Bemidji State University

Extended Learning - 1500 Birchmont Dr. NE #4 Bemidji, MN 56601

| Title: | Revision date: May 2013 |
|--------------------------------------|--|
| BEHAVIOR MODIFICATION PROTOCOL | Issued by: Angie Gora |
| | Department: Summer Programs |
| Keywords: Positive Reinforcement | Associated Forms: Parent Contact Log, |
| System, Camp Discipline, Educational | Parental Notification Letter, Reflections Activity |
| Sanctioning | |

When working with youth, it is important to provide structure and boundaries in their environment. Youth who have too much free time will look for ways to occupy their time, often translating into misbehavior. The staff is encouraged to implement the following behavior protocol consistently and to keep the youth busy as much as possible. If the staff takes proactive measures to prevent misbehavior the camp will run much smoother and ensure the safety of the youth during camp. The goal of this policy is to promote good behavior through positive reinforcement and to modify inappropriate behavior through educational sanctioning.

Positive Reinforcement System

- Camp Helper of the Day
- Verbal and Non-verbal Gestures
 - o Ex. "good job", high fives, thumbs up, etc.
 - o Recognition for Substantial Positive Behavior
 - Following Directions
 - Helping Camp Staff During Transitions (when appropriate)
 - Helping a Fellow Camper
 - Taking Initiative for Group Problem Solving

Behavior Modification System

- Verbal Warning
 - o Documented in Log Book
- Temporary Removal from Activity
 - o Notice to Summer Camp Director
- Letter to Parent with Reflection Log
 - o Addressing How Behavior Impacts the Camp Community
 - o Action Plan for How to Avoid Behavior in the Future
 - o Camper Apology to Injured Parties (staff, individual, or group)
- Parent Conference to Discuss Consequences
- Temporary Suspension from Camp
 - Reinstatement Granted After Completion of Educational Sanctioning Activity Appropriate for Camp Policy Violation
 - Presentation to Staff: What I learned and why I want to return to camp
 - Poster Board to Display in Classroom: Topic relevant to necessary behavioral change
- Expulsion from Program
 - o Parent's discretion on appropriate sanctioning

Bemidji State University Summer Camp Programs Anti-Bullying Pledge

We the camp participants of Bemidji State University agree to join together to eliminate bullying during our camp program. We believe that everybody should enjoy the summer camp program equally, and feel safe, secure and accepted regardless of color, race, gender, popularity, athletic ability, intelligence, religion, and nationality. Bullying can be pushing, shoving, hitting, and spitting, as well as name calling, picking on, making fun of, laughing at, and excluding someone (play fighting may also be construed as bullying). Bullying causes pain and stress to victims and is never justified or excusable as "kids being kids," "just teasing" or any other rationalization. The victim is never responsible for being a target of bullying.

By signing this pledge, we the camp participants agree to:

- 1. Value student differences and treat others with respect.
- 2. Not become involved in bullying incidents or be a bully.
- 3. Be aware of the camp policies and support system with regard to bullying.
- 4. Report honestly and immediately all incidents of bullying to a staff member.
- 5. Be alert in places around the campus where there is less adult supervision such as restrooms, corridors, and stairwells.
- 6. Support campers who have been or are subjected to bullying.
- 7. Talk to chaperones and parents about concerns and issues regarding bullying.
- 8. Work with other students and staff, to help the camp deal with bullying effectively.
- 9. Encourage discussions about bullying issues in the camp program.
- 10. Provide a good role model for younger campers and support them if bullying occurs.
- 11. Participate fully and contribute to camp discussions dealing with bullying.

| I acknowledge that whether I am being a bully or see someone being bullied, if I don't report or stop the bullying, I am just as guilty | | | |
|---|------|--|--|
| Camper Name/signature | Date | | |

Bemidji State University Summer Camp Programs Anti-Bullying Policy, Behavior Management Plan, & Receipt Acknowledgment

Statement of Intent:

Bullying is any act of aggression causing embarrassment, pain, or discomfort to another person it can take a number of forms: physical, verbal, gesture, extortion or exclusion it is an abuse of power individuals or groups may be involved

Rights and Responsibilities:

of Campers:

to enjoy the benefits of a safe and bully free environment to be observant of signs of distress or suspected incidents of bullying to refrain from physical and verbal acts of aggression to report any acts of bullying against themselves or another camper

of Parents:

to be observant of signs of distress or suspected incidents of bullying to report any suspected incidences of bullying

of Staff:

to be role models in words and actions to be observant of signs of distress or suspected incidents of bullying to report and record all incidences of bullying to handle all acts of bullying with compassion and objectivity

