



Health Education, B.S. *major* (Teacher Licensure)

Required Credits: 78
Required GPA: 2.50

I REQUIRED COURSES

SELECT 1 OF THE FOLLOWING COURSES:

- BIOL 1120 General Biology: Evolution And Ecology (3 credits)
- ENVR 2000 Introduction to Environmental Science (3 credits)

COMPLETE THE FOLLOWING COURSES:

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3700 Disease Identification, Prevention, and Control (2 credits)
- HLTH 4210 Teaching Secondary School Health (3 credits)
- HLTH 4220 Epidemiology (2 credits)
- HLTH 4320 Health Care Policy and Law (3 credits)
- HLTH 4410 Health Programming (4 credits)
- SOWK 3760 Mental Health Social Work (2 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4920 Directed Group Study (1 credit)

SELECT 1 OF THE FOLLOWING PAIR OF COURSES:

PAIR 1:

- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)

PAIR 2:

- HLTH 3300 Nutrition (3 credits)
- PHED 2200 A Lifestyle for Wellness (2 credits)

REQUIRED PROFESSIONAL EDUCATION COURSES

COMPLETE THE FOLLOWING COURSES:

- ED 3100 Introduction to the Foundations of Public School Education (3 credits)
- ED 3110 Educational Psychology (3 credits)
- ED 3140 Human Relations In Education (3 credits)
- ED 3350 Pedagogy: Planning for Instruction (3 credits)
- ED 3780 Adaptation and Management: Designing the Learning Environment (3 credits)
- ED 4737 Content Area Reading (3 credits)
- ED 4799 The Professional Teacher (1 credit)
- HLTH 3400 Health and Drugs in Society (2 credits)

Complete 12 credits of student teaching:

- ED 4830 Student Teaching - Secondary (1-12 credits)

SUGGESTED SEMESTER SCHEDULE FOR HEALTH EDUCATION MAJOR, B.S. (TEACHER LICENSURE)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology (4 credits)
- BIOL 1120 General Biology: Evolution And Ecology (3 credits)
- or ENVR 2000 Introduction to Environmental Science (3 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- MATH1110
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- or PHED 2200 A Lifestyle for Wellness (2 credits)
- Liberal Education requirements

Sophomore

- BIOL 2110 Human Anatomy and Physiology (5 credits)
- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- Complete Liberal Education requirements
- Take the Pre-professional Skills Test

Junior

- Begin Professional Education Courses
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- or PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3700 Disease Identification, Prevention, and Control (2 credits)
- HLTH 4210 Teaching Secondary School Health (3 credits)

Senior

- HLTH 4220 Epidemiology (2 credits)
- HLTH 4410 Health Programming (4 credits)
- HLTH 4920 Directed Group Study (1 credit)
- SOWK 3760 Mental Health Social Work (2 credits)
- Complete Professional Education Courses including student teaching