Bemidji State University
COVID-19 Isolation Protocols

Overview of isolation on campus
In order to provide for the safety and health of our staff, vendors and those in isolation, the following protocols will be put in place when a case of COVID-19 requires isolation of a BSU residence hall student. These protocols may be altered at any time as Bemidji State University continues to receive ongoing guidance from government officials such as the Center for Disease Control (CDC), Minnesota Department of Health (MDH) and MinnState. Also, these protocols may be altered by BSU officials and departments as different issues and needs arise. These efforts are designed to reduce the risk of exposure, transmission and overall spread COVID-19.

WHAT A RESIDENT NEEDS TO DO FOLLOWING A POSITIVE TEST FOR COVID Upon receiving information of a positive test result or a medical diagnosis of COVID-19 residence hall students will need enter isolation housing immediately.

ON-CAMPUS RESIDENTS
The first step is to call the COVID Hotline at: 218-755-2901 prior to returning to campus.
*If you are on campus, remain in your room, call the COVID Hotline and wait until further direction is provided.

Residents will either speak directly with a COVID-19 Case Management Team member on the phone or will be directed to www.bemidjistate.edu/coronavirus for further instructions. If a staff member is not able to answer the call, the resident should leave a message with a call back phone number and someone will reach out as soon as possible.

If a residence hall student is required to isolate or quarantine at the direction of health or BSU officials, because of the communal nature of the residence halls, it is recommended that if it is safe to do so they return to a family or guardian residence during the isolation or quarantine period so they can receive health and other support needed. In these situations, BSU officials will communicate the absence to faculty.

Information about safely isolating or quarantining in a family residence can be found at: https://www.bemidjistate.edu/coronavirus/student-resources/ or MDH’s website: https://www.health.state.mn.us/diseases/coronavirus/sick.html

OFF CAMPUS STUDENTS:
Follow healthcare provider’s direction.
Students are encouraged to self-report positive test results to the COVID Hotline-218-755-2901. The Case Management Team member will assist the student as needed, including notifying Student Life and Success of need to be absent from campus. Personal health information will not be shared.
**Students are encouraged to self-report to facilitate contact tracing for any on campus contact that may have occurred.

If returning to a family/guardian residence is not possible (on-campus residents):

Bemidji State University will:
• A member of the COVID-19 Case Management Team will work with Isolation Logistics Team Member to identify a temporary housing assignment for the resident to go to directly upon
Updated 8/19/20

- learning the positive results of their COVID-19 test or receiving direction to isolate from your medical provider.
- Limited assistance transitioning from current residence hall room to new isolation room.
- A linen package will be provided in your temporary room.
- A thermometer, face coverings/masks, and bottled water will be provided in your temporary room.
- Food delivery – meals will be delivered once a day each day in the late afternoon/early evening, along with breakfast and lunch for the following day. (See below for more information regarding meal delivery).
- Waste removal bags.
- Internet access and cable TV connection.
- Access to a refrigerator and microwave, either in the room or in the floor kitchen.
- Laundry facilities may be available depending upon isolation location.
- Mail delivery.
- Assistance with medication or other health needs via telehealth or phone with a SCHC provider; frequency determined by the provider or referring physician.

Transition to Isolation Area:

Notification:
Residents that are symptomatic or going to be tested for COVID-19 should pack a bag with needed essentials in case they test positive and need to return to the isolation location on campus (personal care items, such as: shampoo, hand sanitizer, soap, razor, etc., medication, clothing, textbooks, phone and chargers, laptop, face covering, etc.).

- Students needing quarantine or isolation must immediately call the BSU COVID-19 Hotline at 218-755-2901 prior to returning to campus.
- Staff responding to these calls will work with the resident to make contact with Isolation Logistics Team Member, who will instruct the resident where to meet at the isolation area.
  - Isolation Logistics Team Member will wear a mask and will provide a disposable mask for the student as needed.
  - Isolation materials and a linen packet will be in the isolation room.
  - The Isolation Logistics Team Member will provide resident a cart for them to use to enter their regular room to gather the personal belongings needed for the isolation room/period. Residents should grab only what is needed for a 7-14 day time period. The resident will contact the Residential Life staff member upon returning to the isolation area.
  - Staff will obtain the resident’s cell phone number for the purposes of communication during the isolation period.
  - Parking: If assigned to Oak, please park on the south side of the Oak Parking lot closest to the softball field (not in a reserved stall). No special permit for the duration of your stay. If you get a ticket in that parking space, while in isolation please turn into the Oak Desk. NO other tickets will be voided.

Resident Expectations While in Isolation Areas –

For your safety and the safety of others, please follow the instructions and guidelines below for residents in isolation. Residents will need to follow the instructions of the BSU staff at all times, and follow all policies and procedure. Failure to comply may result in lost residence hall privileges.

- Residents in isolation will not be permitted to have any guests.
Residents in isolation will not be permitted to leave the isolation facility until approved to leave by a medical provider.

Residents will be isolated to an assigned room and floor, however, there may be common areas, such as lounges, laundry, bathrooms and kitchens that may be utilized by other residents. Please practice the following protocols to protect yourself and others:

- Residents must wear a face covering when outside their private assigned room.
- Residents must practice social distancing by remaining 6 feet apart at all times.
- Residents should stagger the use of kitchens, bathrooms or other common areas to minimize the number of individuals in an area at the same time
- Wash hands regularly.

