



Health

The vision of the Department of Human Performance, Sport, and Health is “preparing and empowering future professionals to promote physical activity, health, and sport.”

The mission of the Department of Human Performance, Sport, and Health is to provide students with experiences to develop leadership, communication, and technological skills for learning, for citizenship, and for work. Our programs foster an appreciation of the contributions of physical activity, wellness, and sport to society.

Health is an ever-changing condition of well-being. It is influenced by intellectual, occupational, social, emotional, physical and spiritual factors. Health education combines learning experiences in all of these areas to encourage and facilitate the development of healthy behaviors and lifestyles.

Students majoring in health prepare to teach others about healthy living. The program in teacher licensure, leading to State of Minnesota teaching certification, and the Community Health program both offer an academic foundation, professional preparation, student teaching/internship experiences, and a learning environment conducive to personal application of health goals.

Both programs also provide sound academic preparation for entry into health-related master's degree programs. Graduate study is recommended for students pursuing careers beyond entry-level positions.

Programs

- Community Health, B.S. *major*
- Health Education. B.S. ((Teacher Licensure)) *major*
- Health Promotion and Education Minor *minor*
- Outdoor Leadership *cert*

Career Directions

Community Health Service
 Community Teacher
 Education
 Primary and Secondary School Teaching
 Private and Public Health Agencies
 University/College Health Centers
 Also: Graduate Study

Preparation

Recommended High School Courses

Biology
 Chemistry
 First Aid
 Health
 Psychology
 Sociology

Community Health, B.S. *major*

A total of 120 semester credits are needed for the **Community Health B.S.** degree and include the following:

- Completion of a minimum of 40 upper division credits (level 3000/4000)
- Completion of all required major credits
- Completion of Core Curriculum credits (Minnesota Transfer Curriculum [MnTC] Goal Areas 1-10 with a minimum of 40 credits) required for all baccalaureate degrees
- Completion of BSU Focus and Nisidotaading Course Requirements

Dual Degrees

Students wishing to complete two degrees concurrently, (example: Bachelor of Science and Bachelor of Arts) must complete a minimum of an additional 30 credits above the required 120 credits.

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 61

Required GPA: 2.25

I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)
- BIOL 1410 Cellular Principles Lab (0 credit)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 2800 Multicultural Health in America (2 credits)
or SOWK 2110 Intercultural Communication (3 credits)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
or STAT 3660 Statistics for the Health Sciences (3 credits)

Complete the following course:

- HLTH 3970 Internship: Field Experience in Community Health (1-3 credits)

Complete the following course:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

Complete 10-12 credits of the following course:

- HLTH 4970 Internship (1-12 credits)

II ELECTIVES

Select 12 credits from the following courses:

- BIOL 1300 Medical Terminology (2 credits)
- HLTH 3400 Drug Education, Stress and the Mind (2 credits)
- LEAD 3500 Theories and Contexts of Leadership (3 credits)
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 2200 A Lifestyle for Wellness (2 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- PHED 4160 Advanced Fitness Assessment & Prescription-Aerobic (3 credits)
- PHED 4170 Advanced Principles for Strength and Speed Training Exercise (3 credits)
- PSY 2200 Human Sexuality (4 credits)
- PSY 3387 Topics in Psychology (1-4 credits)
or PSY 4587 Advanced Topics in Psychology (2-4 credits)
- PSY 3500 Psychology of Aging (4 credits)
- PSY 3367 Social Psychology (4 credits)

Up to 6 credits of Indigenous Studies courses accepted:

Up to 6 credits of Nursing courses accepted; note that most NRSG courses are for Nursing majors only

Alternative to completing the 12 credits of electives
*Successful completion of an accredited Community Health Worker Certificate curriculum (earning this credential also fulfills HLTH 3970 - Internship: Practicum in Health)

Program Learning Outcomes | Community Health, B.S.

1. Advocate for health promotion and disease prevention: Address cultural, social, behavioral, and environmental factors that contribute to disease progression and health promoting behaviors as part of a health promotion program or intervention. Understand health promotion and disease prevention.

2. Educate, Collaborate and Engage: Educate, collaborate and engage with external partners from a variety of disciplines to promote healthy choices, including physical activity at multiple settings and in a variety of populations.

