

Navitus will charge co-pays for up to three months, per calendar year, for formulary nicotine replacement therapies or over-the-counter therapies for faculty and staff who have completed the on-line Health Assessment and have opted to receive health coaching call. This same benefit will apply to dependents of an employee who has taken the Health Assessment and agreed to accept a health coaching call.

All health insurance carriers, BlueCross BlueShield, HealthPartners, and PreferredOne, as well as JourneyWell, offer free phone-based smoking cessation coaching.

To ask questions about whether or not specific procedures are covered, contact your current carrier. Oftentimes there is additional information that needs to be provided before a plan can decide whether a particular procedure will be covered.

You may also contact the Advantage Health Advisors (AHA) at 877-242-0111 for assistance. AHA can provide very personalized advice to those seeking information on conditions, treatment options, and other medical questions.