Health Education. B.S. major  
(Teacher Licensure)

Required Credits: 71  
Required GPA: 2.50

1 REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:  
NOTE: HLTH 3400 IS INCLUDED IN THE REQUIRED  
PROFESSIONAL EDUCATION COURSES BELOW:

• BIOL 1110 Human Biology (4 credits)  
• BIOL 2110 Human Anatomy and Physiology (5 credits)  
• HLTH 2100 First Aid and CPR/AED (1 credit)  
• HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)  
• HLTH 3200 Personal and Consumer Health (3 credits)  
• HLTH 3300 Nutrition (3 credits)  
• HLTH 3500 Community Health (3 credits)  
• HLTH 3710 Disease Prevention and Epidemiology (3 credits)  
• HLTH 4206 Secondary School Health (2 credits)  
• HLTH 4410 Health Programming (3 credits)  
• PHED 3300 Physiology of Exercise and Nutrition (3 credits)  
• PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)

COMPLETE THE FOLLOWING COURSE:

• HLTH 4920 Directed Group Study: Health Seminar (1 credit)

COMPLETE THE FOLLOWING COURSE:

• HLTH 4970: Practicum in Health Teaching

REQUIRED PROFESSIONAL EDUCATION COURSES

COMPLETE THE FOLLOWING COURSES:

• ED 3100 Introduction to the Foundations of Public School Education (3 credits)  
• ED 3110 Educational Psychology (3 credits)  
• ED 3140 Human Relations In Education (3 credits)  
• ED 3350 Pedagogy: Planning for Instruction (3 credits)  
• ED 3780 Adaptation and Management: Designing the Learning Environment (3 credits)  
• ED 4737 Content Area Reading (3 credits)  
• ED 4799 The Professional Teacher (1 credit)  
• HLTH 3400 Health and Drugs in Society (2 credits)

Complete 12 credits of student teaching:

• ED 4830 Student Teaching - Secondary (1-12 credits)

SUGGESTED SEMESTER SCHEDULE FOR HEALTH EDUCATION MAJOR, B.S. (TEACHER LICENSURE)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman
• BIOL 1110 Human Biology (4 credits)  
• HLTH 2100 First Aid and CPR/AED (1 credit)  
• Liberal Education requirements

Sophomore
• BIOL 2110 Human Anatomy and Physiology (5 credits)  
• HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)  
• HLTH 3200 Personal and Consumer Health (3 credits)  
• Complete Liberal Education requirements  
• Take the Minnesota Teacher Licensure Exam (MTLE) Basic Skills test

Junior
• Begin Professional Education Standards of Effective Practice (SEP) courses  
• HLTH 3300 Nutrition (3 credits)  
• PHED 3300 Physiology of Exercise and Nutrition (3 credits)  
• HLTH 3500 Community Health (3 credits)  
• HLTH 3710 Disease Prevention and Epidemiology (3 credits)  
• HLTH 4206 Secondary School Health (2 credits)  
• HLTH 4970 Internship (1-12 credits)

Senior
• HLTH 4410 Health Programming (3 credits)  
• HLTH 4920 Directed Group Study: Health Seminar (1 credit)  
• PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)  
• Complete Professional Education Standards of Effective Practice (SEP) courses  
• Student teaching