3. Work with partners to promote health/physical activity: Work with organizations and individuals to capitalize on complementary strengths, capabilities, resources and opportunities for the promotion of PA.

4. Communicate effectively: Apply a variety of communication methods and techniques.

5. Contribute to the broader community via various activities: Community Health students are required to complete a minimum of 6 hours of service learning. Students are also encouraged to participate in additional community service orientated volunteer opportunities.

6. Demonstrate in-depth knowledge, values and abilities: How well do students demonstrate that they have attained an in-depth knowledge, values, and abilities

associated with Community Health.

7. Demonstrate proficiency in writing/speaking English: Students present on community health related topics to peers and professors and are evaluated on the clarity and effectiveness of their speech and written (PowerPoint) text. Students complete written papers that require interpretation and analysis of peer-reviewed journals related to the field of community health. Students demonstrate a basic understanding of various community health topics through verbal presentations. Students demonstrate the ability to interview for a community health related position.

8. Plan programming using evidence: Initiate a plan of action and review and recommend best and evidence-based practices and procedures for the development and implementation.

Suggested Semester Schedule | Community Health, B.S.

The following is a list of required Community Health Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology (4 credits)
or BIOL 1400 Cellular Principles (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- Core Curriculum requirements

Sophomore

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- HLTH 2800 Multicultural Health in America (2 credits)
or SOWK 2110 Intercultural Communication (3 credits)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- Complete Core Curriculum requirements

Junior

- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 3970 Internship: Field Experience in Community Health (1-3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
or STAT 3660 Statistics for the Health Sciences (3 credits)
- Major electives

Senior

- HLTH 4410 Health Programming (3 credits)
- HLTH 4920 Directed Group Study: Health Seminar (1 credit)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- HLTH 4970 Internship (1-12 credits)
- Major electives

Health Education. B.S. *major* (Teacher Licensure)

A total of 120 semester credits are needed for the Health Education (Teacher Licensure) B.S. degree and include the following:

- Completion of a minimum of 40 upper division credits (level 3000/4000)
- Completion of all required major credits
- Completion of Core Curriculum credits (Minnesota Transfer Curriculum [MnTC] Goal Areas 1-10 with a minimum of 40 credits) required for all baccalaureate degrees
- Completion of BSU Focus and Nisidotaading Course Requirements

Dual Degrees

Students wishing to complete two degrees concurrently, (example: Bachelor of Science and Bachelor of Arts) must complete a minimum of an additional 30 credits above the required 120 credits.

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 73

Required GPA: 2.50

I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3400 Drug Education, Stress and the Mind (2 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4206 Secondary School Health (2 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)

Complete the following course:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

Complete the following course:

- HLTH 4870 Practicum in Health Teaching (1 credit)

REQUIRED PROFESSIONAL EDUCATION COURSES

Complete the following courses with a minimum 2.50 GPA:

- ED 1100 Education & Society (3 credits)
- ED 2110 Educational Psychology and Learning Theories (3 credits)
- ED 3140 Human Diversity and Educational Equity (3 credits)
- ED 3350 Principles and Strategies of Teaching (3 credits)
- ED 3780 Inclusive Teaching and Classrooms (3 credits)
- ED 4737 Content Area Reading (3 credits)
- ED 4778 Teacher Leadership (3 credits)

Complete 12 credits of student teaching:

- ED 4830 Student Teaching - Secondary (1-12 credits)

Program Learning Outcomes | Health Education, B.S. major (Teacher Licensure)

- Teacher of Health Standards: <https://www.revisor.mn.gov/rules/8710.4500/>
- Standards of Effective Practice: <https://www.revisor.mn.gov/rules/8710.2000/>

Suggested Semester Schedule | Health Education, B.S. major (Teacher Licensure)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology (4 credits)
or BIOL 1400 Cellular Principles (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- Core Curriculum requirements

Sophomore

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- Complete Core Curriculum requirements
- Apply to Education program

Junior

- Begin Professional Education Standards of Effective Practice (SEP) courses
- HLTH 3300 Nutrition (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4206 Secondary School Health (2 credits)
- HLTH 4970 Internship (1-12 credits)

Senior

- HLTH 4410 Health Programming (3 credits)
- HLTH 4920 Directed Group Study: Health Seminar (1 credit)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- Complete Education Standards of Effective Practice (SEP) courses
- Student teaching

Health Promotion and Education Minor *minor*

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 21

Required GPA: 2.00

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:

- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)

II REQUIRED OPTION

Select one of the following options (Community Health and Health Education majors may not double count courses in either option).

