# Nursing

Professional nurses provide direct care to individuals and work with others in a variety of settings to address the health needs of individuals, families, and communities. The practice of nursing aims to help people of all ages experience optimal health. Respect for human dignity and a commitment to caring are essential to nursing practice. Expectations of the baccalaureate Nursing graduate include professional growth and scholarly approaches to practice. The profession of nursing provides opportunities for graduates to assume many roles in a variety of clinical areas. A baccalaureate degree in Nursing also provides a foundation for graduate study and further specialization.

The baccalaureate degree program in nursing at Bemidji State University is accredited by the Commission on Collegiate Nursing Education, 655 K Street, NW, Suite 750, Washington, DC 20001, 202-887-6791. The program has two tracks, the RN to Baccalaureate Track and the 4-Year Track.

**The RN to Baccalaureate Track** serves registered nurses who live and work in various geographical areas. Courses are offered in block schedules, and some components are offered on the Internet and some on-campus. Students may enroll in liberal education courses and selected Nursing courses prior to being admitted to the Nursing major.

**The 4-Year Track** serves students who are entering Bemidji State University as freshmen and are seeking a baccalaureate nursing education that will prepare them to take the NCLEX RN exam after graduation.

**Programs**

- Nursing, B.S. (RN To Baccalaureate Track) *major*
- Nursing, B.S. (4 - Year Track) *major*

**Career Directions**

Community Health
Home-care/Hospice
Hospitals
Long-term Care
Schools
Also: Graduate Study

**Preparation**

*RN to Baccalaureate Track*

Registered Nurse Licensure in Minnesota, North Dakota, or Wisconsin

*4-Year Track*

See Section II, Enrollment for required high school preparation

*Recommended High School Courses*

Algebra
Biology
Chemistry
Health
Life Sciences

## Nursing, B.S. *major*
## RN To Baccalaureate Track

Required Credits: 36
Required GPA: 2.25

**I ADMISSION TO THE MAJOR**

Lower division preparation in nursing is required prior to submitting an application for the major.

Applicants must:

*Be a graduate of a state approved associate degree or diploma nursing program with a cumulative transfer GPA of 2.50

*Be licensed to practice as a registered nurse in the United States (Minnesota or state in which the student resides.) Students may apply and be previously accepted before completing the licensure exam. Full admission to the program requires unencumbered licensure.

*Be formally admitted to Bemidji State University via the Admissions Office.

**II PROGRESSION**

All individual nursing courses applied to the upper division major requirements must reflect a letter grade of C or better.

**III REQUIRED NURSING COURSES**

COMPLETE THE FOLLOWING COURSES:

- NRSG 3100 Concepts of Nursing and Health Care (3 credits)
- NRSG 3140 Advanced Health Assessment (3 credits)
- NRSG 3150 Integrative and Cultural Nursing (3 credits)
- NRSG 3200 Health Education in Nursing Practice (3 credits)
- NRSG 3240 Information Management and Collaborative Communication (3 credits)
- NRSG 3300 Health Care Policy, Finance, and Regulatory Environments (3 credits)
- NRSG 4101 Nursing Research RN-BS (3 credits)
- NRSG 4116 Community and Family Health Nursing (4 credits)
- NRSG 4120 Nursing Practicum: Community (3 credits)
- NRSG 4210 Nursing Leadership and Management RN-BS (3 credits)
- NRSG 4240 Evidence, Practice, and Profession (3 credits)

COMPLETE ONE OF THE FOLLOWING COURSES:

- NRSG 3920 Directed Group Study (1-4 credits)
  (Complete for 2 credits)
- NRSG 4400 Introduction to Camp Nursing (3 credits)
- NRSG 4407 Roles and Responsibilities of the Camp Nurse (3 credits)

