Health Education. B.S. *major* (Teacher Licensure)

A total of 120 semester credits are needed for the **Health Education (Teacher Licensure) B.S.** degree and include the following:

- Completion of a minimum of 40 upper division credits (level 3000/4000)
- Completion of all required major credits
- Completion of Core Curriculum credits (Minnesota Transfer Curriculum [MnTC] Goal Areas 1-10 with a minimum of 40 credits) required for all baccalaureate degrees
- Completion of BSU Focus and Nisidotaading Course Requirements

Dual Degrees
Students wishing to complete two degrees concurrently, (example: Bachelor of Science and Bachelor of Arts) must complete a minimum of an additional 30 credits above the required 120 credits.

Multiple Credentials
Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 70
Required GPA: 2.50

I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4206 Secondary School Health (2 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)

Complete the following course:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

Complete the following course:

- HLTH 4870 Practicum in Health Teaching (1 credit)

REQUIRED PROFESSIONAL EDUCATION COURSES

Complete the following courses with a minimum 2.50 GPA:

- ED 3100 Introduction to the Foundations of Public School Education (3 credits)
- ED 3110 Educational Psychology (3 credits)
- ED 3140 Human Diversity and Educational Equity (3 credits)
- ED 3350 Principles and Strategies of Teaching (3 credits)
- ED 3780 Inclusive Teaching and Classrooms (3 credits)
- ED 4737 Content Area Reading (3 credits)
- ED 4799 The Professional Teacher (1 credit)

Complete the following course:

- HLTH 3400 Health and Drugs in Society (2 credits)

Complete 12 credits of student teaching:

- ED 4830 Student Teaching - Secondary (1-12 credits)

Program Learning Outcomes | Health Education, B.S. (Teacher Licensure)

1. Prevent Accidents and Reduce the Risk: A teacher of health understands behaviors and factors that prevent or reduce the risk of accidents, sudden illness, and violent injuries; including prevention or reducing the risk of tobacco use, or alcohol and other drug abuse.

2. Philosophy of Health Promotion: A teacher of health understands concepts related to health promotion and disease prevention including: the need for and role of a philosophy of health, health education, and health promotion.

3. Individual Responsibility: A teacher of health understands health-enhancing behaviors that reduce health risks including: the importance of individual responsibility for health.

4. Effects of Media on Behavior: A teacher of health understands the effects of advertising, media, technology, and social norms on health behaviors.

5. A teacher of health understands how to use interpersonal skills to enhance health including: Models and strategies for teaching communication skills for expressing needs, wants and feelings, communication, care, consideration, and respect for self and others; conflict resolution, and refusal skills.

6. A teacher of health demonstrates an understanding of the teaching of health that integrates: Understand and apply research base for and the best practices of middle and high school education.

7. Health Pedagogy: A teacher of health demonstrates an understanding of the teaching of health pedagogy, students, learning, classroom management, and professional development.

- 8710.2000 Standards of Effective Practice: https://www.revisor.mn.gov/rules/8710.2000/
- 8710.4500 Teachers of Health: https://www.revisor.mn.gov/rules/8710.4500/

Suggested Semester Schedule | Health Education, B.S. (Teacher Licensure)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.
Freshman
- BIOL1110

or BIOL1400
- HLTH2100
- Core Curriculum requirements

Sophomore
- BIOL1111
- HLTH3150
- HLTH3200
- Complete Core Curriculum requirements
- Take the Minnesota Teacher Licensure Exam (MTLE) Basic Skills test

Junior
- Begin Professional Education Standards of Effective Practice (SEP) courses
- HLTH3300
- PHED3300
- HLTH3500
- HLTH3710
- HLTH4206
- HLTH4970

Senior
- HLTH4410
- HLTH4920
- PHED4309
- Complete Professional Education Standards of Effective Practice (SEP) courses
- Student teaching