Option A: Promotion

Select 3 of the following courses:

- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3400 Drug Education, Stress and the Mind (2 credits)
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 2200 A Lifestyle for Wellness (2 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- PHED 4160 Advanced Fitness Assessment & Prescription-Aerobic (3 credits)
- PHED 4170 Advanced Principles for Strength and Speed Training Exercise (3 credits)
- PSY 2200 Human Sexuality (4 credits)
- PSY 2217 Psychopathology and Wellness (4 credits)
- PSY 3237 Lifespan Development (4 credits)
- PSY 3367 Social Psychology (4 credits)
- PSY 3387 Topics in Psychology (1-4 credits)

INST 1107 or other INST courses up to 6 credits total in consultation with advisor.

Up to 6 credits of NRSNG accepted; note that most NRSNG courses are for Nursing majors only.

Option B: Pedagogy

Complete the following courses:

- HLTH 4206 Secondary School Health (2 credits)
- HLTH 4970 Internship (1-12 credits)

Outdoor Leadership *cert*

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 16

Required GPA: 2.25

I REQUIRED COURSES

Complete the following courses:

- ENVR 3150 Outdoor Field Skills (2 credits)
- ENVR 3710 Indigenous Environmental Knowledge: Global Perspective (3 credits)
- GEOG 1224 Introduction to Map Use (3 credits)
- GEOG 3700 Wilderness First Aid (1 credit)
- GEOG 3750 Wilderness First Responder (2 credits)
- GEOG 4360 Adventure Programming (3 credits)

or PHED 4360 Adventure Programming (3 credits)

II SKILLS ELECTIVE

Select 2 credits from the following:

- PHED 1100 Skills for Life: [Activity] (1 credit)
- PHED 1114 Skills For Life: Beginning Swimming (1 credit)
- PHED 1115 Skills for Life: Intermediate Swimming (1 credit)
- PHED 1116 Advanced Swimming (1 credit)
- PHED 1120 Skills for Life: Introduction to Sea Kayaking (1 credit)
- PHED 1139 Skills for Life: Beginning Scuba Diving (1 credit)
- PHED 1180 Skills for Life: Canoeing (1 credit)
- PHED 1190 Skills for Life: Sailing (1 credit)
- PHED 1200 Skills for Life: Introduction To Rock Climbing (1 credit)
- PHED 1230 Skills for Life: Yoga (1 credit)
- PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
- PHED 1260 Skills for Life: Cycling (1 credit)
- PHED 1430 Skills for Life: Archery (1 credit)
- PHED 1520 Skills for Life: Downhill Skiing (1 credit)
- PHED 1530 Skills for Life: Snowboarding (1 credit)
- PHED 1554 Skills for Life: Cross Country Skiing (1 credit)
- PHED 2630 Lifeguard Training (3 credits)
- PHED 2640 Water Safety Instructor (3 credits)

Program Learning Outcomes | Outdoor Leadership

1. complete the Wilderness First Responder certification.
2. acquire the fundamental skills needed for different outdoor recreation disciplines, including proper equipment use and basic techniques.
3. develop essential camping skills, including campsite selection, tent setup, fire building, cooking outdoors, and Leave No Trace principles. They will demonstrate the ability to plan and execute safe and environmentally responsible camping trips.
4. learn and practice safety procedures, risk assessment, and emergency response protocols for all covered activities. They will be capable of planning and executing outdoor adventures with a focus on safety and preparedness, including navigation and first aid skills.
5. develop a deep understanding of Leave No Trace (LNT) principles and ethics. They will be able to apply these principles to minimize their environmental impact while camping, hiking, and engaging in other outdoor activities.

Health Courses

HLTH 2100 First Aid and CPR/AED (1 credit)

An introduction to emergency action principles, first aid, and CPR/AED (automated external defibrillation) for lay responders. American Red Cross Adult and Pediatric First Aid/CPR/AED (valid 2-years) certificate may be earned. Recommended as a basic course for professional educators.

