Health Education. B.S. major  
(Teacher Licensure)

Required Credits: 71  
Required GPA: 2.50

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:  
NOTE: HLTH 3400 IS INCLUDED IN THE REQUIRED PROFESSIONAL EDUCATION COURSES BELOW.

- BIOL 1110 Human Biology (4 credits)  
- BIOL 2110 Human Anatomy and Physiology (5 credits)  
- HLTH 2100 First Aid and CPR/AED (1 credit)  
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)  
- HLTH 3200 Personal and Consumer Health (3 credits)  
- HLTH 3300 Nutrition (3 credits)  
- HLTH 3500 Community Health (3 credits)  
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)  
- HLTH 4206 Secondary School Health (2 credits)  
- HLTH 4410 Health Programming (3 credits)  
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)  
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4970: Practicum in Health Teaching

REQUIRED PROFESSIONAL EDUCATION COURSES

COMPLETE THE FOLLOWING COURSES:

- ED 3100 Introduction to the Foundations of Public School Education (3 credits)  
- ED 3110 Educational Psychology (3 credits)  
- ED 3140 Human Relations In Education (3 credits)  
- ED 3350 Pedagogy: Planning for Instruction (3 credits)  
- ED 3780 Adaptation and Management: Designing the Learning Environment (3 credits)  
- ED 4737 Content Area Reading (3 credits)  
- ED 4799 The Professional Teacher (1 credit)  
- HLTH 3400 Health and Drugs in Society (2 credits)

Complete 12 credits of student teaching:

- ED 4830 Student Teaching - Secondary (1-12 credits)

SUGGESTED SEMESTER SCHEDULE FOR HEALTH EDUCATION MAJOR, B.S. (TEACHER LICENSURE)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman
- BIOL 1110 Human Biology (4 credits)  
- HLTH 2100 First Aid and CPR/AED (1 credit)  
- Liberal Education requirements

Sophomore
- BIOL 2110 Human Anatomy and Physiology (5 credits)  
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)  
- HLTH 3200 Personal and Consumer Health (3 credits)  
- Complete Liberal Education requirements  
- Take the Minnesota Teacher Licensure Exam (MTLE) Basic Skills test

Junior
- Begin Professional Education Standards of Effective Practice (SEP) courses  
- HLTH 3300 Nutrition (3 credits)  
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)  
- HLTH 3500 Community Health (3 credits)  
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)  
- HLTH 4206 Secondary School Health (2 credits)  
- HLTH 4970 Internship (1-12 credits)

Senior
- HLTH 4410 Health Programming (3 credits)  
- HLTH 4920 Directed Group Study: Health Seminar (1 credit)  
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)  
- Complete Professional Education Standards of Effective Practice (SEP) courses  
- Student teaching