



PRESIDENT FAITH C. HENSRUD

Welcome to the Spring/Summer 2021 edition of the Bemidji State University Magazine. What a year this has been.

In March of 2020, our world was shaken in a way many of us thought we would never see in our lifetimes. Not only did we survive the peaks of a global pandemic that took the lives of millions across the world, but we witnessed outcries against injustice and inequity when George Floyd was murdered on the streets of Minneapolis. We also saw our communities divided in what was arguably the most emotionally charged election of our lives.

Throughout this year, there was one unwavering truth that guided — and continues to guide — Bemidji State University: regardless of the situation, the safety, security and well-being of our students is and has always been our highest priority.

In this edition of the BSU magazine, you'll learn how we came together to overcome every obstacle with momentum and courage. You'll read about how our Department of Nursing used their strong community partnerships to shape the student experience, how our students stayed resilient in the face of the pandemic and the ways our alumni are leading compassionate and inspired lives by responding positively to crises around the world.

Additionally, you will read about how our Office of Communications and Marketing worked with a Minnesota-based marketing agency to capture the essence of Bemidji State in a new brand campaign. This refreshed brand firmly poises BSU — our home away from home — as Minnesota's premier north woods university.

Now, as COVID-19 restrictions loosen and we are able to see the light at the end of the tunnel, we are thrilled to announce that we will be returning to normal operations in Fall 2021. It's time to come together once again and I couldn't be more excited. Enclosed is information about our upcoming alumni events, our plans for Homecoming 2021 and the many opportunities to reconnect with your Beaver family.

We have learned a lot about our community and capabilities this past year, and through it all we learned that the spirit of BSU cannot be broken. Now, with grace and ferocity, we prepare for another academic year together, in person, on campus, stronger than ever.

Go Beavers!

with C. Henry

Features

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Two BSU alumna use "Hands of Action" to encourage access to education, opportunity and health care in Uganda.

The Great Beaver Get-Together — In September, Homecoming is back.

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BEMIDJI STATE UNIVERSITY Magazine

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Our Mission
Dedicated to the work of health and healing.

Our Vision

Improving the human condition through exceptional care, innovation and discovery.

Our Values

Courage · Passion · Resolve · Advancement · Family

OPPORTUNITY IN CRISIS

Nursing students gain valuable real-world experience during pandemic response

By Rachel Munson

hen the onset of COVID-19 shocked communities around the globe, leaders turned to those trained to support the health and well-being of our communities — scientists, doctors, nurses and other health care professionals.

While the pandemic response created challenges across all parts of campus, for Bemidji State's Department of Nursing it also created opportunities to expand on its already strong partnerships with both Sanford Bemidji Medical Center and the Minnesota Department of Health. With guidance from local, state and federal agencies continually evolving, nursing faculty and students took advantage of the opportunity to learn by engaging directly with the pandemic response.

Dr. Marci Maple, professor and chair of nursing at Bemidji State, collaborates closely with Kelly Hagen, vice president of nursing and clinical services at Sanford Health of Northern Minnesota, to ensure the partnership not only provides BSU students with the experiential learning they need, but also that Sanford Health of Bemidji has additional resources to call upon in times of need.

Kelly Hagen (left)
Dr. Marci Maple (right)

In addition, Maple supports Sanford as a member of its nursing residency board, and Hagen sits on BSU's nursing advisory board.

"Taking the time to build the relationship is really what it's about," Maple said "We need to be in a partnership. Sanford Health employs our students, and we're providing the educational basis for our student nurses to be up to par for their career and practice."

Hagen says the partnership works because, at the end of the day, BSU nursing and Sanford Health have the same goals.

"One of the strengths that we have in common is that we're focused on the same things — patients, staff and community," she said. "Our health care

> worker pipeline is dependent on our academic partnerships. If we are here to care for our community and our patients, one of the most important things that we do is to continue to foster that pipeline."

BUILDING CAREERS

While many hospitals closed their doors to students as part of their pandemic response, strong partnerships allowed BSU students to continue their experiential learning. The partnership not only helped ensure that BSU students stayed on track in pursuit of their nursing degrees, but also ensured that Sanford had the personnel it needed during the pandemic.

Hagen said the partnership with BSU is what allows Sanford Health's nursing corps to continue evolving.

"Nursing is at the foundation of patient care," she said. "It has been for hundreds of years and will be into the foreseeable future. So supporting and advancing the profession of nursing and the connections it has to care today and in the future is ever so important."

"MDH appreciates all of the students, faculty and staff who worked with us to support our community response to COVID-19"

- KRISTEN EHRESMANN, **DIRECTOR OF THE INFECTIOUS** DISEASE EPIDEMIOLOGY, PREVENTION & CONTROL DIVISION, MINNESOTA DEPARTMENT OF HEALTH

Sanford also created additional capstone experiences for BSU students through an extended internship program. Previously only offered during the spring semester, Sanford worked with Dr. Jessica LeTexier, an associate professor of nursing who teaches courses related to the internships, to extend the internship program to a full year.

The extended internships allow

senior nursing students who are enrolled in an accredited nursing program and have already completed a summer internship at Sanford Health to apply for an extended position.

"Students have this amazing summer internship opportunity where they are completing over 200 hours on various floors and then they come back to school and want to continue in this enriched clinical environment." LeTexier said.

As a result of Sanford's pandemic response, Bemidii State's nursing students were able to work in a variety of settings including COVID-19 vaccination sites and long-term care facilities.

"Our students were able to boost their skills while also seeing the bigger, broader picture of where we're at with our science and health care, and trying to protect those frontline workers," LeTexier said.

During the extended internship, students work alongside current nurses at Sanford which allows them to continue to grow both in their clinical skills and professional attributes.



Throughout the academic year, Bemidji State held three free COVID-19 testing events for all BSU and Northwest Technical College students. These events took place around key university breaks, when students were expected to be traveling to and from campus, and allowed students to "know before you go."

Events were held at the Gilllett Wellness Center on the Bemidji State campus on November 17, December 9 and March 15. Approximately 1,200 free tests were administered to students, and Minnesota Department of Heath delivered confidential results directly to students in 24 to 48 hours. Students were encouraged to self-report their results to BSU's student COVID-19 hotline. The free testing event was part of a broader strategy to help students learn if they were an asymptomatic carrier of the virus, which aimed to contain COVID-19 spread.



