1.	Lindsey Natwick	22.....	2002-05
2.	Kelly Hyvare	19.....	2005-08
3.	Ashlee Ellefsen	16.....	2007-SA
4.	Christina Hicks	14.....	2003-07
5.	Ashley Lehmeier	12.....	2003-06
T-6.	Becky Elk	11.....	1999-01
	Lauren Miller	11.....	1999-01
	Megan Wallner	11.....	2004-07
	Jamie Ford	11.....	2006-SA
10.	Lauren Olivares	10.....	2005-08
T-11.	Amy Vleck	9.....	1999-02
	Whitney Sengthao	9.....	2003-04
	Danielle Uphoff	9.....	2006-08
	Kara Smyth	9.....	2007-SA

Assists (Single-Game)

T-1.	Kirsten Erickson	3
	vs Minnesota, Crookston	
	Sept. 8, 2009	
	Jenny Stromberg	3
	vs Wisconsin-Superior	
	Oct. 26, 2008	

Points (Career)

1.	Ashlee Ellefsen	72.....	2007-SA
2.	Becky Elk	71.....	1999-01
3.	Katie Meinhardt	69.....	2003-06
4.	Kelly Hyvare	65.....	2005-08
5.	Lindsey Natwick	64.....	2002-05
6.	Jamie Ford	61.....	2006-SA
7.	Lauren Miller	35.....	1999-01
8.	Megan Wallner	33.....	2005-07
9.	Lauren Olivares	32.....	2005-08
T-10.	Ashley Lehmeier	30.....	2003-06
	Christina Hicks	30.....	2003-07

Game-winning goals (Career)

1.	Kelly Hyvare	10.....	2005-08
2.	Ashlee Ellefsen	9.....	2007-SA
T-3.	Katie Meinhardt	7.....	2003-06
	Jamie Ford	7.....	2006-SA
T-5.	Christina Hicks	5.....	2004-07
	Lauren Olivares	5.....	2005-08
T-7.	Becky Elk	4.....	1999-01
	Lindsey Natwick	4.....	2002-06
	Tegan Moehn	4.....	2003-06
10.	Jessica Ploeger	3.....	2004-07

Overtime goals (Career)

T-1.	Kelly Hyvare	2.....	2005-08
	Jamie Ford	2.....	2006-SA
T-2.	Kristy Hodapp	1.....	1998-00
	Mary Stoltz	1.....	2003-06
	Christina Hicks	1.....	2003-07
	Ashlee Ellefsen	1.....	2007-SA

Saves (Career)

1.	Kari Torgerson	602**	2003-06
2.	Niki Dalka	585*	2000-02
3.	Samantha Ross	244	2007-SA
4.	Kim Strom	192	1997-99
5.	Joanne Nigbor	169	1996
6.	Angela Jo Ziebol	158	1998
7.	Jessica Meath	108	2005-07
8.	Kelli Hadrava	90	1996-97
9.	Noelle Lancaster	88	1997
10.	Hannah Carter	59	1998-99

**= fifth all-time in NCAA D-II

*= eighth all-time in NCAA D-II

Save Percentage (Career)

(must have played in 50% of team's minutes during career)

1.	Samantha Ross	.862	2007-SA
2.	Kari Torgerson	.854	2003-06
3.	Niki Dalka	.811	2000-02
4.	Angela Jo Ziebol	.705	1998
5.	Joanne Nigbor	.679	1996
6.	Noelle Lancaster	.595	1997

Minutes Played In Net (Career)

1.	Kari Torgerson	6710:80#	2003-06
2.	Niki Dalka	4351:42 ..	2000-02
3.	Samantha Ross	3447:27 ..	2007-SA
4.	Jessica Meath	1762:68 ..	2005-07
5.	Kim Strom	1283:10 ..	1997-99
6.	Angela Jo Ziebol	1113:30	1998
7.	Joanne Nigbor	925:00	1996
8.	Noelle Lancaster	739:00	1997
9.	Hannah Carter	491:06	1998-99
10.	Kelli Hadrava	465:00	1996-97

= 14th all-time in NCAA D-II

Games Played In Net (Career)

1.	Kari Torgerson	78	2003-06
2.	Niki Dalka	48	2000-02
3.	Samantha Ross	44	2007-SA
4.	Hannah Carter	37	1998-99
5.	Kim Strom	35	1997-99
6.	Jessica Meath	25	2005-07
7.	Deidre Pantzke	21	1997-98
8.	Angela Jo Ziebol	16	1998
9.	Abby Kjonaas	16	2008-SA
10.	Jessica Bina	12	1998-99
11.	Joanne Nigbor	11	1996

Wins (Career)

1.	Kari Torgerson	36	2003-06
2.	Samantha Ross	20	2007-SA
3.	Niki Dalka	12	2000-02
4.	Jessica Meath	7	2005-07
5.	Abby Kjonaas	5	2008-SA
T-6.	Kim Strom	2	1997-99
	Hannah Carter	2	1998-99

Shutouts (Career)

1.	Kari Torgerson	19.....	2003-06
2.	Niki Dalka	10.....	2000-02
3.	Jessica Meath	7.....	2005-07
4.	Samantha Ross	4.....	2007-SA
T-5.	Kim Strom	2.....	1998-99
	Abby Kjonaas	2.....	2008-SA

Time in net without a goal (Individual)

1.	Samantha Ross	523:07
	Oct. 24, 2008 - Present	
2.	Kari Torgerson	429:03
	Sept. 2, 2004 - Sept. 18, 2004	

LAST TIME IT HAPPENED

Shutout:

Oct. 11, 2009
vs. Concordia University, 2-0

Shutout at Home:

