



Health Education *minor*

Required Credits: 36

Required GPA: 2.00

I REQUIRED CORE COURSES

COMPLETE THE FOLLOWING COURSES:

- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3400 Health and Drugs in Society (2 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3700 Disease Identification, Prevention, and Control (2 credits)
- HLTH 4210 Teaching Secondary School Health (3 credits)
- HLTH 4220 Epidemiology (2 credits)
- HLTH 4320 Health Care Policy and Law (3 credits)
- HLTH 4410 Health Programming (4 credits)
- SOWK 3760 Mental Health Social Work (2 credits)

SELECT 1 OF THE FOLLOWING PAIR OF COURSES:

PAIR 1:

- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)

PAIR 2:

- or* HLTH 3300 Nutrition (3 credits)
- PHED 2200 A Lifestyle for Wellness (2 credits)