One of 63 students officially welcomed into BSU's four-year track nursing program during its February 2021 induction ceremony.



SANFORD HEALTH **COVID-19 UNIT**

The nursing departments at both Bemidji State and Northwest Technical College loaned 23 patient beds to help Sanford Health of Bemidji deploy a Special Care Unit for COVID-19 patients who required inpatient care.

Following an inpatient surge plan in response to the coronavirus pandemic, the temporary, negative-pressure unit provided additional space in the event that the hospital's permanent negative pressure rooms were occupied by COVID-19 patients. Using some of the donated beds. Sanford also converted non-patient rooms in unit into additional patient rooms.

"We are immensely grateful for the patient bed donations from BSU and NTC," said Hagen said. "Our partnerships with their nursing departments and leadership are all the more important as we continue to face this pandemic as a community."

"We thought it was a great opportunity for our students to help with the prevention of COVID"

> - DR. MARY FAIRBANKS, PROFESSOR OF NURSING

"It's a learning environment on both ends," Hagen said. "We continue to learn as our students continue to gain experience."

In addition, students and faculty both were able to participate in COVID-19 vaccinations, which also provided opportunities for students and faculty to receive their own vaccinations early in the spring.

Some BSU nursing faculty also picked up shifts on Sanford Bemidji's medicalsurgical floor to relieve the stress on nurses who were reassigned to COVID-19 units.

NURSING STUDENTS BECOME COVID-19 CASE INVESTIGATORS

As the Minnesota Department of Health sought to expand its contact tracing efforts during the fall of 2020, they turned to BSU nursing students for support. With many clinics limiting student access at the height of the pandemic, serving on a contact tracing team afforded BSU students another avenue to fulfill their clinical experience requirements.

Dr. Mary Fairbanks, professor of nursing, worked with the Minnesota Department of Health to provide opportunities for nursing students to earn clinical hours as case investigators.

"We thought it was a great opportunity for our students to help with the prevention of COVID-19," she said. "Our students could use the experience as their clinical hours, because it's what nurses do in the workplace. It fit the course objectives and it was safe."

Nursing grad Clair DeGeorge '21 of Anchorage, Alaska, was among the more than 130 BSU students who participated in the contact tracing operation. She and other contact tracers recorded

information in a database which Department of Health staff could analyze to determine whether additional contacts were needed or to identify potential viral outbreak locations.

"We were responsible for documenting possible exposure and who the people we were contacting may have exposed to the virus," DeGeorge said. "We also discussed the importance of isolation for the client and what it entailed. We determined if the case would need any further assistance and what to do in the case of an emergency."

Kristen Ehresmann, director of the Infectious Disease Epidemiology, Prevention & Control Division at the Minnesota Department of Health, said the partnership with student volunteers was mutually beneficial and hopes participating in pandemic response activities will encourage students to consider a future in public health.

"MDH appreciates all of the students, faculty and staff who worked with us to support our community response to COVID-19," she said. "The strong support from higher education has been invaluable."

Cherish Jarvi '21, a nursing graduate from Babbit, was grateful for the experience and the opportunity to see and experience a side of health care - something she normally wouldn't have done with an in-person clinical.

"I learned the importance of different agencies and health care workers coming together during a global health crisis, and the importance of early intervention and contact tracing to further prevent the spread of an infectious disease," Jarvi said. "It showed the importance of proper hygiene and infection prevention like wearing a mask, social distancing and quarantining when

"We were responsible for documenting possible exposure and who the people we were contacting may have exposed to the virus"

> -CLAIR DEGEORGE '21 **BSU NURSING GRAD**

not feeling well." Both DeGeorge and Jarvi said the experience helped them foster a crucial skill necessary for success in the nursing world — the ability to stay calm during the storm.

"This experience involved having conversations with many people who may still be processing the fact that they tested positive for COVID-19," DeGeorge said. "This was a great platform to practice therapeutic communication. It is very difficult to show empathy when talking to someone over the phone. Yet, every time you made a new call it got easier to communicate and help clients express or identify their emotions. I will forever be grateful to have been given the opportunity to focus on such a crucial aspect of nursing while being able to make a difference in unprecedented times."

FUTURE PARTNERSHIP OPPORTUNITIES

Finding opportunity in crisis, the relationship between Bemidji State's nursing program and Sanford Health not only provided impossible-toreplicate experiences for BSU nursing students, but also demonstrated the strength of the partnership and sets

"I learned the importance of different agencies and health care workers coming together during a global health crisis"

— such as advancement of Sanford's nursing residency program. "Once a registered nurse has

the stage for other long-term goals

completed their academic education, education doesn't stop," Hagen said. "You don't stop being a student one day and become a professional nurse the next day without bridging some of the needs that you have in that process."

She said Maple and BSU have been instrumental in Sanford's development of the residency program.

"They and other academic partners in our region were present at the table as we put that structure together," she said. "They were able to inform us, from an academic perspective, as to some of the things we needed to consider in that residency program and how their students might transition into a residency program as they become a novice nurse."

Looking forward, Maple says the collaboration between Bemidji State and Sanford is just getting started.

"I can't say how powerful it's been, and we're only touching the tip of the iceberg," she said.





