Community Health, B.S. *major*

Required Credits: 61
Required GPA: 2.25

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
  or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 2800 Multicultural Health in America (2 credits)
  or SOWK 2110 Intercultural Communication (3 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
  or STAT 3660 Statistics for the Health Sciences (3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 3970 Internship: Practicum in Health (1-3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

COMPLETE 10-12 CREDITS OF THE FOLLOWING COURSE:

- HLTH 4970 Internship (1-12 credits)

II ELECTIVES

SELECT 12 CREDITS FROM THE FOLLOWING COURSES:

- BIOL 1300 Medical Terminology (2 credits)
- HLTH 3400 Health and Drugs in Society (2 credits)
- LEAD 3500 Theories and Contexts of Leadership (3 credits)
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 2200 A Lifestyle for Wellness (2 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- PHED 4160 Advanced Fitness Assessment & Prescription-Aerobic (3 credits)
- PHED 4170 Advanced Principles for Strength and Speed Training Exercise (3 credits)
- PSY 2200 Human Sexuality (3 credits)
- PSY 3387 Topics in Psychology (1-4 credits)
  or PSY 4587 Advanced Topics in Psychology (2-4 credits)
  (Note: When offered as Health Psychology)
- PSY 3500 Psychology of Aging (4 credits)
- PSY 3367 Social Psychology (3 credits)
- SOC 3090 Social and Ethical Issues in Health and Medicine (3 credits)

UP TO 6 CREDITS OF INDIGENOUS STUDIES COURSES ACCEPTED:

UP TO 6 CREDITS OF NURSING COURSES ACCEPTED; NOTE THAT MOST NRSG COURSES ARE FOR NURSING MAJORS ONLY

ALTERNATIVE TO COMPLETING THE 12 CREDITS OF ELECTIVES

- Successful completion of an accredited *Community Health Worker Certificate* curriculum (earning this credential also fulfills HLTH 3970 Internship: Practicum in Health (1-3 credits)

SUGGESTED SEMESTER SCHEDULE FOR COMMUNITY HEALTH MAJOR, B.S.
The following is a list of required Community Health Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- Liberal Education requirements

Sophomore

- BIOL 2110 Human Anatomy and Physiology (5 credits)
  or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- HLTH 2800 Multicultural Health in America (2 credits)
  or SOWK 2110 Intercultural Communication (3 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- Complete Liberal Education requirements

Junior

- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 3970 Internship: Practicum in Health (1-3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
  or STAT 3660 Statistics for the Health Sciences (3 credits)
- Major Electives

Senior

- HLTH 4410 Health Programming (3 credits)
- HLTH 4920 Directed Group Study: Health Seminar (1 credit)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- HLTH 4970 Internship (1-12 credits)
- Major Electives