Health Promotion and Education Minor *minor*

Multiple Credentials
Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 21
Required GPA: 2.00

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:

- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)

II REQUIRED OPTION

Select one of the following options (Community Health and Health Education majors may not double count courses in either option).

Option A: Promotion

Select 3 of the following courses:

- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3400 Health and Drugs in Society (2 credits)
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 2200 A Lifestyle for Wellness (2 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- PHED 4160 Advanced Fitness Assessment & Prescription-Aerobic (3 credits)
- PHED 4170 Advanced Principles for Strength and Speed Training Exercise (3 credits)
- PSY 2200 Human Sexuality (3 credits)
- PSY 2217 Abnormal Psychology (4 credits)
- PSY 3237 Lifespan Development (4 credits)
- PSY 3367 Social Psychology (3 credits)
- PSY 3387 Topics in Psychology (1-4 credits)
- INST 1107 or other INST courses up to 6 credits total in consultation with advisor.

Up to 6 credits of NRSG accepted; note that most NRSG courses are for Nursing majors only.

Option B: Pedagogy

Complete the following courses:

- HLTH 4206 Secondary School Health (2 credits)
- HLTH 4970 Internship (1-12 credits)