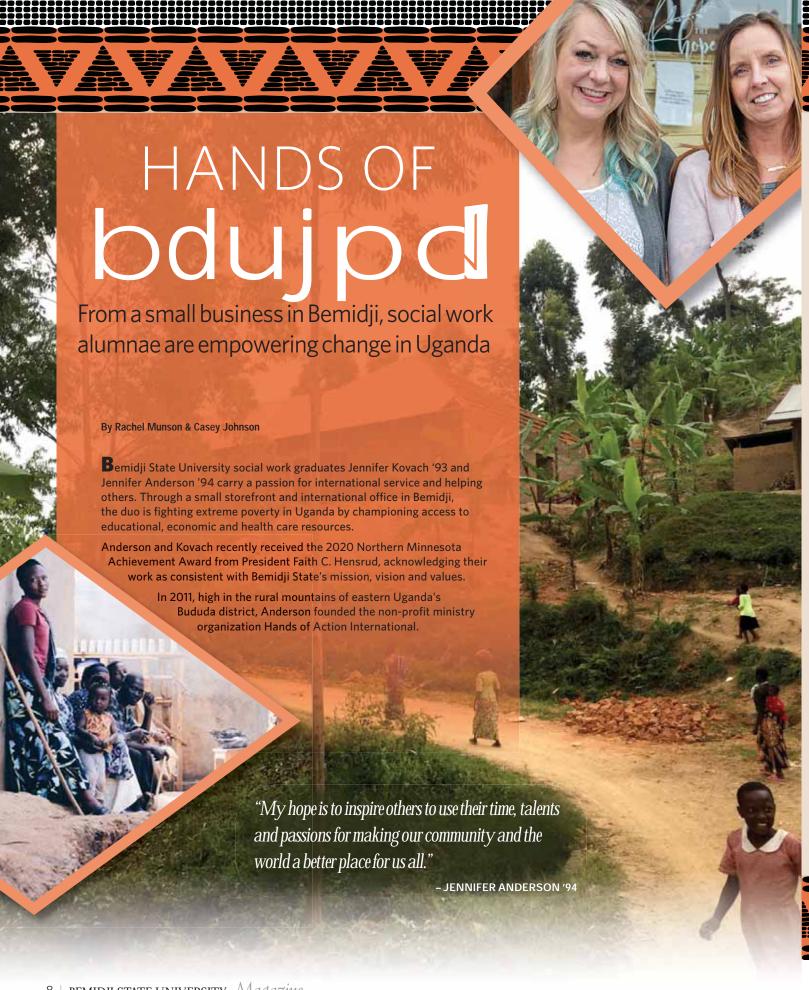
EXTENDED **INTERNSHIPS**

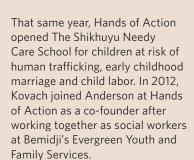
Sarah Lagos, a spring '21 graduate from Newport, Minnesota, was one participant in the extended internship opportunity at Sanford Health. A former president of BSU's Student Nurses Association and a tutor in the nursing department, Lagos sought to gain as much experience as she could during the pandemic.

"I began my internship at Sanford Medical Center Fargo to spend five weeks in the Cardiac Catheterization Lab and five weeks on their Admissions Recovery Unit over the summer," Lagos said. "Then, I extended my internship and transferred it to Sanford Bemidji Medical Center and spent 40 hours a month interning on the Telemetry Unit."

Reflecting on her time spent at BSU and the nursing department, Lagos gives her thanks to professors that helped her along the way.

"All of my professors have been positive influences and have helped me succeed and get to where I am. The person that contributed to my success the most is Dr. Jessica LeTexier. She is constantly cheering me on and I am extremely grateful for her guidance and 'free mom hugs'."





Since opening, the Needy Care School has grown from just under 200 students to more than 900, and from one teacher to a staff of 50 including a headmaster, a librarian and a security guard. Students who have aged out of the Needy Care School can now seamlessly enter the Shikhuyu Secondary School of Excellence, another Hands of Action initiative that opened in 2019.

"The children who were the first students at our school 10 years ago are now teenagers in our high school," Anderson said, "One student told me she plans to become a member of parliament and work hard for the people of her village at the national level. Another student told me that she is training to be our first school nurse. My heart is exploding with excitement and I am so proud of these kids."

Soon after the nonprofit was founded, Anderson and Kovach looked to provide additional resources for students. A water collection and purification system was established to provide safe drinking water for students and, through a partnership with Steelys Drinkware, Hands of Action was able to provide stainless steel drinking cups for

all students. Hands of Action also supports the delivery of sanitary supplies, life-saving medication, surgeries and dental care in Bududa.

"Most importantly, all students who attend the schools are fed." Kovach said. "Children in Bududa often only eat once a day, and often that meal is only a banana. Having a daily meal is a critical component of the school system and is transforming the health of the community."

In addition to its work developing educational and safety resources for students, Hands of Action also offers programing specifically for women and girls empowerment and various lifestyle projects for gardening, farming and worship.

A sewing center was started to provide the community an additional opportunity to earn an income. Now, the oldest students in the schools will learn to sew, and Hands of Action will transform the center into an economic development opportunity for students.

Despite the differences between Bemidji and Bududa, Kovach uses her experience to ground herself and her work to address basic human needs.

"In all my years as a social worker, whether in Bemidii or Bududa. I have learned that everyone has a story," she said. "Whether we are experiencing poverty, hunger, mental health obstacles, addiction, trauma, unemployment, shame, guilt, the desire to be a better parent, we all have a need

for others to walk alongside us, to kneel down with us, to hold our hands, to laugh with us and cry with us — all while not judging us just because our story is different than theirs. I feel blessed to serve both communities."

With their board of directors, mission teams, donors and countless volunteers, Hands of Action is also in the process of raising funds to build a sustainable, permanent structure to replace their current mud and tin school building.

Funds for Hands of Action are secured through donations and The Hope Studio, a gift shop in downtown Bemidii that sells fair trade and handmade items from local and international artists. The studio also serves as the international headquarters for Hands of Action.

"The shop is not only a store but also a place where people can come to be inspired, have deep discussions, pray and learn more about serving locally and internationally," Anderson said. "My hope is to inspire others to use their time, talents and passions for making our community and the world a better place for us all."





The Great Beaver Get-Together

HOMECOMING 2021

Homecoming returns to Bemidii State University in-person September 24-26, 2021. Bemidji State is excited to welcome alumni and friends like you back to campus. View the tentative schedule of events below, and visit **bsualumni.org** for more information

THURSDAY, SEPT. 23

Lighting of the Homecoming Hearth

Lakeside Fireplace

An annual ceremony that marks the beginning of Homecoming, a flame will remain burning throughout Homecoming weekend.



FRIDAY, SEPT. 24

Honors Gala

Sanford Center's Neilson Convention Center Doors open at 5 p.m., dinner & program at 6:30 p.m.

A celebration of this year's five Outstanding Alumni honorees and the donors who make a quality education accessible for all BSU students.

SATURDAY, SEPT. 25



Homecoming Parade

BSU Campus

11 a.m.

The annual Homecoming parade features floats created by student organizations, athletic teams, faculty, staff and community members traveling from the Bangsberg Fine Arts Complex north on Birchmont Drive NE toward Diamond Point Park.