HLTH 2200 First Aid and CPR/AED Instructor (1 credit)

Designed to prepare First Aid and CPR/AED students to become instructors for Lay Responder First Aid and CPR/AED. American Red Cross Instructors Certificate may be earned. Recommended as an advanced course for professional educators. Law enforcement personnel are also encouraged to consider the course. Prerequisite: HLTH 2100 or equivalent.

HLTH 2800 Multicultural Health in America (2 credits)

An examination of the health issues and problems that ethnic minority populations in America face; specifically, those faced by African Americans, Indian Americans, Hispanic Americans and Americans of Asian-Pacific Island descent, etc. Since a disproportionate number of health problems face these minority groups, this course attempts to: a) examine specific problems facing these minority population groups b) evaluate what is known and unknown about these specific problems and c) a re-evaluation and reorganization of the current health care system in America to resolve these special problems in health care delivery d) lastly, this course will explore cultural health attitudes, issues and beliefs of different population groups (elderly, adolescence, men/women, etc). Besides the health major, this course can apply to [Core Curriculum Category 7A].

HLTH 2925 People of the Environment: A Health Perspective (3 credits)

This course builds upon the principles discussed in the large group, focusing greater attention on health issues related to the environment, including the food supply, water quality, air quality, and other environmental health risks. These are discussed in the context of common diseases such as cancers, asthma, communicable diseases, and other health problems associated with the environment. [Core Curriculum Goal Area 10]

HLTH 3150 Principles of Public Health and Health Promotion (3 credits)

This course is designed to provide entry-level health education and community health students with the historical and ethical foundations, concepts, models, theories, strategies, and applications to promote individual, family, and community well-being. Prerequisite(s): None.

HLTH 3200 Personal and Consumer Health (3 credits)

A comprehensive study of personal health identifying ill-advised health behaviors and recommending strategies for positive behavioral change. From an opportunity cost perspective, personal health care options, products and services in the marketplace will be examined. Opportunities to network with local, state and federal consumer health agencies will be provided. Prerequisite or Co-requisite: For Community Health and Health Education majors and Health Promotion and Education minors: HLTH 3150; Non-majors/minor may select this class with consent of instructor.

HLTH 3300 Nutrition (3 credits)

Fundamentals of food utilization in the body and diet planning including discussion of the relationship between dietary habits and disease. Also included are discussions of current trends in nutrition, dietary changes for special conditions such as pregnancy, infancy, teenagers, aging, athletes, and cultural differences in dietary practices.

HLTH 3400 Drug Education, Stress and the Mind (2 credits)

This course examines the physiological, psychological, social, and cultural dimensions of drug use, abuse, and dependency in relation to personal and community health. Emphasis is placed on the interconnectedness between substance use, stress, mental health, and overall well-being. Students explore prevention and intervention strategies that promote resilience, positive decision-making, and healthy coping behaviors. The course integrates national and Minnesota laws, policies, and school-based approaches to substance use prevention, stress management, and mental health promotion. Prerequisite(s): Sophomore status or consent of the instructor.

HLTH 3500 Personal and Community Health (3 credits)

This course provides a comprehensive study of personal and community health with an emphasis on the knowledge, skills, and dispositions expected of community and health education professionals. Students will examine the factors that influence individual health behaviors, explore consumer health issues, and evaluate strategies for improving personal well-being through prevention, decision-making, and behavior change. At the community level, students will analyze public health data, identify determinants of health, examine the role of government and organizations in promoting wellness, and evaluate programs that address health disparities. Students will develop skills in accessing valid information, advocating for health, and creating environments that support healthy behaviors in schools, families, and communities. Prerequisite(s): None.

HLTH 3600 Emergency Response (3 credits)

Designed to provide advanced students the knowledge, skills and training to administer initial first aid in emergencies. American Red Cross advanced certificate may be earned. Ideal course for law enforcement personnel, athletic trainers, and juvenile officers. Prerequisite: HLTH 2100 or equivalent.

