Health Courses

HLTH 2100 First Aid and CPR/AED (1 credit)
An introduction to emergency action principles, first aid, and CPR/AED (automated external defibrillation) for lay responders. American Red Cross Adult, Child and Infant CPR (1-year), Adult and Child AED (1-year), and First Aid (3-year) certificates may be earned. Recommended as a basic course for professional educators.

HLTH 2200 First Aid and CPR/AED Instructor (1 credit)
Designed to prepare First Aid and CPR/AED students to become instructors for Lay Responder First Aid and CPR/AED. American Red Cross Instructors Certificate may be earned. Recommended as an advanced course for professional educators. Law enforcement personnel are also encouraged to consider the course. Prerequisite: HLTH 2100 or equivalent.

HLTH 2800 Multicultural Health in America (2 credits)
Examines the health issues and problems faced by ethnic minority populations in America, specifically by African Americans, American Indians, Hispanic Americans, and Americans of Asian and Pacific Island descent. Since a disproportionate number of health problems confront these minority groups, this course (a) examines specific health problems, (b) evaluates what is known and unknown about these specific problems, and (c) re-evaluates the current health care system in America to resolve these special problems in health care delivery. Liberal Education Goal Area 7.

HLTH 2925 People and the Environment: A Health Perspective (3 credits)
This course builds upon the principles discussed in the large group, focusing greater attention on health issues related to the environment, including the food supply, water quality, air quality, and other environmental health risks. These are discussed in the context of common diseases such as cancers, asthma, communicable diseases, and other health problems associated with the environment. Liberal Education Goal Area 10.

HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
Provides entry level health education and community health students with the theoretical and ethical foundations of health. Also examines health's history, philosophy, settings, literature, and credentialing.

HLTH 3200 Personal and Consumer Health (3 credits)
A comprehensive study of personal health identifying ill-advised health behaviors and recommending strategies for positive behavioral change. From an opportunity cost perspective, personal health care options, products and services in the marketplace will be examined. Opportunities to network with local, state and federal consumer health agencies will be provided. Prerequisite or Co-requisite: For Community Health and Health Education majors and Health Promotion and Education minors: HLTH 3150; Non-majors/minor may select this class with consent of instructor.

HLTH 3300 Nutrition (3 credits)
Fundamentals of food utilization in the body and diet planning including discussion of the relationship between dietary habits and disease. Also included are discussions of current trends in nutrition, dietary changes for special conditions such as pregnancy, infancy, teenagers, aging, athletes, and cultural differences in dietary practices.

HLTH 3400 Health and Drugs in Society (2 credits)
A study of chemical use and abuse as related to personal and community health. Various drugs and drug-taking behaviors will be defined and discussed. Historical, cultural, educational, and legal perspectives will be examined. Multi-faceted prevention and rehabilitation strategies promoting wellness will be discussed.

HLTH 3500 Community Health (3 credits)
Comprehensive study of the community health challenges confronting the citizenry of the United States of America. Examines the roles of federal, state, and local governments, as well as private agencies, in individual and aggregate health care. Provides opportunities for community health networking. Prerequisites: For health majors/minors: HLTH 3150 and HLTH 3200; For non-majors/minors: Consent of instructor.

HLTH 3600 Emergency Response (3 credits)
Designed to provide advanced students the knowledge, skills and training to administer initial first aid in emergencies. American Red Cross advanced certificate may be earned. Ideal course for law enforcement personnel, athletic trainers, and juvenile officers. Prerequisite: HLTH 2100 or equivalent.

HLTH 3660 Wilderness First Responder Module (1 credit)
Wilderness First Responder is the outdoor education/recreation medical training certification universally accepted as the industry standard for outdoor education professionals who lead groups into and teach in the wilderness. It is a requirement for anyone seeking this type of employment. Prerequisite: Current American Red Cross First Responder or concurrent enrollment in HLTH 3600.