**SUGGESTED PART-TIME SEMESTER SCHEDULE FOR NURSING MAJOR, B.S.**

Fall semester

- NRSG 3100 Concepts of Nursing and Health Care (3 credits)
- NRSG 3140 Advanced Health Assessment (3 credits)
  *or* NRSG 3200 Health Education in Nursing Practice (3 credits)
- NRSG 3150 Integrative and Cultural Nursing (3 credits)

Spring semester

- NRSG 3300 Health Care Policy, Finance, and Regulatory Environments (3 credits)
  *or* NRSG 3140 Advanced Health Assessment (3 credits)
- NRSG 3240 Information Management and Collaborative Communication (3 credits)
- NRSG 4101 Nursing Research RN-BS (3 credits)

Summer

- NRSG 3200 Health Education in Nursing Practice (3 credits)
  *or* NRSG 3300 Health Care Policy, Finance, and Regulatory Environments (3 credits)
- NRSG 3920 Directed Group Study (1-4 credits)

Fall Semester

- NRSG 4116 Community and Family Health Nursing (4 credits)
- NRSG 4120 Nursing Practicum: Community (3 credits)

Spring Semester

- NRSG 4210 Nursing Leadership and Management RN-BS (3 credits)
- NRSG 4240 Evidence, Practice, and Profession (3 credits)

***A full time program includes one Fall semester (all Fall courses as above) and one Spring semester (all Spring courses as above), followed by Summer courses as above.***

## Nursing, B.S. *major*
## 4 - Year Track

Required Credits: 88
Required GPA: 2.25

**The 4-year track is designed for students who are beginning their studies for the nursing major.**

**I. ADMISSION TO MAJOR**

Application for admission to the nursing major is a separate process from admission to the university. Admission to the nursing major is required for enrollment in selected spring semester sophomore and all upper division nursing courses. Application to the nursing major must be completed by September 15 (applications accepted between August 15 and September 15) for spring admission consideration. Additional information and advisement is available through the Department of Nursing.

Students must be admitted to Bemidji State University prior to applying for admission to the nursing major.
All official transcripts of credits transferred from other colleges and universities must be available in the BSU Admissions Office by September 15 for spring admission consideration to the nursing major.

Applicants must have completed at least 30 semester credits, including the designated required non-nursing courses listed as follows, for admission consideration.
BIOL 1110 Human Biology (4 credits)
BIOL 2110 Human Anatomy and Physiology (5 credits)
CHEM 1111 General Chemistry I (4 credits) [contact Nursing Department]
PSY 1100 Introductory Psychology (4 credits)
PSY 3237 Lifespan Development (4 credits)

A grade of C or higher is required in the designated prerequisite courses for admission to the nursing major. If a grade of C or above is not earned the first time the course is taken, a grade of C or above must be earned the second time the course is taken. Designated course requirements for the major may not be taken on a pass/no credit basis.
Admission to the nursing major is competitive and limited. Admission is dependent on the number of applications and evidence of meeting the listed requirements.

A cumulative grade point average of 2.5 or higher (on a 4.00 scale) and satisfactory completion of all designated required courses qualifies the student for the applicant pool, but does not guarantee admission to the major.

A completed application for the nursing major and the additional materials requested in the application must be available in the Department of Nursing by September 15. The application packet includes information concerning requirements such as immunization, malpractice insurance, federal and state background checks, and American Heart Association Health Care Provider CPR and CNA Certifications.

**II. PROGRESSION**

All nursing and non-nursing courses required for the major must reflect a letter grade of C or better.

