



Bemidji State Soccer

2009 Schedule

August

27	at Wisconsin-Parkside	Canceled
28	at Cardinal Stritch	W 7-0

September

4	at Northwestern (IA) College	W 7-0
5	at Dordt College	L 1-0
8	at Minnesota, Crookston	W 5-1
11	Jamestown College	W 5-0
19	#5 Minnesota State *	L 0-1
20	SW Minnesota St. *	W 4-0
25	at Minnesota, Crookston *	W 1-0
27	at MSU Moorhead *	W 5-3

October

2	at Upper Iowa *	L 2-1
4	at Winona State *	W 2-1
10	St. Cloud State * #	L 2-1
11	Concordia-St. Paul *	W 2-0
17	at U-Mary *	L 1-0
18	at Northern State *	L 1-0
23	Minnesota Duluth *	T 1-1
25	at Wisconsin-Superior	Canceled
30	Augustana College *	W 3-2

November

1	Wayne State College * %	W 1-0
4	at St. Cloud State ♦	7:00 p.m.
7	NSIC Semifinals	TBA
8	NSIC Championship	TBA

All times Central

Home games in bold

* = Conference Matches

^ = Scrimmages/Community Night

= Parent's Weekend

% = Senior Day

♦ = NSIC Quarter Finals

Soccer heads to St. Cloud for NSIC tourney

Soccer Notebook

• The Beavers are headed to St. Cloud on Wednesday to take on the St. Cloud State Huskies in the first round of the NSIC tournament. The winner advances on to play the winner of Minnesota Duluth and Northern State.

• The wins last weekend over Augustana and Wayne State secured a sixth place finish. This is the seventh time the soccer team has reached post season play and the fifth time of Coach Stone's career.

• Last weekend saw the Beavers host the No. 25 Minnesota Duluth Bulldogs. The Beavers offense looked excellent after having a poor showing in the week before. Bemidji State had multiple scoring opportunities, but could only put one goal on the board and settled for a 1-1 draw with UMD.

• **Ashlee Ellefsen** (Jr., Hugo, Minn.) was named *NSIC Offensive Player of the Week* for her efforts last weekend netting a hat trick against Augustana and recording a goal in the 90th minute against Wayne State. With her offensive production this season, she broke a handful of school records. She leads all-time scorers at BSU with 80 career points. She now has 32 career goals surpassing the school record of 31. The goal on Sunday was Ellefsen's 11th game winner, which also breaks the school record for the most game-winning goals in a career at BSU. Ellefsen also ends the regular season tied for most assists in a season with seven.

• **Samantha Ross** (Jr., Stillwater, Minn.) has made 72 during the regular season compiling .867 save percentage and a 0.90 goals against average. She was also named *NSIC Defensive Player of the Week* on Oct. 26.

• **Brianna Duff** (So., Ramsey, Minn.) is second on the team in scoring with seven goals and five assists. Her efforts both on and off the field were recently recognized as Duff was named to the ESPN the Magazine / College Sports Information Directors of America (CoSIDA) College Division All-District Third Team.