HLTH 3710 Disease Prevention and Epidemiology (3 credits)
An introduction to disease prevention, pathophysiology, and treatment of the most common communicable and chronic diseases in human populations. Focuses on the history and principles of disease occurrence in the context of environment and lifestyle choice. Students specifically examine risk factor management and the epidemiological data supporting the influence of physical activity in chronic disease prevention and management. Additionally, learners gain an introductory knowledge of epidemiology and biostatistics enabling them to successfully critique the scientific and educational literature. Prerequisites: For Community Health and Health Education majors: BIOL 1110, HLTH 3150, HLTH 3200, and HLTH 3500; For non-majors and the Health Promotion and Education minor: Consent of instructor.

HLTH 3970 Internship: Practicum in Health (1-3 credits)
When taken as Practicum in Health the following description applies: Community health majors will gain a 30-90 hour experience in a local health facility in preparation for the application of previous course work. Prerequisites: HLTH 3150 and HLTH 3200.

HLTH 4100 Teaching Elementary School Health (2 credits)
An integrated approach to the organization, content, goals, objectives, curriculum, methods and techniques of teaching health at the elementary level. Coordinating services and establishing collaboration will be incorporated. Elementary school state and national guidelines and mandates will be discussed. Teaching opportunities will be provided. Prerequisite: entrance into the teacher education program.

HLTH 4206 Secondary School Health (2 credits)
An integrated approach to the organization, content, goals, objectives, curriculum, methods, and techniques of teaching health at the secondary school level. Incorporates coordinating services and establishing collaboration. Secondary school state and national guidelines and mandates are discussed. Prerequisite: Entrance into the teacher education program or consent of instructor.

HLTH 4410 Health Programming (3 credits)
A comprehensive study of the process of identifying health problems, establishing health programming, and promoting, implementing, and evaluating the program. Also examines vision and mission statements, along with goals, objectives, timetables, and interpretation of results. This course parallels CHES criteria and utilizes a local community health organization to integrate student involvement. Prerequisites: For health majors/minors: HLTH 3150, HLTH 3200, HLTH 3500, HLTH 3710; For non-majors/minors: Consent of instructor.

HLTH 4920 Directed Group Study: Health Seminar (1 credit)
When taken as Health Seminar the following description applies: Intended as a capstone course to prepare the health major for employment, internship/job procurement, or continuing education in a graduate program. This course integrates discussion of strategies for professional development, as well as providing quality written composition on employment/graduate program goals and objectives. Prerequisite: Senior status or consent of instructor.

HLTH 4970 Internship (1-12 credits)
When taken for the Community Health major the following description applies: Students will gain field experience in a health related facility relevant to specific career goals. Opportunities will exist for the student to apply the different concepts and theories from course work directly in the work setting through observation, planning, decision-making, committee participation, leadership, operation management, and individual and group projects. Required: A minimum of 30 practicum hours per credit. Prerequisite: completion of all health course work and degree requirements. When taken as the Secondary Health Teaching Practicum, the following description applies: A 30-hour practicum in which students have the opportunity to teach health lessons, assist health teachers deliver health instruction, observe health teachers deliver health instruction, read to students, listen to students read, tutor students, and perform other duties as required by the BOT Standards and requested by the health teacher. Prerequisite: Entrance into the teacher education program or consent of instructor.

All-University Courses

The course numbers listed below, not always included in the semester class schedule, may be registered for by consent of the advisor, instructor, or department chair, or may be assigned by the department when warranted. Individual registration requires previous arrangement by the student and the completion of any required form or planning outline as well as any prerequisites.

1910, 2910, 3910, 4910 DIRECTED INDEPENDENT STUDY
1920, 2920, 3920, 4920 DIRECTED GROUP STUDY
1930, 2930, 3930, 4930 EXPERIMENTAL COURSE
1940, 2940, 3940, 4940 IN-SERVICE COURSE
1950, 2950, 3950, 4950 WORKSHOP, INSTITUTE, TOUR
1960, 2960, 3960, 4960 SPECIAL PURPOSE INSTRUCTION
1970, 2970, 3970, 4970 INTERNSHIP
1980, 2980, 3980, 4980 RESEARCH
1990, 2990, 3990, 4990 THESIS