**III REQUIRED COURSES**

A. Non-Nursing Courses

COMPLETE THE FOLLOWING COURSES:

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
- BIOL 2750 Medical Microbiology (3 credits)
- CHEM 1111 General Chemistry I (4 credits)
- PSY 1100 Introductory Psychology (4 credits)
- PSY 3237 Lifespan Development (4 credits)

B. Nursing Courses

COMPLETE THE FOLLOWING COURSES:

- NRSG 2000 Introduction to Professional Nursing (3 credits)
- NRSG 2203 Introduction to Clinical Practice (4 credits)
- NRSG 2204 Health Assessment (3 credits)
- NRSG 2207 Nursing Pharmacology (3 credits)
- NRSG 3000 Elements of Scholarly Practice (2 credits)
- NRSG 3001 Adult/Gerian Health (6 credits)
- NRSG 3003 Practicum: Adult/Gerian (4 credits)
- NRSG 3120 Transcultural Nursing (2 credits)
- NRSG 3201 The Childbearing Family (2 credits)
- NRSG 3202 Child/Adolescent Health (4 credits)
- NRSG 3203 Practicum: The Family (4 credits)
- NRSG 4000 Senior Experience Nursing (1 credit)
- NRSG 4001 Mental Health Nursing (4 credits)
- NRSG 4002 Palliative Care Nursing (2 credits)
- NRSG 4003 Practicum: Rural Communities/Populations (4 credits)

- NRSG 4100 Nursing Research (3 credits)
- NRSG 4110 Community Health Nursing (3 credits)
- NRSG 4200 Nursing Leadership And Management (4 credits)
- NRSG 4201 Practicum: Role Integration (6 credits)

**Suggested Semester Schedule for Nursing, B.S. major 4-YEAR TRACK**

Freshman

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
- CHEM 1111 General Chemistry I (4 credits)
- PSY 1100 Introductory Psychology (4 credits)
- PSY 3237 Lifespan Development (4 credits)
- Other electives or Liberal Education requirements
- Recommend completion of CPR and CNA Certifications during freshman year or summer

Sophomore

- BIOL 2750 Medical Microbiology (3 credits)
- NRSG 2000 Introduction to Professional Nursing (3 credits)
- NRSG 2203 Introduction to Clinical Practice (4 credits)
- NRSG 2204 Health Assessment (3 credits)
- NRSG 2207 Nursing Pharmacology (3 credits)

Junior

- NRSG 3000 Elements of Scholarly Practice (2 credits)
- NRSG 3001 Adult/Gerian Health (6 credits)
- NRSG 3003 Practicum: Adult/Gerian (4 credits)
- NRSG 3120 Transcultural Nursing (2 credits)
- NRSG 3201 The Childbearing Family (2 credits)
- NRSG 3202 Child/Adolescent Health (4 credits)
- NRSG 3203 Practicum: The Family (4 credits)
- NRSG 4100 Nursing Research (3 credits)

Senior

- NRSG 4000 Senior Experience Nursing (1 credit)
- NRSG 4001 Mental Health Nursing (4 credits)
- NRSG 4002 Palliative Care Nursing (2 credits)
- NRSG 4003 Practicum: Rural Communities/Populations (4 credits)
- NRSG 4110 Community Health Nursing (3 credits)
- NRSG 4200 Nursing Leadership And Management (4 credits)
- NRSG 4201 Practicum: Role Integration (6 credits)

## Nursing Courses

**NRSG 2000 Introduction to Professional Nursing (3 credits)**
Introduces concepts related to the discipline of nursing, health and health care, and the social context of the profession, including attention to rural health care. Addresses psychosocial and spiritual dimensions of nursing care, introducing therapeutic communication and socialization into nursing practice.

**NRSG 2203 Introduction to Clinical Practice (4 credits)**
The nursing process as a framework for providing a holistic approach to nursing care. Focuses on knowledge and practice related to basic needs and selected interventions, including medication administration. Learning environments include classroom and laboratory settings. Prerequisites: 4 year track enrollee, NRSG 2000.

**NRSG 2204 Health Assessment (3 credits)**
Introduces beginning theory and practice for systematic data collection about the health status of individuals, including the identification of characteristics common to particular age groups. Guides the student in distinguishing between normal and abnormal profiles and potential health concerns. Learning environments include classroom and laboratory settings. Prerequisites: 4-year track enrollee, BIOL 1110, BIOL 2110, and NRSG 2000.

