

09 Beaver FB Pre-season Calender

<i>Sun</i> 2	<i>Mon</i> 3	<i>Tue</i> 4	<i>Wed</i> 5	<i>Thu</i> 6	<i>Fri</i> 7	<i>Sat</i> 8
			Report Oak hall 2-5 Physicals 2-3:30 Gear check 2:00pm Field gear out 3:30pm Dinner 5:45pm Team Mg. Hagg Sauer 6:15	(Helmets only) Wt. Rm. Intro 8:15am Pos. Mtg.s to 9:15am PAT/Block Mtg 10:30 Test/Prac.#1/ 1-4pm	Helmets only) Punt. Tm. Mtg. 10:30 Pos Mtg 9am Prac. #2pm/Punt Punt Tm. Mtg. Eve. Pos. Mtg. Eve.	(Shells) O-lift/D-Pos. mtg.'s Prac.#3pm/Punt Tm. Punt Tm. Mtg. Eve. Pos. Mtg. Eve.
9 (Shells) KO Mtg. 10:30 Pos. Mtg. 9am Prac. #4pm/KO Tm. KO. Mtg. Eve. Pos. Mtg. Eve.	10 (Full Gear) O-Lift am/D-Pos. Mtg.'s Prac.#5pm/KO Tm. KO/Punt Ret. Mtg. Pos. Mtg. Eve.	11 Prac. #6am (Lg.yd.) Prac.#7pm. (G.L.) Pos. Mtg. Eve. Punt return Mtg. Eve	12 AM Lift & walk thru Prac.#8pm (RZ) Punt Ret. Mtg. KO Ret. Mtg. eve Pos. Mtg. Eve.	13 Prac. #9am (2 min.) Prac. #10pm Scrimmage pm KO Mtg Eve. Eve Pos. Mtg. Eve	14 AM Lift & walk thru Prac.#11pm Over time KO mtg./KO ret. Mtg.	15 Prac. #12am Prac. #13pm KO Ret. Mtg. Eve. Pos. Mtg. Eve. Belly flop
16 AM Free Move to assigned dorm- 9am Team picture 1:30 Prac.#14pm (limited)	17 Prac. #15am Prac. #16pm	18 AM Lift & walk thru Prac.#17pm	19 Prac. #18am Prac. #19pm	20 AM Lift & walk thru Prac.#20pm Scrim. Skit night (Hagg Sauer)	21 No practice	22 Pract.#21 (Like Monday) Mtg. 3pm Prac.# 3:50pm Scout scrimmage
23 RMRW @1pm (Like Tues.) Mtg. 3pm Prac.# 3:50pm	24 Classes begin (Like Wed.) Mtg. 3:00pm Prac. 3:50pm	25 Meetings 3pm (Like Thur.) Mtg. 3:00pm Prac. 3:50pm	26 Meetings ? (Like Fri.) LIGHTS ?	27 Minot game	28 Team is free till 30 & 31 obligations	
30 4pm meeting for Non red shirts	31 Red shirts meet & lift					

September

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