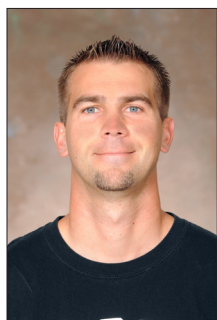
Bemidji State Roster

No.	Name	Pos.	Yr.	Ht.	Hometown	Notes
0	Abby Kjonaas	GK	So.	5-7	Fargo, N.D.	Recorded first shutout of season at UMC
1	Samantha Ross	GK	Jr.	5-7	Stillwater, Minn.	Made 9 saves for a tie against UMD
2	Alex Petes	M	Fr.	5-2	Yorba Linda, Calif.	Out for season with knee injury
3	Jamie Ford (C)	F	Sr.	5-5	Edina, Minn.	Out for season with leg injury
4	Ashlee Ellefsen	F/M	Jr.	5-8	Hugo, Minn.	All-time points leader, 80
5	Sara Dalton	D/M/F	Jr.	5-3	St. Cloud, Minn.	Recorded first career point (1A) at CSU
6	Kathryn Bjorge	D/M	So.	5-7	Prior Lake, Minn.	Got first career goal against Jamestown
7	Jenny Stromberg	M/F	Jr.	5-2	Elk River, Minn.	Out for season with knee injury
8	Maddie Pletta (C)	D	Sr.	5-8	Rochester, Minn.	Has started 41 consecutive games
9	Brianna Duff	M	So.	5-6	Ramsey, Minn.	Second on team with 19 points(7G 5A)
10	Bethany Fluto	F/M	So.	5-6	Bemidji, Minn.	Has one assist on year, vs. Jamestown
11	Kara Annoni	D	Fr.	5-4	Hermantown, Minn.	Has seen action in 5 games
12	Alysha Domiano	D	Jr.	5-8	Dayton, Minn.	Has started every game this year
13	Mallory Lowe	D	Fr.	5-3	Lino Lakes, Minn.	Has seen action in 6 games
14	Yesenia Garcia	F/M	Jr.	5-7	Great Bend, Kan.	Had game-winner against CSP
16	Kelly Pointon	D	So.	5-7	Woodbury, Minn.	Scored second collegiate goal at SMSU
17	Tiffany VanHaften	M/D	Fr.	5-8	Chaska, Minn.	Out for season with knee injury
18	Kara Smyth	M	Jr.	5-3	Cary, Ill.	First goal of season at Winona
19	Rachel Gustafson	M/D	So.	5-4	Ham Lake, Minn.	Second career goal against SMSU
20	Analey Skog	F	So.	5-3	St. Francis, Minn.	Out for season with knee injury
21	Bri Scanlan	M	So.	5-5	East Grand Forks, Minn.	Currently has 9 points, 3G 3A
22	Kari McAllen	D	So.	5-8	Fargo, N.D.	1 SOG vs SMSU, 1G & 1A on season
23	Linsey Olesiak (C)	D	Sr.	5-9	Hermantown, Minn.	First SOG this season at UIU
25	Kirsten Erickson	D/M	So.	5-4	Coon Rapids, Minn.	Recorded assist against UMD
27	Kim Sorteberg	M	Sr.	5-8	Anoka, Minn.	Out for season with leg injury

Head Coach: Jim Stone

Assistan Coaches: Jessica Ploeger & Kate McArthur

Head Coach Jim Stone



On July 23, 2002, Bemidji State University took an integral step toward developing a competitive women's soccer program with the hiring of Jim Stone as head coach. The BSU soccer program had never won more than the four victories Stone's squad achieved in 2002.

Stone has the highest win percentage in BSU history (.516), along with the most wins (72). He is the only coach in BSU soccer history with a record greater than .500 in conference play (.512).

The 2005 season was a record-breaking year for the Beavers. As a team BSU set or tied numerous records, including most wins (12) and most shutouts (10) in a season. The Beavers were also the 12th most improved team in the nation that year.

Under Stone's guidance BSU has been well represented on the NSIC All-Conference teams and garnered its first ever All-American in 2005. Juniors Ashlee Ellefsen (Hugo, Minn.) and Alysha Domiano (Dayton, Minn.) both garnered post-season honors during their freshman campaigns, with Ellefsen being named to the All-NSIC Second Team and Domiano earning All-NSIC Honorable Mention honors. Ellefsen was then named All-NSIC Third Team, Daktronics First-Team All-Region, and Daktronics All-America Honorable Mention in her sophomore year.

Domiano (2008 third team), Megan Wallner (2007 third team), Erin Foss (2005 second team) and Cristina Egnell (2004 third team, 2005 first team) have all been named to CoSIDA Academic All-District squads under Stone's tutelage.