**NRSG 2207 Nursing Pharmacology (3 credits)**
This course is designed to develop theoretical knowledge of pharmacotherapeutics for nursing practice. The focus of major drug classifications and specific medicinal agents will be discussed in relation to pharmacodynamics, pharmacokinetics, therapeutic uses, adverse reactions, and precautions. Prerequisites: enrollment in 4 year nursing program, NRSG 2000.

**NRSG 3000 Elements of Scholarly Practice (2 credits)**
Examines forms of knowledge, the interrelationship between knowledge and practice, and the development of critical reflective thought. Introduces selected nursing theories, evidence-based practice, and an exploration of implications for nursing practice approaches. Includes study of ingredients expected in formal paper presentations. Prerequisites: 4-year track enrollee, NRSG 2000, NRSG 2004, NRSG 2203, NRSG 2204, and NRSG 3120.

**NRSG 3001 Adult/Gerian Health (6 credits)**
Focuses on common physiological health and illness concerns experienced by adults and gerians. Studies nursing care management approaches and health care resources supportive of promotion, attainment, and preservation of health and amelioration of suffering. Includes related psychosocial, nutritional, and pharmacological dimensions of nursing practice. Prerequisites: 4-year track enrollee, NRSG 2000, NRSG 2203, NRSG 2204. Corequisite: NRSG 3003. Pre- or corequisite NRSG 3120.

**NRSG 3003 Practicum: Adult/Gerian (4 credits)**
The nursing process, incorporating a holistic view, serves as the framework for the provision of nursing care to adults and gerians. Nursing practice roles and abilities relate to promotion, attainment, and preservation of health, amelioration of suffering, and supporting a peaceful death. Learning experiences include laboratory and a variety of rural health care environments. Prerequisite: 4-year track enrollee, NRSG 2000, NRSG 2203, NRSG 2204. Corequisite: NRSG 3001. Pre- or corequisite NRSG 3120.

**NRSG 3100 Concepts of Nursing and Health Care (3 credits)**
Introduces concepts emphasized in the program. Explores the nature of the discipline within professional and social contexts. Concepts of health are studied in relation to professional practice roles. Examines philosophies, theories, and frameworks for nursing practice. Students also address values clarification and ethical decision making. Prerequisite: Current RN license and admitted to major.

**NRSG 3120 Transcultural Nursing (2 credits)**
Health beliefs and practices of clients from diverse backgrounds, including the concept of rural culture and cultural barriers to quality health care. Theoretical frameworks for performing a cultural assessment and for planning and implementing culturally appropriate nursing care. Provides opportunity for students to reflect on culture in relation to oneself and nursing practice roles. Prerequisite: Admitted to major.

**NRSG 3140 Advanced Health Assessment (3 credits)**
Integrates understanding of altered physiologic states and principles of psychosocial and holistic nursing into a comprehensive approach to advanced nursing assessment for individuals across the lifespan. Guides the student in collecting and interpreting history information, physical information, and results of diagnostic studies. Analysis of information results in nursing diagnoses. Emphasis on advanced assessment process to evaluate response to nursing care. Prerequisite: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 3150 Integrative and Cultural Nursing (3 credits)**
Examines the health beliefs and practices of clients from diverse backgrounds, including the concept of rural culture and cultural barriers to quality health care. Theoretical frameworks for performing a cultural assessment and for planning and implementing culturally appropriate nursing care. Includes opportunities for students to reflect on culture in relation to oneself and nursing practice roles. Also explores integrative medicine as a component of cultural practice, values, and beliefs in response to a growing rate of patient demand for wellness-promoting integrative therapies. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 3200 Health Education in Nursing Practice (3 credits)**
This course examines the role of health education in nursing practice and healthcare. Concepts, principles, and theories related to teaching-learning processes are addressed. The development, delivery, and evaluation of health education are studied in relation to healthcare and professional nursing roles. Group dynamics are also examined. Prerequisite: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 3201 The Childbearing Family (2 credits)**
Introduces family assessment as a framework for nursing practice. Incorporates a holistic approach in the nursing care of families and newborns during an uncomplicated perinatal experience. Prerequisites: 4-year track enrollee, NRSG 2000, NRSG 2203, NRSG 2204. Corequisites: NRSG 3202 and NRSG 3203. Pre- or Corequisite: NRSG 3120.