Pregame Tailgate Party

Diamond Point Park

Share your Beaver Pride before the game.

Homecoming Game BSU vs Augustana

Chet Anderson Stadium 2 p.m.

Cheer the Beavers to victory.

Marion Christianson Memorial Dance Studio Dedication

Gillett Wellness Center

Following the football game, be a part of the official dedication of the newly-named Marion Christianson Memorial Dance Studio.

Class of 2020 & 2021 Celebration

A social to honor the BSU Class of 2020 & 2021.

Beaver Block Party

Downtown Bemidji 8:30 p.m. - 1 a.m.

More events and details to be announced.



SUNDAY, SEPT. 26

Carl O. Thompson Memorial Concert

Bangsberg Fine Arts Complex

Bemidji State University's Department of Music will hold its annual Carl O. Thompson Memorial Concert as a wrap-up to Homecoming weekend.



Hotel blocks are available at the following Bemidji hotels: AmericInn (block closes Aug. 24), DoubleTree (block closes Aug. 24) and Hampton Inn & Suites (block closes Sept. 1). All Homecoming events will be held in accordance with current COVID-19 guidelines. All event details and times are subject to change. Visit BSUALUMNI.ORG for the latest Homecoming information.





Minneapolis Artist Creates Tribute to Class of 2020 in New Hagg-Sauer Hall

As part of BSU's project to replace Hagg-Sauer Hall, Minneapolis-based artist Stacia Goodman was commissioned to install a mosaic surrounding the entrance to the new lecture hall. After months of hand-cutting thousands of pieces of material, Goodman and her team

spent nearly three days unloading, staging and installing the mosaic in September 2021. The mosaic, meant to represent life at Bemidji State, is dedicated to the graduating class of 2020 to embody their perseverance throughout the COVID-19 pandemic.

Bemidji State Design Professor Builds Virtual World for Campus

At the onset of COVID-19, Dr. Sachel Josefson, associate professor of technology, art and design, longed for a virtual space where he could interact with his colleagues and students. It was not long before he set out to do so with the help of assistant TAD professors Mitch Blessing and Eric Carlson. Now nestled within an online platform called Virbela, there is a virtual world where students, faculty and staff can meet virtually and connect. The



space, called The Fourth Floor, is fully equipped with a classroom, faculty offices, a computer lab and "bored" room. Adapting to the landscape of higher education in COVID-19, Josefson wanted to present students with a connection to their home building on campus.



Celebrating More Than 1,000 Graduates During BSU's 102nd Commencement

On May 7, students, family members, faculty and staff joined to celebrate Bemidji State's Class of 2021. This year, the university acknowledged graduates' commitment to their education and the campus community in three in-person ceremonies — one for each of the university's colleges. The ceremony to honor the graduates from the College of Arts, Education and Humanities began at 9 a.m. and was followed by the ceremony for the College of Business, Mathematics and Science graduates at noon. The College of Individual and Community Health graduates closed the day with a 3 p.m. ceremony.

BSU Honors the Indigenous Land Where Campus Rests

BSU unveiled the following acknowledgment in March 2020, which recognizes the Indigenous peoples dispossessed from the land occupied by its lakeshore campus.

"We acknowledge that Bemidji State University is located on land and water that is the current and ancestral homeland of the Ojibwe and Dakota. We acknowledge the painful history of genocide, forced assimilation, and efforts to alienate the Indigenous inhabitants from their territory here. We honor and respect the many diverse Indigenous peoples still connected to this land, retained tribal sovereignty, treaty rights, and cultural resilience. Indigenous people are spiritual and physical caretakers of this land to which we all belong. Bemidji State University respects these sacred lands, stands with the community members from these Nations, and will fight injustice in all its forms."



Parker Hired as Campus Diversity Officer

Steven Parker has been named Bemidji State's new campus diversity officer. He holds a bachelor's degree in social work with minors in human relations and psychology from St. Cloud State University and a master's degree in leadership with a specialization in student affairs in higher education from the University of Colorado-Colorado Springs.



Bemidji State's Niganawenimaanaanig — an Ojibwe word meaning "we take care of them" — program held a free, virtual Indigenous nursing conference in May. The conference, "Strong Tribal Nations During Trying Times," welcomed health care professionals from across the nation who provided lectures on a range of health care issues affecting Indigenous communities, including cancer and missing and murdered Indigenous women.

Nursing Graduates Earn Highest Recorded NCLEX-RN Exam Pass Rates since 2012

Graduates from Bemidji State's Department of Nursing class of 2020 have earned the highest recorded pass rates since 2012 on the National Council Licensure Examination for registered nurses. All 2020 nursing graduates have completed their first attempt at the exam, with 94 percent passing on their first attempt.

Bemidji State Brings the Stage to the Big Screen in Opera Film

called "Things lost, Things Found."

Every year, the Bemidji State Department of Music works across disciplines to produce a full opera production for the Bemidji community. This year, with COVID-19 guiding in-person activities, the production took to the big screen with a movie production of selected scenes from popular operas. Under the direction of Dr. Cory Renbarger, associate professor of music, students worked closely with Bemidji's NLFX Professional audio, video, lighting and editing company to produce a 60-minute feature film



State and Federal Grant Funding Provides Crucial Support for Students During COVID-19

In September 2021, Bemidji State and Northwest Technical College distributed laptops to students with funding from Governor's **Emergency Educational Relief** grants. The nearly \$500,000 grant was used to purchase and provide distance-learning technology to students affected by the pandemic.

Bemidji State students who were financially impacted by the COVID-19 also received muchneeded relief through funding provided by the U.S. Government's Coronavirus Response and Relief Supplemental Appropriations Act (CRRSAA). Students who met eligibility requirements received aid packages between \$175-\$665. In addition, students could apply for COVID-related emergency funds, up to \$500, during the spring and summer.

Dr. Shaun Duke, assistant professor of English, recently received a Hugo Award nomination for his podcast, "The Skiffy and



Fanty Show." With over 400 episodes, the science fiction, fantasy and horror podcast that features reviews of films, interviews with authors and discussions with creators in the genre.