Oct. 11, 2009
vs. Concordia University, 2-0

Shutout on Road:

Sept. 25, 2009
vs. Minnesota, Crookston, 1-0

Game Ending in a Tie:

Oct. 23, 2009
vs. Minnesota Duluth, 2-2

Victory in Overtime:

Oct. 2, 2008
vs. Augustana College, 1-0 2OT

BSU Player to Record Three or more Goals in One Game:

Ashlee Ellefsen
vs. Minnesota State, Moorhead
Sept. 27, 2009

BSU Player to Record 30+ Saves in One Game:

Niki Dalka - 36 Saves
vs. Winona State
Oct. 28, 2001

Penalty Kick:

Lauren Olivares
Nov. 12, 2008
(successful)

Penalty Kick Allowed:

Sept. 8, 2009
vs. Minnesota, Crookston
(successful)

10+ Assists:

12 vs. UW-Superior,
Nov. 26, 2008

8+ Goals:

16 vs. Finlandia
Sept. 3, 2004

40+ Shots:

59 vs. UW-Superior
Nov. 26, 2008

2009 Statistics

Overall Record: 9-6-1 NSIC: 5-5-1 Home: 3-2-1 Away: 6-4-0 Neutral: 0-0-0

No.	Name	GP-GS	G	A	Pts	Sh	Sh%	SOG	SOG%	GW	Pk-ATT
4	Ellefsen, Ashlee	16-16	9	7	25	48	.188	32	.667	3	0-0
9	Duff, Brianna	16-15	7	5	19	23	.304	16	.696	0	0-0
25	Erickson, Kirsten	9-3	3	5	11	17	.176	7	.412	0	0-0
14	Garcia, Yesenia	15-11	3	4	10	28	.107	14	.500	1	0-0
21	Scanlan, Bri	16-12	3	3	9	16	.188	10	.625	1	0-0
20	Skog, Analey	2-0	3	2	8	5	.600	5	1.000	0	0-0
17	VanHaafden, Tiffany	12-8	3	0	6	19	.158	11	.579	2	0-0
19	Gustafson, Rachel	16-3	2	2	6	7	.286	6	.857	0	0-0
3	Ford, Jamie	2-2	2	1	5	5	.400	4	.800	1	0-0
16	Pointon, Kelly	16-6	2	0	4	5	.400	4	.800	0	0-0
22	McAllen, Kari	15-0	1	1	3	5	.200	5	1.000	1	0-0
6	Bjorge, Kathryn	14-14	1	1	3	5	.200	2	.400	0	0-0
27	Sorteberg, Kim	10-10	0	3	3	5	.000	3	.600	0	0-0
8	Pletta, Maddie	16-16	0	3	3	4	.000	2	.500	0	0-0
18	Smyth, Kara	14-11	1	0	2	17	.059	7	.412	0	0-0
10	Fluto, Bethany	13-0	0	1	1	6	.000	4	.667	0	0-0
7	Stromberg, Jenny	8-0	0	1	1	4	.000	3	.750	0	0-0
5	Dalton, Sara	14-0	0	1	1	2	.000	1	.500	0	0-0
23	Olesiak, Linsey	16-15	0	0	0	3	.000	1	.333	0	0-0
12	Domiano, Alysha	16-16	0	0	0	2	.000	1	.500	0	0-0
2	Petes, Alex	3-2	0	0	0	2	.000	1	.500	0	0-0
13	Lowe, Mallory	7-0	0	0	0	0	.000	0	.000	0	0-0
11	Annoni, Kara	5-0	0	0	0	0	.000	0	.000	0	0-0
Total		16	41	40	122	228	.180	140	.614	9	0-0
Opponents		16	14	10	38	198	.071	99	.500	6	2-2

Goalkeepers

No.	Name	GP-GS	-----Goal Average-----			----Saves-----		-----Record-----				Shots Faced
			Minutes	GA	AVG	Saves	PCT	W	L	T	SO	
0	Kjonaas, Abby	9-3	415:20	3	0.65	14	.824	3	2	0	1	34
1	Ross, Samantha	15-13	1053:30	11	0.94	70	.864	6	4	1	1	152
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	4	0
Total		16	1468:50	14	0.86	85	.859	9	6	1	6	186
Opponents		16	1468:50	41	2.51	99	.707	5	9	1	4	226

TEAM STATISTICS

	BSU	OPP	GOALS BY PERIOD	1st	2nd	OT	OT2	Total		
SHOT STATISTICS			Bemidji State	18	23	0	0	41		
Goals-Shot attempts	41-228	14-198	Opponents	3	9	2	0	14		
Goals scored average	2.51	0.86	SHOTS BY PERIOD			1st	2nd	OT	OT2	Total
Shot pct.	.180	.071	Bemidji State	109	117	2	0	228		
Shots on goal-Attempts	140-228	99-198	Opponents	79	107	9	3	198		
SOG pct.	.614	.500	SAVES BY PERIOD			1st	2nd	OT	OT2	Total
Shots/Game	14.2	12.4	Bemidji State	35	45	2	3	85		
Assists	40	10	Opponents	45	54	0	0	99		
CORNER KICKS	63	68	CORNER KICKS BY PRD			1st	2nd	OT	OT2	Total
PENALTY KICKS	0-0	2-2	Bemidji State	33	30	0	0	63		
PENALTIES				Opponents	24	41	2	1	68	
Yellow cards	11	7	FOULS BY PERIOD			1st	2nd	OT	OT2	Total
Red cards	0	0	Bemidji State	71	67	1	1	140		
ATTENDANCE				Opponents	52	65	0	0	117	
Total	2269	835								
Dates/Avg Per Date	6/378	10/84								
Neutral Site #/Avg	0/0									