**NRSG 3202 Child/Adolescent Health (4 credits)**
Focuses on health and illness concerns experienced by infants, children, and adolescents. Studies nursing care management approaches and health care resources supportive of promotion, attainment, and preservation of health and amelioration of suffering. Includes nutritional and pharmacological dimensions of nursing practice. Prerequisites: 4-year track enrollee, NRSG 2000, NRSG 2203, NRSG 2204. Corequisites: NRSG 3201 and NRSG 3203. Pre-Corequisite: NRSG 3120.

**NRSG 3203 Practicum: The Family (4 credits)**
The nursing process, including family assessment, serves as the framework for providing a holistic approach in the nursing care of childbearing families, children, adolescents, and adults. Nursing practice roles and abilities relate to promotion, attainment, and preservation of health and amelioration of suffering. Learning experiences include laboratory and a variety of rural health care environments. Prerequisite: 4-year track enrollee; Corequisites: NRSG 3201 and NRSG 3202.

**NRSG 3240 Information Management and Collaborative Communication (3 credits)**
Introduces the concepts of delivering high quality health care focused on inter-professional communication, and the use of information management and patient care technology. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 3300 Health Care Policy, Finance, and Regulatory Environments (3 credits)**
Provides an overview of the health care system in the United States. Examines and analyzes current health care policies at a federal, state, and facility level. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 3920 Directed Group Study (1-4 credits)**
Provides an in-depth study of a selected topic. Course title, credit, and prerequisites vary by course offering. Selected courses open to general university students. Prerequisite: 4-year track or RN enrollee.

**NRSG 4000 Senior Experience Nursing (1 credit)**
This course prepares the student for successful licensure examination, career planning, and initial job search activities. Synthesis of previous learning and practical steps to begin a nursing career are emphasized. Prerequisites: Successful completion of required 3000 level NRSG courses.

**NRSG 4001 Mental Health Nursing (4 credits)**
Focuses on the psychodynamics of human behavior in relation to the mental health/mental illness spectrum and common lifespan concerns. In addition to assessment, nursing care management includes interventions such as psychopharmacologic approaches and therapeutic communication. Examines nursing and health care delivery resources that address mental health needs, especially those of people living in rural areas. Prerequisites: 4-year track enrollee and all 3000-level NRSG courses required for 4-year track.

**NRSG 4002 Palliative Care Nursing (2 credits)**
Examines nursing care needs common to individuals and families receiving palliative and end-of-life care. Emphasizes nursing practice representing a holistic, interdisciplinary, client-centered approach aimed at ameliorating suffering and supporting a peaceful death. Health care resources and issues related to the provision of palliative care are addressed. Prerequisites: 4-year track enrollee and all 3000-level NRSG courses required for 4-year track.

**NRSG 4003 Practicum: Rural Communities/Populations (4 credits)**
Provides opportunity to use the nursing process with a community/population as the client. Nursing practice roles and abilities relate to health promotion, attainment, and preservation of optimal health of clients, including clients with mental health needs, in diverse rural community settings. Prerequisite: 4-year track enrollee; Corequisites: NRSG 4001 and NRSG 4110.

**NRSG 4100 Nursing Research (3 credits)**
Considers the role and use of nursing research in nursing practice. An introduction to the research process is provided and interpreted for its utilization in nursing practice. Prerequisites: Admitted to major.