Dr. Anton Treuer, professor of languages and Indigenous studies, has been appointed to the United Nations' Technical Working Group for the High-Level Dialogue on Energy that will promote

the implementation of global goals for sustainable development and inclusive energy transitions.

Brenda Mack, assistant professor of social work and a National Rural Health Association fellow, has spent the last year working with educators and professionals across the country to improve rural health care. She is currently working on a behavioral health care policy that will be completed by February 2022.



Dr. Rucha Ambikar, assistant professor of sociology and anthropology, has been appointed BSU's Faculty Fellow for Inclusive Pedagogy and Curriculum. Her appointment, which began in

September 2020, continues through Summer 2022.

Dr. Veronica Veaux, Assistant Professor of Business Administration, was featured in the 2019 Native Governance Center's Impact Report. The publication celebrates the work of more than 175 indigenous change-makers from 22 native nations.

Dr. Lukas Szrot, assistant professor of sociology, authored a research article titled "From Stewardship to Creation Spirituality: The Evolving Ecological Ethos of the Catholic Church." Szrot's research analyzes official Catholic doctrine from 1961-2015 and demonstrates how attitudes towards the environment have shifted within the church over time.

BSU FACULTY ACHIEVEMENT

Dr. Hamdan Alabsi, assistant professor of business administration, was published in "Institute of Electrical and Electronics Engineers." The co-authored paper, "An Upward Compatible Ethernet Device Driver for Bare PC Applications" looks at designing an upward compatible gigabit Ethernet Intel network interface controller device driver for machine computing applications.



Dr. Zhe Li, assistant professor of business administration, co-authored "Cash Flow Volatility and Trade Credit inAsia," exploring the relationship between cash and credit in developing Asian economies. The paper

was awarded a 2020 Emerald Literati Award of Excellence.

Dr. Tricia Cowan, assistant professor of nursing, has been selected by the American Association of Colleges of Nursing to serve in its first Diversity Leadership Institute cohort. She was nominated by the Niganawenimaanaanig Indigenous nursing program for her dedication to equality.





computer science professionals. His article "AI Ethics: A Long History and a Recent Burst of Attention," co-written with four of his colleagues in the field, discusses artificial intelligence ethics in media and scholarly writing.

Dr. Mahmoud Al-Odeh, associate professor of technology, art & design, received innovation funding from the Minnesota State system of colleges and universities to develop multimedia teaching resources during the COVID-19 pandemic. His project, "Using D2L Brightspace HTML Templates," helps faculty make better use of the Brightspace Desire2Learn platform.





Dr. Eric Forsyth, professor of human performance, sport and health, authored "Contemporary Issues Within High School Sports: Ethics & Parents Issues," an article that was published in the Spring 2021 Interscholastic Athletic Administration journal.

Dr. Veronica Veaux, assistant professor of business administration, Dr. Angie Kovarik, associate professor of business administration and **Debra Sea**, associate professor of integrated media, won the Small Business Institute's "Best Practices Award for Innovative Teaching and Pedagogy" for their interactive presentation "Add Some Zip, Zest and Zing to Your Zoom."

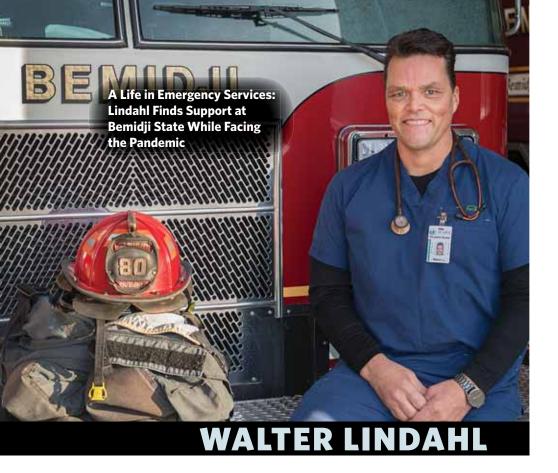
Dr. Miriam Webber, assistant professor of music, discussed her efforts to uplift the work of female composers in the industry during a 2020-2021 Honors Program lecture titled "Silent Voices: Women Composers in Their Own Words." The lecture also featured a performance of a commissioned piece written by a West coast composer, Lisa Neher.

Dr. Sarah Cronin, assistant professor of psychology, coauthored a research paper with four BSU students and alumni that was accepted for publication in the College Student Affairs Journal. Their paper, "Counseling is Great But Not for Me: Student Perspectives of College Counseling," used

focus groups to gather BSU student perspectives on college counseling.







Walter Lindahl didn't always know nursing was his calling. But when he left a successful career in construction and discovered his passion for emergency services, something clicked.

After graduating high school, Lindahl followed in his father's footsteps and started his own construction company serving the Twin Cities area. He later returned to Bemidji to be closer to his family, where he began his journey in crisis service. He joined the Bemidji Fire Department as a firefighter and eventually became its captain.

"I started out getting my first responder degree inside the fire department," the senior nursing major from Bemidji said. "I went to car accidents, house fires and major medical runs. I thought it was cool, so I got my emergency medical technician license and worked ambulance — I knew this is where I needed to be."

During one of his EMT shifts, a nurse practitioner encouraged Lindahl to register for nursing classes at Northwest Technical College. He enrolled shortly thereafter and became a certified nursing assistant and licensed practical nurse. Lindahl was then drawn to Bemidji State's Niganawenimaanaanig Indigenous

Nursing Program and the support offered to Indigenous students looking to become registered nurses. He started classes in Spring 2019.

"I don't know that I would have made it as far as I have without the Niganawenimaanaanig program," Lindahl said. "The support that you get is not only financial but also emotional and inspirational."

The shift from on-campus learning to online instruction at the onset of COVID-19 has been a challenge, but Lindahl says students and professors alike are making the best out of this new experience. Lindahl also appreciates knowing he has a support system within the Indigenous nursing program.

"I was afraid I would fail, but the instructors have been amazing and creative with their lab assignments," Lindahl said. "We've definitely had to be resilient in the face of the pandemic."

On track to graduate in the spring of 2022, Lindahl hopes to one day become bilingual and continue on his path of helping others in crisis.

A Bemidji State University nursing student is leading the charge as Sanford Health of Bemidji races to distribute COVID-19 vaccinations.