Stone year-by-year

Year	School	Record
2002	Bemidji State	4-12-0
2003	Bemidji State	5-13-1
2004	Bemidji State	11-12-0
2005	Bemidji State	12-4-7
2006	Bemidji State	10-6-2
2007	Bemidji State	9-9-3
2008	Bemidji State	12-7-1
2009	Bemidji State	11-6-1
Totals		74-69-15 (.516)

vs NSIC: 39-37-7 (.512)
at BSU Soccer Field: 33-23-7 (.579)

Scouting St. Cloud State (10-4-4, 9-2-2 NSIC)

- The previous matchup between the two teams saw the Huskies pull out a 2-1 win on a snowy day at the BSU Soccer Field on Oct. 10.
- The game was a sloppy one as players had to battle on a snow covered field and play through freezing wind-chill temperatures.
- Bemidji State was not able to get much offense going that day as it only got one goal off of two shots on goal.
- SCSU's Alexandra Pafko had a hand in both goals for the Huskies that day, assisting on the first, and scoring the second. Pafko leads the Huskies in scoring this season having scored eight goals and tallied eight assists.
- Husky goalkeeper Elizabeth Kelly earned player of the week honors last week making five saves for her fifth shutout of the season. She has compiled an .877 save percentage and a 0.75 goals against average so far this season.
- Jenn Clifford scored her second goal of the season with 42 seconds left in double overtime to end the 2009 regular season with a 1-0 double overtime win over the Concordia University Friday night. The goal helped the Huskies record a double digit regular season win total for the second time in school history and the Huskies' most wins since the 1995 squad recorded 13.

**2009 NSIC
Players of the Week**

Aug. 24-30

Offensive: Laura Leber (MSU)
Defensive: Joanna Drennen (U-Mary)

Aug. 31-Sept. 6

Offensive: Brittany Henry (MSU)
Defensive: Sheila Reynolds (MSU)

Sept. 7-13

Offensive: Valerie Robinson (WSC)
Defensive: Hannah Bengtson (UMD)

Sept. 14-20

Offensive: Clare Dahmen (UMD)
Defensive: Anna Belpedio (WSU)

Sept. 21-27

Offensive: Becky Anderson (UMD)
Defensive: **Tiffany VanHaften (BSU)**

Sept. 28-Oct. 4

Offensive: Alexandra Pafko (SCSU)
Defensive: Emily Walker (WSC)

Oct. 5-11

Offensive: Lauren Sturdivant (WSU)
Defensive: Hannah Bengtson (UMD)

Oct. 12-18

Offensive: Melissa Sellier (WSU)
Defensive: Hannah Bengtson (UMD)

Oct. 19-25

Offensive: Jordyn Wallenborn (MSUM)
Defensive: **Samantha Ross (BSU)**

Oct. 27-Nov. 1

Offensive: **Ashlee Ellefsen (BSU)**
Defensive: Elizabeth Kelly (SCSU)

**Currently Active
Award Winners**

**ALL-NSIC
SELECTIONS**

2008
Jamie Ford (Third Team)
Ashlee Ellefsen (Third Team)
Alysha Domiano (Honorable Mention)

2007
Ashlee Ellefsen (Second Team)
Alysha Domiano (Honorable Mention)

NSIC

ALL-ACADEMIC

2008
Jenny Stromberg
Alysha Domiano
Madeline Pletta
Jamie Ford

2007
Madeline Pletta
Jamie Ford

**CoSIDA
ACADEMIC**

ALL-DISTRICT

2009
Brianna Duff (Third team)

2008
Alysha Domiano (Third team)

DAKTRONICS

ALL-REGION

2008
Ashlee Ellefsen (First Team)

DAKTRONICS

ALL-AMERICA

2008
Ashlee Ellefsen (Honorable Mention)

**NSIC OFFENSIVE PLAYERS OF
THE WEEK**

2009
Ashlee Ellefsen (Nov. 2)

2008
Jamie Ford (Nov. 3)
Ashlee Ellefsen (Sept. 9)
Jamie Ford (Sept. 3)

2007
Ashlee Ellefsen (Sept. 11)

**NSIC DEFENSIVE PLAYERS OF
THE WEEK**

2009
Tiffany VanHaften (Sept. 28)
Samantha Ross (Oct. 26)

2008
Samantha Ross (GK, Sept. 3)

Goals (Career)

