

2009 PRE-SEASON SCHEDULE

Wednesday, August 5

2-5 PM Check into Oak Hall.
2-5 PM Equipment check out (Ht. & Reach @ equipment check out)
3:30 PM Freshman take out field gear (Meet at practice Fields)
5:45 PM Team dinner at Walnut Hall
6:15 PM Team Meeting – Hagg Sauer Room 100

Thursday, August 6

7:00 AM Wake Up
7:00 – 8:00 AM Breakfast at Wally's
8:15 AM Weight Room Intro
9:15 AM Position meetings
10:30 AM P.A.T. /P.A.T. Block meeting (Bv. Pride rm.)
11:45-12:45 Lunch at Wally's
1:00 PM Training room opens
1:45 PM Position Meeting
2:00 P.M. Testing/Practice #1
5:30 - 6:45 PM Dinner at Wally's
7:00 PM Special teams meeting
7:30 PM Position meetings
8:30 – 9:00 PM **Training room opens if arranged**
10:30 PM ROOM CHECK

Friday, August 7 Daily schedule till meal plan starts

7:00 AM Wake up
7:15 - 8:00 AM Breakfast at Wally's
7:30 AM Training room opens
8:45 am Special team on the field (no special teams on 1 a days)
9:00 AM-11:15 2 a days -PRACTICE
11:45 - 12:45 PM 1 a days- lifting/walk through practice (Offense lift 1st-Defense meet 1st)
Lunch at Wally's
1:00 PM Training room opens
2:00 PM Position meetings
2:50 PM Specialist on field
3:15 PM Practice
5:45 - 6:45 PM Dinner at Wally's
7:00 PM Special teams meeting (Decker Hall)
7:30 PM Position meetings (Decker Hall)
8:30 – 9:00 PM **Training room opens if arranged**
10:30 PM ROOM CHECK

Coaches – Staff office phone numbers

Tesch	755-2772	Training Room	755-2769	(Dauksavage, Crews, Hessinger)
Jahner	755-3785	Athletic Office	755-2941	(Deb Slough)
Bolte	755-2768	SID	755-4603	(Brad Folkestad)
Medberry	755-3770	Equip. Room	755-3292	(Vance Balstad)
Haug	755-3770			
Linhart	755-4101			
Kubuske	755-4620			
Dunn	755-4620			
Traxler	755-2923			