In addition to her role as Sanford's immunization coordinator. Heather Eichstadt is completing her bachelor's degree in nursing at BSU. She began developing Sanford's vaccine distribution process in August 2020. With the addition of an ultra-cold freezer required to store the Pfizer-BioTech vaccine, Bemidji became a regional distribution hub.

"At first, we began looking at distribution options like we would for the flu vaccine, and explored drive-up and blitz options," Eichstadt said. "Depending on the vaccine there are a lot of things that you have to consider. Among other things, we made plans to offer vaccination clinics in a central location and then provided the proper training to vaccine administrators. Putting it all together was very exciting and we have been able to vaccinate about 1500 of our staff."

The first vaccination clinic was held for Sanford employees on Dec. 17, 2020, with hospital volunteers, including a number of Bemidji State's nursing students and professors, following shortly thereafter.

CHSTADT

RN to BS Student Heather **Eichstadt is Leading** Sanford Bemidji's COVID-19 **Vaccination Plans**



By the end of January, the rollout continued to high-risk community members.

After completing her bachelor's degree, Eichstadt intends to pursue a master's degree in nursing, making the transition from a managing role to one focused on directly helping patients.

"I love leadership, but I really identify with patient care," Eichstadt said. "I love implementing change, but I want to get back into patient care. That's what led me to become a nurse in the first place."

As a student and practicing nurse during the pandemic, the mother of four from Bemidji says the community has helped her stay positive and get through the challenges presented by COVID-19.

"I'm thankful for the community we live in and for everything I have," she said, "We have experienced trying times this year and it has taken a toll on everyone, but I'm doing well. What gave me a huge boost was being able to see the light at the end of the tunnel with the vaccination and knowing that we are going to beat this pandemic."

In addition to her role as immunization coordinator, Eichstadt also manages Sanford's obstetric, pediatric and medicated therapy clinics.





Clair DeGeorge, a 2021 nursing graduate from Anchorage, Alaska, has always been passionate about two things — science and hockey.

As a freshman in high school, DeGeorge left home to play hockey at the Shattuck-St. Mary preparatory school in Fairbault, where she helped guide the school to three consecutive national championships. She also was a member of the 2016 U.S. Women's Under-18 Select Team at the Under-18 Series versus Canada, participated in USA Hockey's 2016 Women's National Festival and attended the 2016 Girls Select U18 Player Development Camp.

DeGeorge's experience in Shattuck-St. Mary's BioScience Center of Excellence led to her interest in nursing. When Bemidji State offered her the chance to continue her pursuit of hockey while obtaining a nursing degree, she couldn't refuse.

"Most schools don't allow you to do that, but both programs have done an amazing job working together to ensure I can accomplish both my career and athletic goals," the hockey forward said.

In the 2019-2020 Beaver Hockey season, DeGeorge appeared in 35 of 37 games, was named a WCHA Scholar Athlete and selected to the WCHA All-Academic Team for the second time in her career.

At the onset of the COVID-19 pandemic, DeGeorge said the nursing program was quick to adapt and transition in-person classes to online or hyflex layouts despite the fact that many included a lab component.

"We were supposed to have clinicals, which is where I'd get most of my hands-on experience," DeGeorge said. "Instead, we did simulations and I learned a lot through this program."

After graduating in May, DeGeorge admits there are days when she feels overwhelmed by the future, but is grateful for the support system she has found with Bemidji State's Dr. Julie Curtis, assistant professor of nursing, and Dr. Jessica LeTexier, associate professor of nursing.

"Dr. Curtis was always available to talk. I know that if I had a question the night before class she'd answer right away," DeGeorge said. "Dr. LeTexier was my advisor and has helped a lot with managing hockey and classes."

Prepared to enter the nursing world during a pandemic, DeGeorge recognized the importance of getting as much experience as she could during her senior year, even if that meant making mistakes along the

"We aren't going to know everything, but we practiced and learned every chance we got," she said. "It's on us to realize what we need to do and be proactive in getting experience."

Even though the pandemic has adjusted her academic experience, DeGeorge appreciates the learning curve and is excited by the potential she sees in those around her. The challenges have equipped her to better handle crises as a professional nurse, she said.



By Brad Folkestad

During a worldwide pandemic, BSU Head Athletic Trainer Eric Sand and his staff saw their focus shift from treating and preventing injuries on the playing field to ensuring student-athletes can get to the playing field.

Since March 2020, the BSU Athletic Training staff has been saddled with the challenges of planning safe practice and weight room strategies, interpreting Center for Disease Control, MDH and NCAA guidelines for safety, as well as developing testing, quarantine and isolation protocols — not to mention administering COVID-19 testing.

When Sand set his career course, athletic training was the perfect intersection of an interest in medicine and the enjoyment of competition with and being part of a team. This year, the pandemic stripped Sand of competition, socially distanced and, in some cases, isolated his teams and intensified his focus on medicine.

"From the time the NCAA, our conferences and BSU shut down athletics until the spring semester I hardly put a hand on a patient," Sand said. "I have spent most of my time in meetings, learning and re-learning the newest guidance from the Minnesota Department of Health and helping coaches to make plans to safely bring teams back together."

Athletic trainers typically evaluate injuries, implement rehabilitation programs for injured players and, in general, keep student-athletes safe and healthy. Because of this, Sand felt a sense of responsibility to do that same in this situation.

"There was really no way to know what was ahead. Everybody was learning ...together," Sand said. "Right away, I tried to get involved with as many committees as I could and attended as many meetings as I possible so that I could help give BSU athletics direction."

Trainer Guides BSU's COVID-19 Contact-Tracing Team

From his perspective, the worst thing that could happen was for him to be left out of decisions that affected his teams.

Due to his assertiveness and affinity for medicine, Sand has become a go-to resource for interpretation of the everchanging COVID-19 safety guidelines. His influence has not only been felt on campus, he has also been a resource for the Northern Sun Intercollegiate Conference and Western Collegiate Hockey Association as well as a consultant with local and state health organizations.

Looking back, his move to get involved not only paid off for BSU and Beaver Athletics, it helped him to grow as well.

"I think administratively this year has been great for me," Sand said. "I have learned a lot about the inner workings of the conference and the Department of Health. I have also been in meetings and built relationships with people across BSU. Because of that, I have a better understanding of how campus functions."