**NRSG 4101 Nursing Research RN-BS (3 credits)**
Considers the role and use of nursing research in nursing practice . An introduction to the research process is provided and interpreted for its utilization in nursing practice. Prerequisite(s): Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 4110 Community Health Nursing (3 credits)**
Emphasizes use of the nursing process as the framework for addressing the community/population as client. Nursing role abilities inherent in the conduct of community/population-focused practice. Contemporary community topics, health concerns related to selected populations, and nursing/health care delivery in diverse community (including rural) contexts. Prerequisite: 4-year track or RN enrollee and all 3000-level NRSG courses required for 4-year track or RN program except NRSG 3920.

**NRSG 4116 Community and Family Health Nursing (4 credits)**
Emphasizes the use of the nursing process as the framework for addressing the family/community/population as client. Nursing role abilities inherent in the conduct of family/community/population-focused practice. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100; Co-requisite NRSG 4120.

**NRSG 4120 Nursing Practicum: Community (3 credits)**
Provides opportunity to use the nursing process with the community and family as client. Focuses on client populations in diverse rural community settings and participation in professional nursing practice roles. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100; Co-requisite: NRSG 4116.

**NRSG 4200 Nursing Leadership And Management (4 credits)**
A study of leadership/management theories, concepts, and strategies as applied to professional nursing roles and practice. Topics relate to nursing care delivery patterns, leadership/management processes, issues, and resources. The contemporary social context of nursing (including rural settings), social action, and the responsibilities of membership in the profession are addressed. Prerequisites: 4-year track enrollee and all required 3000-level NRSG courses.

**NRSG 4201 Practicum: Role Integration (6 credits)**
A comprehensive practicum supportive to the continued development of role expectations of the baccalaureate graduate. Emphasizes providing, designing, managing, and coordinating nursing care within a selected rural setting. Taken final semester of program enrollment in major courses. Prerequisites: 4-year track enrollee, NRSG 4001, NRSG 4003, NRSG 4100, and NRSG 4110; Co-requisites: NRSG 4200 and NRSG 4230.

**NRSG 4210 Nursing Leadership and Management RN-BS (3 credits)**
A study of leadership/management theories, concepts, and strategies as applied to professional nursing roles and practice. Topics relate to nursing care delivery patterns, leadership/management processes, issues, and resources. Prerequisite: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 4240 Evidence, Practice, and Profession (3 credits)**
Students become actively involved in an evidence-based project related to their nursing practice or area of interest. The project allows students to synthesis their nursing knowledge, experience, and research ability to produce a significant work that increases the body of nursing knowledge. Prerequisites: Current unencumbered RN license; Prerequisite/Co-requisite: NRSG 3100.

**NRSG 4400 Introduction to Camp Nursing (3 credits)**
This course will review the basics of camp nursing including the various roles of the nurse at camp, scope and standards of camp nursing, camp accreditation, clinical needs assessment, and camp nursing resources.

**NRSG 4407 Roles and Responsibilities of the Camp Nurse (3 credits)**
This course emphasizes the nursing process as a framework for providing care of campers and staff members. The content focuses on knowledge and practice related to holistic assessment strategies, medication administration, and common illnesses and injuries in the camp setting. Corequisite: NRSG 4400/5400

## All-University Courses

The course numbers listed below, not always included in the semester class schedule, may be registered for by consent of the advisor, instructor, or department chair, or may be assigned by the department when warranted. Individual registration requires previous arrangement by the student and the completion of any required form or planning outline as well as any prerequisites.

1910, 2910, 3910, 4910 DIRECTED INDEPENDENT STUDY
1920, 2920, 3920, 4920 DIRECTED GROUP STUDY
1930, 2930, 3930, 4930 EXPERIMENTAL COURSE
1940, 2940, 3940, 4940 IN-SERVICE COURSE
1950, 2950, 3950, 4950 WORKSHOP, INSTITUTE, TOUR
1960, 2960, 3960, 4960 SPECIAL PURPOSE INSTRUCTION
1970, 2970, 3970, 4970 INTERNSHIP
1980, 2980, 3980, 4980 RESEARCH
1990, 2990, 3990, 4990 THESIS