1.	Ashlee Ellefsen	32 2007-SA
2.	Katie Meinhardt	31 2003-06
3.	Becky Elk	30 1999-01
T-4.	Kelly Hyvare	23 2005-08
	Jamie Ford	23 2006-SA
6.	Lindsey Natwick	21 2002-05
7.	Lauren Miller	12 1999-01
T-8.	Megan Wallner	11 2004-07
	Lauren Olivares	11 2005-08
T-10.	Kelly Lessman	9 1999-02
	Ashley Lehmeier	9 2003-06

Assists (Career)

1.	Lindsey Natwick	22 2002-05
2.	Kelly Hyvare	19 2005-08
3.	Ashlee Ellefsen	16 2007-SA
4.	Christina Hicks	14 2003-07
5.	Ashley Lehmeier	12 2003-06
T-6.	Becky Elk	11 1999-01
	Lauren Miller	11 1999-01
	Megan Wallner	11 2004-07
	Jamie Ford	11 2006-SA
10.	Lauren Olivares	10 2005-08
T-11.	Amy Vleck	9 1999-02
	Whitney Sengthao	9 2003-04
	Danielle Uphoff	9 2006-08
	Kara Smyth	9 2007-SA

Assists (Single-Game)

T-1.	Kirsten Erickson	3
	vs Minnesota, Crookston	
	Sept. 8, 2009	
	Jenny Stromberg	3
	vs Wisconsin-Superior	
	Oct. 26, 2008	

Points (Career)

1.	Ashlee Ellefsen	80 2007-SA
2.	Becky Elk	71 1999-01
3.	Katie Meinhardt	69 2003-06
4.	Kelly Hyvare	65 2005-08
5.	Lindsey Natwick	64 2002-05
6.	Jamie Ford	61 2006-SA
7.	Lauren Miller	35 1999-01
8.	Megan Wallner	33 2005-07
9.	Lauren Olivares	32 2005-08
T-10.	Ashley Lehmeier	30 2003-06
	Christina Hicks	30 2003-07

Game-winning goals (Career)

1.	Ashlee Ellefsen	11 2007-SA
2.	Kelly Hyvare	10 2005-08
T-3.	Katie Meinhardt	7 2003-06
	Jamie Ford	7 2006-SA
T-5.	Christina Hicks	5 2004-07
	Lauren Olivares	5 2005-08
T-7.	Becky Elk	4 1999-01
	Lindsey Natwick	4 2002-06
	Tegan Moehn	4 2003-06
10.	Jessica Ploeger	3 2004-07

Overtime goals (Career)

T-1.	Kelly Hyvare	2 2005-08
	Jamie Ford	2 2006-SA
	Ashlee Ellefsen	2 2007-SA
T-2.	Kristy Hodapp	1 1998-00
	Mary Stoltz	1 2003-06
	Christina Hicks	1 2003-07

Saves (Career)

1.	Kari Torgerson	602** 2003-06
2.	Niki Dalka	585* 2000-02
3.	Samantha Ross	246 2007-SA
4.	Kim Strom	192 1997-99
5.	Joanne Nigbor	169 1996
6.	Angela Jo Ziebol	158 1998
7.	Jessica Meath	108 2005-07
8.	Kelli Hadrava	90 1996-97
9.	Noelle Lancaster	88 1997
10.	Hannah Carter	59 1998-99

**= fifth all-time in NCAA D-II

*= eighth all-time in NCAA D-II

Save Percentage (Career)

(must have played in 50% of team's minutes during career)

1.	Samantha Ross	.863 2007-SA
2.	Kari Torgerson	.854 2003-06
3.	Niki Dalka	.811 2000-02
4.	Angela Jo Ziebol	.705 1998
5.	Joanne Nigbor	.679 1996
6.	Noelle Lancaster	.595 1997

Minutes Played In Net (Career)

