



They're Back!!

Cheryl Middendorf & Chad Doocy

Be sure to take advantage of this great opportunity!

Cheryl Middendorf

Graduated BSU
Exercise Science Degree in 2011

Certified in Zumba in 2011
Taught Fitness Classes, Belly Dancing,
and Dance Classes at BSU and Susie &
Hondo's Dance Studio
from 2008-2011.

Moved to Grand Meadow, MN in June
where we opened up Raptor Fitness in
August of 2011.

Saturday March 3, 2012

9:00am - 10:00am

Kettlebell

Led by Chad Doocy!!

10:00am - 11:00am

Zumba

Led by Cheryl Middendorf!!

\$5.00/per person/per class
snacks and beverages provided

Chad Doocy

Graduated BSU
Exercise Science Degree in 2009.

Certified HKC Kettlebell in 2010
Started teaching Kettlebell classes at
BSU in 2009 and continued thru
June 2011.

Moved to Grand Meadow, MN in June
where we opened up Raptor Fitness in
August of 2011.