HLTH 3710 Disease Prevention and Epidemiology (3 credits)

An introduction to disease prevention, pathophysiology, and treatment of the most common communicable and chronic diseases in human populations. Focuses on the history and principles of disease occurrence in the context of environment and lifestyle choice. Students specifically examine risk factor management and the epidemiological data supporting the influence of physical activity in chronic disease prevention and management. Additionally, learners gain an introductory knowledge of epidemiology and biostatistics enabling them to successfully critique the scientific and educational literature. Prerequisites: For Community Health and Health Education majors: BIOL 1110, HLTH 3150, HLTH 3200, and HLTH 3500; For non-majors and the Health Promotion and Education minor: Consent of instructor.

HLTH 3970 Internship: Field Experience in Community Health (1-3 credits)

When taken as Field Experience in Community Health the following description applies: Community health majors will gain a 30-90-hour experience in a local health facility in preparation for the application of previous course work. Prerequisites: HLTH 3150 and HLTH 3200.

HLTH 4100 Teaching Elementary School Health (2 credits)

An integrated approach to the organization, content, goals, objectives, curriculum, methods and techniques of teaching health at the elementary level. Coordinating services and establishing collaboration will be incorporated. Elementary school state and national guidelines and mandates will be discussed. Teaching opportunities will be provided. Prerequisite: entrance into the teacher education program.

HLTH 4206 Secondary School Health (2 credits)

An integrated approach to the organization, content, goals, objectives, curriculum, methods, and techniques of teaching health at the secondary school level. Incorporates coordinating services and establishing collaboration. Secondary school state and national guidelines and mandates are discussed. Prerequisite: Entrance into the teacher education program or consent of instructor.

HLTH 4410 Health Programming (3 credits)

A comprehensive study of the process of identifying health problems, establishing health programming, and promoting, implementing, and evaluating the program. Also examines vision and mission statements, along with goals, objectives, timetables, and interpretation of results. This course parallels CHES criteria and utilizes a local community health organization to integrate student involvement. Prerequisites: For health majors/minors: HLTH 3150, HLTH 3200, HLTH 3500, HLTH 3710; For non-majors/minors: Consent of instructor.

HLTH 4870 Practicum in Health Teaching (1 credit)

A 30-hour practicum in which students have the opportunity to teach health lessons, assist health teachers deliver health instruction, observe health teachers deliver health instruction, read to students, listen to students read, tutor students, and perform other duties as required by the Professional Educator Licensing and Standards Board (PELSB) and requested by the health teacher. Prerequisite(s): Entrance into the teacher education program, or consent of instructor.

HLTH 4917 DIS Tchg Assoc | (1-2 credits)

Directed Independent Study | Teaching Associate

HLTH 4920 Directed Group Study: Health Seminar (1 credit)

When taken as Health Seminar the following description applies: Intended as a capstone course to prepare the health major for employment, internship/job procurement, or continuing education in a graduate program. This course integrates discussion of strategies for professional development, as well as providing quality written composition on employment/graduate program goals and objectives. Prerequisite: Senior status or consent of instructor.

HLTH 4970 Internship (1-12 credits)

When taken for the Community Health major the following description applies: Students will gain field experience in a health-related facility relevant to specific career goals. Opportunities will exist for the student to apply the different concepts and theories from course work directly in the work setting through observation, planning, decision-making, committee participation, leadership, operation management, and individual and group projects. Required: A minimum of 30 practicum hours per credit. Prerequisite: completion of all health course work and degree requirements.

All-University Courses

The course numbers listed below, not always included in the semester class schedule, may be registered for by consent of the advisor, instructor, or department chair, or may be assigned by the department when warranted. Individual registration requires previous arrangement by the student and the completion of any required form or planning outline as well as any prerequisites.

1910, 2910, 3910, 4910 DIRECTED INDEPENDENT STUDY

1920, 2920, 3920, 4920 DIRECTED GROUP STUDY

1930, 2930, 3930, 4930 EXPERIMENTAL COURSE

1940, 2940, 3940, 4940 IN-SERVICE COURSE

1950, 2950, 3950, 4950 WORKSHOP, INSTITUTE, TOUR

1960, 2960, 3960, 4960 SPECIAL PURPOSE INSTRUCTION

1970, 2970, 3970, 4970 INTERNSHIP

1980, 2980, 3980, 4980 RESEARCH

1990, 2990, 3990, 4990 THESIS