1.	Kari Torgerson	6710:80# 2003-06
2.	Niki Dalka	4351:42 .. 2000-02
3.	Samantha Ross	3492:27 . 2007-SA
4.	Jessica Meath	1762:68 .. 2005-07
5.	Kim Strom	1283:10 .. 1997-99
6.	Angela Jo Ziebol	1113:30 1998
7.	Joanne Nigbor	925:00 1996
8.	Abby Kjonaas	915:08 ... 2008-SA
8.	Noelle Lancaster	739:00 1997
9.	Hannah Carter	491:06 1998-99

= 14th all-time in NCAA D-II

Games Played In Net (Career)

1.	Kari Torgerson	78 2003-06
2.	Niki Dalka	48 2000-02
3.	Samantha Ross	45 2007-SA
4.	Hannah Carter	37 1998-99
5.	Kim Strom	35 1997-99
6.	Jessica Meath	25 2005-07
7.	Deidre Pantzke	21 1997-98
8.	Abby Kjonaas	18 2008-SA
9.	Angela Jo Ziebol	16 1998
10.	Jessica Bina	12 1998-99
11.	Joanne Nigbor	11 1996

Wins (Career)

1.	Kari Torgerson	36 2003-06
2.	Samantha Ross	21 2007-SA
3.	Niki Dalka	12 2000-02
4.	Jessica Meath	7 2005-07
5.	Abby Kjonaas	6 2008-SA
T-6.	Kim Strom	2 1997-99
	Hannah Carter	2 1998-99

Shutouts (Career)

1.	Kari Torgerson	19 2003-06
2.	Niki Dalka	10 2000-02
3.	Jessica Meath	7 2005-07
4.	Samantha Ross	4 2007-SA
T-5.	Abby Kjonaas	2 2008-SA
	Kim Strom	2 1998-99

Time in net without a goal (Individual)

1.	Samantha Ross	523:07
	Oct. 24, 2008 - Present	
2.	Kari Torgerson	429:03
	Sept. 2, 2004 - Sept. 18, 2004	

LAST TIME IT HAPPENED

Shutout:
Nov. 1, 2009
vs. Wayne State, 1-0

Shutout at Home:
Nov. 1, 2009
vs. Wayne State, 1-0

Shutout on Road:
Sept. 25, 2009
vs. Minnesota, Crookston, 1-0

Game Ending in a Tie:
Oct. 23, 2009
vs. Minnesota Duluth, 2-2

Victory in Overtime:
Oct. 30, 2009
vs. Augustana College, 3-2 10T

BSU Player to Record Three or more Goals in One Game:
Ashlee Ellefsen
vs Augustana College
Oct. 30, 2009

BSU Player to Record 30+ Saves in One Game:
Niki Dalka - 36 Saves
vs. Winona State
Oct. 28, 2001

Penalty Kick:
Lauren Olivares
Nov. 12, 2008
(successful)

Penalty Kick Allowed:
Sept. 8, 2009
vs. Minnesota, Crookston
(successful)