The change in Sand's workload led to his day-to-day responsibilities for student care shifting to his staff — Bekah Hessinger, Tarrah Bisch, Heidi Krueger and Jaclyn Rudoni. In addition to athletic training duties, Sand's staff supported testing, contact tracing, and quarantine, isolation and return-to-play duties for the teams they oversee.

"There are a lot guidelines and protocols to sort through to make sure it is safe to for the student-athletes to compete and then to return to action after a positive COVID-19 case," Sand said. "I am really proud of the way my staff stepped up and took care of their teams."

After more than a year defined by social distancing, meetings, testing and careful planning, Sand sees the light at the end of the tunnel. With more and more people getting vaccinated each day and recent changes in guidance set by Minnesota Department of Health, team quarantines, missed practices and competitions may soon be a thing of the past.

"We want to give these student-athletes every opportunity to compete. That is why we have worked so hard," Sand said. "They each came to BSU to be part of a team and to compete. We will do everything we can to make sure they can do that."

Men's Hockey makes fifth appearance in NCAA Tournament

The BSU men's ice hockey program earned a spot in the 2021 NCAA Ice Hockey Championships, marking its fifth appearance in the tournament since the team moved to the NCAA Division I level in 1999-2000 and its first since 2010. At 16-10-3 overall, the Beavers drew No. 4 University of Wisconsin (20-9-1) in the tournament's East Regional, played in Bridgeport, Connecticut. Behind two goals from captain Ethan Somoza and a goal and an assist from Brendan Harris, the Beavers defeated Wisconsin, 6-3, to advance to the regional semifinal. There, they fell to eventual national champion University of Massachusetts, 3-0. The Beavers finished the season winning seven of their last 10 games and capped an 11-week run in the national polls earning a No. 10 billing.



Forty-two Beavers make NSIC academic list

Bemidji State landed 42 student-athletes on the 2020 Fall Academic All-NSIC Team. Members of the all-academic team must have maintained a 3.20 GPA, are members of a varsity traveling team and have reached sophomore athletic and academic status. The Beavers' soccer team led the way with 20-of-23 eligible players making the list. In addition, 22 student-athletes were also recognized with NSIC All-Academic Team of Excellence distinction for carrying a GPA of 3.60 or higher.

Bellew steps away from the diamond

Tim Bellew, who has spent the last 16 years as head coach of the BSU baseball team while juggling various duties within the department, will move into an administrative role with BSU Athletics. Bellew completes his reign as the Beavers' bench boss second in wins (228), games coached (719) and seasons coached (15), while he is just the second coach in BSU history to earn the NSIC Coach of the Year honor (2013). Bellew will be replaced by former Beaver letterwinner Matt Ellinghuysen (2010-13), who has served as an assistant for six seasons.



Bemidji State announces 2021 Athletic Hall of Fame inductees

Bemidji State will induct eight individuals and one outstanding team into its Athletic Hall of Fame on October 30, 2021. The Bemidji State Athletic Hall of Fame recognizes alumni, former coaches, administrators and others who have excelled and brought acclaim to the university through their accomplishments. More information about the inductees is available at bsualumni.org/AHOF.

2021 BSU Athletic Hall of Fame Inductees

- Mike Alexander 1982-86 (Men's Hockey)
- Amber Fryklund 2000-03 (Women's Hockey)
- Joel Olander 1977-81 (Swimming and diving)
- Cristy Risberg 1993-96 (Track & Field)
- Matt Wellumson 1981, 1983, 1985-86 (Football)

Alumni Coaching Achievement Award

Jerry Lano '74

Bemidji State sweeps WCHA Student-Athlete of the Year awards

The Bemidji State hockey programs each landed the Western Collegiate Hockey Association's top academic award. Seniors Mak Langei of the women's team and Zach Driscoll of the men's team were selected Student-Athlete of the Year by the their respective league's faculty athletic representatives and head coaches based on academic excellence, contribution to the team's success on the ice and community involvement

Historic women's basketball season ends in NSIC Tournament

BSU women's basketball, guided by NSIC Coach of the Year Chelsea DeVille, saw a COVID-shortened 2020-21 season turn into one of the program's best in decades. The team's 10-6 record marked BSU's first winning season since 1994-95, and a first-round NSIC Tournament victory saw the Beavers reach the conference semifinals for the first time since 2004. Following the season, sophomore Rachael Heittola earned First-Team All-NSIC North Division honors, while senior guard Brooklyn Bachmann was a second-team selection.

Carrasco ends track & field career with second All-America honor

Senior thrower **Zoe Carrasco** finished her BSU career at the 2021 NCAA Division II Outdoor Track & Field Championships in Grand Valley, Michigan. Her 11th-place finish in the hammer throw earned her Second-Team All-America honors, her second All-America award of the year and third of her career. In March, she earned first-team indoor All-America honors after a fourth-place finish in the shot put. Carrasco finished her career with BSU records in the hammer throw and shot put.



BSU Coaches Hall of Fame Inductee

Craig Hougan (Track & Field 1978-79, 1990-2015)

BSU Athletic Team Inductee

2000 Men's Indoor Track & Field Team

John S. Glas Honorary Letter Winner

• Frederick Baker '61

700 Carrasco





Th<mark>eir c</mark>hild<mark>ren — age 7, 12 and 14 — playe</mark>d a big part in the decision to start the business or not.

"It was a family decision," she said.

The Parrotts are no strangers to the small business lifestyle — Jon has owned several successful businesses in the past. Like many small-business owners across the country, the COVID-19 pandemic threw the family unexpected challenges during some of the most crucial stages of their sweet new venture.

"We began clearing the land [for the building] in Oct. 2019. Little did we know at the time, in only a short few months, everything would change with the pandemic. From loans being delayed, construction not going as expected, all of it," Ashley said. "The biggest challenge has been getting our shipments of product. We are still feeling the effects of shipping delays."

WHAT'S IN THE NAME "SWEETLY KISMET"?

The couple felt from the start that if the business was meant to thrive, it would, and that's where "kismet" — a Turkish term meaning "fate" or "destiny" — comes from. Combine that with the thousands of sweet treats for sale at the store and you get "Sweetly Kismet."

