



Physical Education, B.S. *major* (Teacher Licensure)

A total of 120 semester credits are needed for the **Physical Education (Teacher Licensure) B.S.** degree and include the following:

- Completion of a minimum of 40 upper division credits (level 3000/4000)
- Completion of all required major credits
- Completion of Core Curriculum credits (Minnesota Transfer Curriculum [MnTC] Goal Areas 1-10 with a minimum of 40 credits) required for all baccalaureate degrees
- Completion of BSU Focus and Nisidotaading Course Requirements

Dual Degrees

Students wishing to complete two degrees concurrently, (example: Bachelor of Science and Bachelor of Arts) must complete a minimum of an additional 30 credits above the required 120 credits.

Multiple Credentials

Any additional major, minor or certificate in a degree must have at least 6 credits of course work not used to meet the requirements of another major, minor or certificate in the degree.

Required Credits: 79

Required GPA: 2.50

I REQUIRED COURSES

Select 1 of the following courses:

- BIOL 1110 Human Biology (4 credits)
- BIOL 1400 Cellular Principles (4 credits)

Complete the following courses:

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- PHED 2100 Foundations of Physical Education, Exercise Science, and Sport (3 credits)
- PHED 3100 Motor Development (2 credits)
- PHED 3110 Motor Learning (2 credits)
- PHED 3120 Psychology of Sport and Exercise (2 credits)
- PHED 3200 Introduction to Sport Biomechanics (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- PHED 3449 Socio-Culture and Ethical Issues in Sport (3 credits)
- PHED 3504 Fundamentals of Rhythms and Dance (2 credits)
- PHED 3505 Teaching Elementary Physical Education (2 credits)
- PHED 3604 Teaching Games, Sports and Skills-Based Activities (2 credits)
- PHED 3605 Teaching Individual Sports and Dual Activities (2 credits)
- PHED 3607 Teaching Fitness (2 credits)
- PHED 4400 Curriculum Design and Assessment in Physical Education (3 credits)
- PHED 4500 Inclusive Physical Education (3 credits)

Complete the following course:

- PHED 4920 DGS: (1 credit)

Complete the following course:

- PHED 4870 Field Experience in Physical Education (1 credit)

II REQUIRED AQUATICS ELECTIVES

Select 1 of the following courses:

- PHED 1116 Advanced Swimming (1 credit)
- PHED 2630 Lifeguard Training (3 credits)
- PHED 2640 Water Safety Instructor (3 credits)

REQUIRED PROFESSIONAL EDUCATION COURSES

Complete the following courses with a minimum 2.50 GPA:

- EDUC 3100 Introduction to the Foundations of Public School Education (3 credits)
- EDUC 3110 Educational Psychology (3 credits)
- EDUC 3140 Human Diversity and Educational Equity (3 credits)
- EDUC 3350 Principles and Strategies of Teaching (3 credits)
- EDUC 3780 Inclusive Teaching and Classrooms (3 credits)
- EDUC 4737 Content Area Reading (3 credits)
- EDUC 4799 The Professional Teacher (1 credit)

Complete the following course:

- HLTH 3400 Drug Education, Stress and the Mind (2 credits)

Complete 12 credits of student teaching:

- EDUC 4830 Student Teaching - Secondary (1-12 credits)

Program Learning Outcomes | Physical Education, B.S. major (Teacher Licensure)

- Teachers of Physical Education Standards: <https://www.revisor.mn.gov/rules/8710.4700/>
- Standards of Effective Practice: <https://www.revisor.mn.gov/rules/8710.2000/>

Suggested Semester Schedule | Physical Education, B.S. major (Teacher Licensure)

Students are encouraged to take the required Physical Education, B.S. courses in approximate numerical order. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions. Students are encouraged to consult the course descriptions for prerequisites.

Freshman

- BIOL 1110 Human Biology (4 credits)
or BIOL 1400 Cellular Principles (4 credits)
- PHED 2100 Foundations of Physical Education, Exercise Science, and Sport (3 credits)
- Core Curriculum requirements

Sophomore

- BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- PHED 1100 Skills for Life: [Activity] (1 credit)
- PHED 2100 Foundations of Physical Education, Exercise Science, and Sport (3 credits)
- PHED 3120 Psychology of Sport and Exercise (2 credits)
- PHED 3200 Introduction to Sport Biomechanics (3 credits)
- PHED 3300 Physiology of Exercise (3 credits)
- Core Curriculum requirements
- Apply to Education program

Junior

- Begin Professional Education Courses
- PHED 3449 Socio-Culture and Ethical Issues in Sport (3 credits)
- PHED 3504 Fundamentals of Rhythms and Dance (2 credits)
- PHED 3505 Teaching Elementary Physical Education (2 credits)
- PHED 3604 Teaching Games, Sports and Skills-Based Activities (2 credits)
- PHED 3605 Teaching Individual Sports and Dual Activities (2 credits)
- PHED 3607 Teaching Fitness (2 credits)
- Core Curriculum requirements

Senior

- PHED 4400 Curriculum Design and Assessment in Physical Education (3 credits)
- PHED 4500 Inclusive Physical Education (3 credits)
- PHED 4870 Field Experience in Physical Education (1 credit)
- PHED 4920 DGS: (1 credit)
- Complete Education Courses including student teaching