Consequences:

Temporary Removal from Camp Activities mediation between Camp Counselors and involved parties mediation between Summer Program Director, Responsible Adults and involved parties dismissal/removal from camp

Behavior Management Plan:

Campers agree to:

follow all camp rules
treat campers, staff and parents with respect
show respect for camp equipment and the property of others
Not use foul or inappropriate language
follow the standards set forth in the anti-bullying policy above
Not show continuous disruptive behavior

BSU Sponsored Camps operate on a three-strike policy. The first infraction of the behavior management plan will result in a verbal warning between staff and camper. The second infraction will result in temporary removal from camp activities and notification to parent. A third infraction will result in a conference between the camper(s), parent(s), and/or Summer Program Director. Any subsequent infraction will result in removal from the Day Camp Program.

BSU Sponsored Camps have a zero tolerance policy in regards to PHYSICAL aggression. Any camper who commits an act of physical aggression against another camper, staff member, or parent will be immediately removed from camp. As a parent you will be responsible for making arrangements for your camper to return home at your own expense. Depending on the act of aggression, your child may not be able to return to camp for the remainder of the summer.

| management plan and the parent/camper handbook. | Furthermore, I certify that I have discuss | ed all the policies, and their meanings |
|---|--|---|
| and consequences, with my child. | | |
| | | |
| | | |
| Parent Name/signature | Camper Name/signature | Date |

By signing below, I am stating that I have read, and agree to abide by, all policies contained within the anti-bullying policy, behavior



| Date/Time | Participant's Name | Behavior Observed | Action Taken |
|-----------|--------------------|-------------------|--------------|
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Please return form at next day at camp.

This is the camp rule I chose not to follow:

| This is the camp rule i chose not to follow. | |
|---|---------------------|
| This is what happened: | |
| | |
| This is why I did it: | |
| This is how the other campers and staff were aff | ected by my choice: |
| | |
| | |
| This is how I will avoid the behavior in the future | : |
| | |
| These are the people I owe an apology: | |
| These are the Camp Values: | |
| This is how I will honor the Camp Values in the f | uture: |
| | |
| Parent Comments: | |
| | |
| Camper Signature | Date |
| Parent Signature | Date |



* Type of Contact: P=Phone; L=Letter; PC=Parent Conference

| Date | Participant | Type* | Reason | Result |
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1500 Birchmont Dr. NE Bemidji, MN 56601 218-755-2851 www.bemidjistate.edu



| Date: | | | |
|---|--|--|--|
| Dear Parent or Guardian of: | | | |
| The purpose of this communication is to inform you that I am presently experiencing some problems with your child. I would greatly appreciate your cooperation in working with me in trying to take corrective measures to eliminate these problems. | | | |
| The attitudes and habits listed below are important elements that are definitely essential in order to maintain stability within the summer camp program. Furthermore, they must be corrected in order for your child to develop his/her maximum potential. | | | |
| Please observe the items below which represent the areas we're experiencing difficulties: | | | |
| AREAS OF CONCERN | | | |
| Excessive talking Disturbs others Lack of effort Inattentive Disrespectful to others Bad attitude Excessive warnings Inappropriate materials Other: | | | |
| FOLLOW-UP | | | |
| Your Child Was Temporarily Removed from an Activity Your Child Needs to Complete a Reflection Log Prior to Resuming Camp Activities Your Child Needs to Make an Apology A Parent Conference is Requested Other: | | | |
| If you have any questions or would like to set-up a personal conference, you may contact me at 218-755-2851 or agora@bemidjistate.edu. | | | |
| Sincerely, | | | |
| Angie Gora Summer Program Director Bemidji State University | | | |
| Cc: David An, CIBT Liaison File | | | |

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| Date: | |
|--|---------------|
| Dear Parent or Guardian of | : |
| The purpose of this communication is to inform you to make camp an extraordinary day. I thought it was the satisfaction of the camp staff. | |
| AREAS OF EXCE | <u>LLENCE</u> |
| Works Cooperatively with Others Helps Other Campers Helps Staff During Transitions Takes Initiative for Group Problem Solving Other: If you have any questions or would like to set-up a pme at 218-755-2851 or agora@bemidjistate.edu. | |
| Sincerely, | |
| Angie Gora Summer Program Director Bemidji State University | |
| Cc: David An, CIBT Liaison File | |