



# Physical Education, B.S. *major* (Teacher Licensure)

Required Credits: 79  
Required GPA: 2.50

## I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- PHED 2100 Foundations of Physical Education, Exercise Science, and Sport (3 credits)
- PHED 3100 Motor Development (2 credits)
- PHED 3110 Motor Learning (2 credits)
- PHED 3120 Psychology of Sport (2 credits)
- PHED 3200 Introduction to Sport Biomechanics (3 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- PHED 3449 Socio-Culture and Ethical Issues in Sport (3 credits)
- PHED 3504 Teaching Rhythms and Dance (2 credits)
- PHED 3505 Teaching Elementary Physical Education (2 credits)
- PHED 3604 Teaching Team Sports (2 credits)
- PHED 3605 Teaching Individual Sports (2 credits)
- PHED 3607 Teaching Fitness (2 credits)
- PHED 4400 Curriculum and Assessment in Physical Education (3 credits)
- PHED 4500 Inclusive Physical Education (3 credits)

Complete the following course:

- PHED 4920 Directed Group Study (1 credit)

Complete the following course:

- PHED 4870 Practicum in Physical Education Teaching (1 credit)

## II REQUIRED AQUATICS ELECTIVES

Select 1 of the following courses:

- PHED 1116 Advanced Swimming (1 credit)
- PHED 2630 Lifeguard Training (3 credits)
- PHED 2640 Water Safety Instructor (3 credits)

## REQUIRED PROFESSIONAL EDUCATION COURSES

Complete the following courses with a minimum 3.0 GPA:

- ED 3100 Introduction to the Foundations of Public School Education (3 credits)
- ED 3110 Educational Psychology (3 credits)
- ED 3140 Human Relations In Education (3 credits)
- ED 3350 Pedagogy: Planning for Instruction (3 credits)
- ED 3780 Adaptation and Management: Designing the Learning Environment (3 credits)
- ED 4737 Content Area Reading (3 credits)
- ED 4799 The Professional Teacher (1 credit)

Complete the following course:

- HLTH 3400 Health and Drugs in Society (2 credits)

Complete 12 credits of student teaching:

- ED 4830 Student Teaching - Secondary (1-12 credits)

## SUGGESTED SEMESTER SCHEDULE FOR PHYSICAL EDUCATION MAJOR, B.S. (TEACHER LICENSURE)

Students are encouraged to take the required Physical Education, B.S. courses in approximate numerical order. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions. Students are encouraged to consult the course descriptions for prerequisites.

### Freshman

- BIOL 1110 Human Biology (4 credits)  
or BIOL 1400 Cellular Principles (4 credits)
- PHED 2100 Foundations of Physical Education, Exercise Science, and Sport (3 credits)
- Liberal Education requirements

### Sophomore

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- PHED 3100 Motor Development (2 credits)
- PHED 3110 Motor Learning (2 credits)
- PHED 3120 Psychology of Sport (2 credits)
- PHED 3200 Introduction to Sport Biomechanics (3 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- Required Electives in Major
- Liberal Education requirements
- Take the Pre-professional Skills Test

### Junior

- Begin Professional Education Courses
- PHED 3449 Socio-Culture and Ethical Issues in Sport (3 credits)
- PHED 3504 Teaching Rhythms and Dance (2 credits)
- PHED 3505 Teaching Elementary Physical Education (2 credits)
- PHED 3604 Teaching Team Sports (2 credits)
- PHED 3605 Teaching Individual Sports (2 credits)
- PHED 3607 Teaching Fitness (2 credits)
- Required Electives in Major
- Liberal Education requirements

### Senior

- PHED 4400 Curriculum and Assessment in Physical Education (3 credits)
- PHED 4500 Inclusive Physical Education (3 credits)
- PHED 4870 Practicum in Physical Education Teaching (1 credit)
- PHED 4920 Directed Group Study (1 credit)
- Complete Professional Education Courses including student teaching