10+ Assists:
12 vs. UW-Superior,
Nov. 26, 2008

8+ Goals:
16 vs. Finlandia
Sept. 3, 2004

40+ Shots:
59 vs. UW-Superior
Nov. 26, 2008

2009 Statistics

Overall Record: 11-6-1 NSIC: 7-5-1 Home: 5-2-1 Away: 6-4-0 Neutral: 0-0-0

No.	Name	GP-GS	G	A	Pts	Sh	Sh%	SOG	SOG%	GW	Pk-ATT
4	Ellefsen, Ashlee	18-18	13	7	33	60	.217	41	.683	5	0-0
9	Duff, Brianna	18-17	7	5	19	29	.241	17	.586	0	0-0
14	Garcia, Yesenia	17-13	3	6	12	33	.091	17	.515	1	0-0
25	Erickson, Kirsten	11-3	3	6	12	18	.167	7	.389	0	0-0
21	Scanlan, Bri	18-14	3	4	10	16	.188	10	.625	1	0-0
20	Skog, Analey	2-0	3	2	8	5	.600	5	1.000	0	0-0
17	VanHaafden, Tiffany	12-8	3	0	6	19	.158	11	.579	2	0-0
19	Gustafson, Rachel	18-3	2	2	6	8	.250	7	.875	0	0-0
16	Pointon, Kelly	18-8	2	1	5	5	.400	4	.800	0	0-0
3	Ford, Jamie	2-2	2	1	5	5	.400	4	.800	1	0-0
6	Bjorge, Kathryn	16-16	1	1	3	7	.143	3	.429	0	0-0
22	McAllen, Kari	17-1	1	1	3	5	.200	5	1.000	1	0-0
27	Sorteberg, Kim	11-10	0	3	3	5	.000	3	.600	0	0-0
8	Pletta, Maddie	18-18	0	3	3	4	.000	2	.500	0	0-0
18	Smyth, Kara	16-12	1	0	2	18	.056	7	.389	0	0-0
10	Fluto, Bethany	15-0	0	1	1	6	.000	4	.667	0	0-0
7	Stromberg, Jenny	8-0	0	1	1	4	.000	3	.750	0	0-0
5	Dalton, Sara	16-0	0	1	1	2	.000	1	.500	0	0-0
23	Olesiak, Linsey	18-17	0	0	0	3	.000	1	.333	0	0-0
12	Domiano, Alysha	18-18	0	0	0	2	.000	1	.500	0	0-0
2	Petes, Alex	3-2	0	0	0	2	.000	1	.500	0	0-0
13	Lowe, Mallory	7-0	0	0	0	0	.000	0	.000	0	0-0
11	Annoni, Kara	5-0	0	0	0	0	.000	0	.000	0	0-0
Total		18	45	45	135	256	.176	155	.605	11	0-0
Opponents		18	16	11	43	228	.070	118	.518	6	2-2

Goalkeepers

No.	Name	GP-GS	-----Goal Average-----		----Saves-----		-----Record-----				Shots Faced	
			Minutes	GA	AVG	Saves	PCT	W	L	T		SO
0	Kjonaas, Abby	11-4	558:54	5	0.81	29	.853	4	2	0	1	60
1	Ross, Samantha	16-14	1098:30	11	0.90	72	.867	7	4	1	1	156
TM	TEAM		0:00	0	0.00	1	1.000	0	0	0	5	0
Total		18	1657:24	16	0.87	102	.864	11	6	1	7	216
Opponents		18	1657:24	45	2.44	110	.710	5	11	1	4	254

TEAM STATISTICS

	BSU	OPP	GOALS BY PERIOD	1st	2nd	OT	OT2	Total		
SHOT STATISTICS			Bemidji State	19	25	1	0	45		
Goals-Shot attempts	45-256	16-228	Opponents	5	9	2	0	16		
Goals scored average	2.44	0.87	SHOTS BY PERIOD			1st	2nd	OT	OT2	Total
Shot pct.	.176	.070	Bemidji State	118	132	6	0	256		
Shots on goal-Attempts	155-256	118-228	Opponents	96	118	11	3	228		
SOG pct.	.605	.518	SAVES BY PERIOD			1st	2nd	OT	OT2	Total
Shots/Game	14.2	12.7	Bemidji State	45	51	3	3	102		
Assists	45	11	Opponents	48	61	1	0	110		
CORNER KICKS	67	73	CORNER KICKS BY PRD			1st	2nd	OT	OT2	Total
PENALTY KICKS	0-0	2-2	Bemidji State	35	32	0	0	67		
PENALTIES			Opponents	28	42	2	1	73		
Yellow cards	12	7	FOULS BY PERIOD			1st	2nd	OT	OT2	Total
Red cards	0	0	Bemidji State	81	74	2	1	158		
ATTENDANCE			Opponents	58	81	1	0	140		
Total	2985	835								
Dates/Avg Per Date	8/373	10/84								
Neutral Site #/Avg	0/0									