If at any time a resident in isolation decides to isolate off campus, the resident will notify the Case Management team by calling the COVID Hotline at 218-755-2901

Cleaning:

- Residents as able should use the provided in common spaces (e.g., floor kitchens, community bathrooms) cleaning supplies to sanitize handles, counters, light switches, doorknobs, and other commonly touched surfaces, especially those in your room. Your extra efforts to keep your space and the common areas clean will further help prevent the spread of COVID-19.
- If a public area requires special cleaning, please contact Housing and Residential Life at 218-755-3750 during regular office hours (8 a.m.-4:30 p.m., Monday-Friday) or, if after hours, please contact Public Safety at 218-755-3888 (e.g., vomit).
- Cleaning of the bathrooms and kitchens will occur daily at times posted in your floor hallways. During these posted times, please remain in your room. If you have an urgent need to use the bathroom during these posted cleaning times, please use the bathroom on the floor above or below floors and return to your room as soon as possible.

Laundry:

- Clean and disinfect clothing hampers or consider using a garbage bag or disposable liner or washable liner.
- Use the warmest setting possible for the type of material and dry items thoroughly.
- Stagger use of the laundry facility to ensure that all can do their laundry at a separate time. Remove items timely to make the machines available to everyone.

Waste:

- A small garbage can will be place in each resident room.
- Residents will be responsible for their own trash removal. If a garbage can should become full, resident shall remove the liner, seal the bag, replace with a fresh liner, and transport the sealed waste to the large waste receptacle provided in designated area (signs posted).
- Fresh liners can be found in the bottom of each receptacle.
- Meals will be provided in disposable cartons.

Meal and Mail Delivery:

- A warm and nutritious meal will be delivered for an evening meal (dinner) each day along with breakfast and lunch boxed meals for the following day.
- Any mail and/or packages will also be delivered at that time. This will occur between 4:00 and 6:00 pm daily.
  - The meals and mail will be placed outside the door of the residence, an isolation team member will contact the resident to alert them of drop off, the resident can then retrieve the items. (Keep your mobile phones charged to receive calls or texts).
For students who are not on a meal plan, meals will be charged to your student account. (Please note: for your health and wellbeing, students in isolation housing are required to use the campus meal delivery system while in isolation).

- Any food sensitivities should be noted during the intake session.
- Please use the provided disposable products to eat your meals.
- If you need assistance with prescription medications, please arrange this with the SCHC provider.
- It is recommended that any supplies you need be purchased from an online vendor such as Amazon or Walmart and shipped to you.
  - Please have items shipped to your regular residence hall address and Residential Life will retrieve and deliver your mail to your isolation location as detailed above.

Religious Needs, Other Accommodations and Food Related Special Needs:
- If you have religious needs that cannot be met by contacting your place of worship or through an online source, please contact Student Life and Success at 218-755-2075 to explain your needed accommodation.
- If you need an accommodation in your living arrangements or need assistance accessing available resources, please contact Accessibility Services at 218-755-3883.
- If you have special dietary needs, please communicate them with the staff member assisting you during your transition to isolation housing.
- For residents who need assistance communicating an extended absence with their professors, please complete an online Extended Absence form by visiting: https://www.bemidjistate.edu/offices/student-life-success/extended-absence/
  - You may also email avpsls@bemidjistate.edu for assistance if the online form is not accessible to you.

Technology Assistance
- If you experience any technology issues, please contact the BSU Help Desk: helpdesk@bemidjistate.edu or 218-755-3777
- Access to internet at the Glas House – use the same credentials you had used in your residence hall.

Communication:
- Communication while in isolation will come from Residential Life or the Student Center for Health and Counseling.
- You will be asked to provide your cell phone number in order for Bemidji State University staff to communicate with you during your isolation period.
- Please regularly check your BSU email for non-emergent information.
- BSU will keep an update website related to COVID-19 at the following link: https://www.bemidjistate.edu/coronavirus/student-resources/
- If needed, the physical address to the Glas House is 1609 Birch Lane NE, Bemidji, MN 56601.

If You Need Assistance:
- Mental Health: The Student Center for Health and Counseling can be contacted at 218-755-2053 if phone counseling or telecounseling is needed during normal business hours.
  - Two 24-hour numbers include:
    - Beltrami County Mobile Crisis Team: 1-800-422-0045
    - Minnesota Crisis Line: 1-800-635-8008
Updated 8/19/20

- Physical Health: It is the responsibility of the student to monitor their health. When sick, it will be helpful to have family or friend contacts check in on you virtually. You will not be allowed to have guests on the premises.
  - If advice is needed about caring for yourself while you are sick, please contact the Student Center for Student Health Counseling at 218-755-2053 or your medical provider.
- For all emergencies, including medical, call 911 or 218-755-3888 for BSU Public Safety
- Facility repairs and emergency cleaning: Please contact Facilities at 218-755-3988.

Time of Isolation:
- Please work with the Student Center for Health and Counseling and/or your health care provider to determine when you will no longer be required to isolate yourself.
  - The Student Center for Health and Counseling can be contacted at 218-755-2053.

WE CARE ABOUT YOU! Please take good care of yourself and each other, reach out for support from those you know can help support you, and let us know if you need anything or if we can help!