



Health Education. B.S. *major* (Teacher Licensure)

A total of 120 semester credits are needed for the **Health Education (Teacher Licensure) B.S.** degree and include the following:

- Completion of a minimum of 40 upper division credits (level 3000/4000)
- Completion of all required major credits
- Completion of Core Curriculum credits (Minnesota Transfer Curriculum [MnTC] Goal Areas 1-10 with a minimum of 40 credits) required for all baccalaureate degrees
- Completion of BSU Focus and Nisidotaading Course Requirements

Dual Degrees

Students wishing to complete two degrees concurrently, (example: Bachelor of Science and Bachelor of Arts) must complete a minimum of an additional 30 credits above the required 120 credits.

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 73

Required GPA: 2.50

I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3400 Drug Education, Stress and the Mind (2 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4206 Teaching Secondary School Health (3 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)

Complete the following course:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

Complete the following course:

- HLTH 4870 Field Experience in Health Teaching (1 credit)

REQUIRED PROFESSIONAL EDUCATION COURSES

Complete the following courses with a minimum 2.50 GPA:

- EDUC 3100 Introduction to the Foundations of Public School Education (3 credits)
- EDUC 3110 Educational Psychology (3 credits)
- EDUC 3140 Human Diversity and Educational Equity (3 credits)
- EDUC 3350 Principles and Strategies of Teaching (3 credits)

- EDUC 3780 Inclusive Teaching and Classrooms (3 credits)
- EDUC 4737 Content Area Reading (3 credits)
- EDUC 4799 The Professional Teacher (1 credit)

Complete the following course:

- HLTH 3400 Drug Education, Stress and the Mind (2 credits)

Complete 12 credits of student teaching:

- EDUC 4830 Student Teaching - Secondary (1-12 credits)

Program Learning Outcomes | Health Education, B.S. major (Teacher Licensure)

- Teacher of Health Standards: <https://www.revisor.mn.gov/rules/8710.4500/>
- Standards of Effective Practice: <https://www.revisor.mn.gov/rules/8710.2000/>

Suggested Semester Schedule | Health Education, B.S. major (Teacher Licensure)

The following is a list of required Health Education Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology (4 credits)
or BIOL 1400 Cellular Principles (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- Core Curriculum requirements

Sophomore

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 3150 Principles of Public Health and Health Promotion (3 credits)
- HLTH 3500 Personal and Community Health (3 credits)
- Complete Core Curriculum requirements
- Apply to Education program

Junior

- Begin Professional Education Standards of Effective Practice (SEP) courses
- HLTH 3300 Nutrition (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4206 Teaching Secondary School Health (3 credits)
- HLTH 4970 Internship (1-12 credits)

Senior

- HLTH 4410 Health Programming (3 credits)
- HLTH 4920 Directed Group Study: Health Seminar (1 credit)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- Complete Education Standards of Effective Practice (SEP) courses
- Student teaching