Even with all their pandemic-related challenges, and with Ashley working as a labor and delivery nurse and Jon as a commercial pilot, they kept the faith their fledgling business would get off the ground and the meaning behind their business name would ring true.

"We strongly believe there is a reason for everything," she said, referring to the pandemic-related struggles they faced early on. "Did it all work out in the end? Yes!"

The Parrotts officially opened their 4,500-square-foot showroom to the public the weekend of June 26-28, 2020. They estimate around 3,000 people visited the store that first weekend.

Sweetly Kismet is a sweet tooth's dream come true, including both nostalgic and modern candy, cotton candy, chocolate and over 100 different specialty sodas. The couple has been working to grow the store's selection of sugar-free products and beef jerky as well. All told, that's over 3,500 unique

products in stock at any one time.

"We pride ourselves on the freshness of the candy," Parrott says. "All our candy comes straight from the manufacturer. It can't get fresher than that."

The store is open much of the year - typically early April though the first part of January — and the Parrots have big plans to grow their 14-acre location into not just a place to find both new and old confectionary favorites, but a travel destination that welcomes families to "enjoy the northern Minnesota fresh air, stretch their legs and leave feeling revived."

They are keeping specific expansion plans under wraps at this point, but the Parrots encourage everyone to follow their Facebook page to stay up-to-date on the latest updates,

exciting new products and other news.

When asked what the best part of being in the candy business is, apart from being able to have the entire family deeply involved in the business, Ashley said it is those who take the time to drop by their humble store right off of Interstate 35 near Carlton, about 20 miles southwest of Duluth.

"We love our customers," she said. "They truly bring joy into our lives."

"We strongly believe there is a reason for everything, Did it all work out in The end? Yes!"







CAMPUS











① BSU ran four on-campus COVID-19 testing clinics between November and March ... ② Families followed COVID-19 mitigation guidelines during Move-In Day in August 2020 ... ③ Women's basketball won more than 10 games for the first time since 2012-13 and won a first-round NSIC Tournament game ... ④ Eagles keep a watchful eye near campus ... ⑤ In spite of the pandemic, students still found ways to enjoy the outdoors ... ⑥ In-person music performances continued throughout the pandemic ... ② Student-athletes celebrate the end of their BSU careers at Commencement ... ③ Men's hockey made its first appearance in the NCAA Tournament since 2010 and defeated Wisconsin in the first round ...





HAPPENINGS











• AIRC staff serving take out during the Fall 2020 Day of Welcome ... • TAD School students celebrate a gallery opening featuring their work in Bridgeman Hall ... • Artist Stacia Goodman installs a mosaic on the lecture hall entrance in Hagg-Sauer Hall ... • Volunteers welcomed visitors into Deputy Hall and shared information about COVID-19 guidelines during the pandemic's peak ... • A new food shelf in the student union provides support for students in need ... • BSU brought students and families together with an in-person Commencement ceremony for each college ... • A BSU student biking through Lake Bemidji State Park on a fall day ... • Department of Music continued its annual opera, moving to a streaming online production.

ALUMNIN

Giving for Green and White raises funds for BSU Athletics

Donors gave over \$65,000 to support scholarships for student-athletes in April 2021 as part of the Giving for Green and White online campaign.



In response to COVID-19 restrictions surrounding in-person gatherings, BSU's Green and White Dinner and Auction for BSU Athletics, originally planned for April 2020, was moved online. The virtual event included videos featuring current BSU athletes and alumni, an online auction and a build-a-scholarship opportunity. All gifts made to the campaign supported student-athlete scholarships at BSU.

The online campaign was sponsored by Sanford Health, First National Bank Bemidji and Security Bank.

To view the video series, visit **bsualumni.org/give** or the BSU Alumni & Foundation YouTube page.

Virtual 5K Walk/Run draws alumni from across the country

Over 40 BSU alumni, faculty, staff, community members and friends from around the world participated in the Beaver Virtual 5K Walk/Run on May 8.

Alumni represented every decade since the 1970s and five states, including California, New Orleans and Washington. International competitors submitted their results from Canada and Austria.



View photos from the event at bsualumni.org.



DAY OF GIVING

DESIGNATION LEADERBOARD

TOTAL RAISED: TOTAL DONORS: AVERAGE GIFT:

\$181,609 861 \$210

Donors support their favorite programs during Day of Giving

Bemidji State's third annual Day of Giving on February 23 saw 861 donors from 36 states and Canada donate more than \$181,000 to their favorite campus causes. The 24-hour online campaign allowed donors to support more than 25 specific programs and initiatives for BSU students, including athletics, greatest-need scholarships, the music and nursing programs, a migrating butterfly rest stop and outdoor classroom, the George Floyd Memorial Scholarship, the naming of the BSU dance studio in honor of the late Marion Christianson and more.

Designation	Donors	Dollars
Athletics	391	\$78,996
Greatest Need	100	\$26,595
Music	93	\$21,690
Nursing	69	\$19,442
George Floyd Memorial Scholarship	41	\$9,221
Marion Christianson Dance Studio	29	\$7,325
Stoles for American Indian Students	33	\$7,292
Hobson Memorial Union Leadership Program	30	\$2,040
Migrating Butterfly Rest Stop & Outdoor Classroom	30	\$1,600
Random Acts of Kindness	10	\$735

MAKE SURE THE BSU ALUMNI OFFICE HAS YOUR LATEST CONTACT INFORMATION

Alumni who have changed jobs or their names and those who have multiple or seasonal addresses are asked to update their contact information by visiting bsualumni.org or calling (218) 755-3989 so you can stay up-to-date on news and events.











BSU Outstanding Alumni to be recognized during Homecoming 2021

Five alumni will be recognized for their outstanding professional achievements and service to their communities at the 2021 Honors Gala, scheduled for Sept. 24 during Homecoming at Bemidji's Sanford Center.

YOUNG ALUMNI AWARD

Megan (McCrady) Dahlen '04

OUTSTANDING ALUMNI AWARD

Noel (Naegele) Clay '90 (posthumous) Mike Maher Jr. '81

ALUMNI SERVICE AWARD

Virginia (Johnson) Deeds '72

PROFESSIONAL EDUCATION HALL OF FAME AWARD

Dr. David Kahl '61



Fraternity brothers visit historic David Park House

Alumni from the Lambda Alpha Beta/Tau Kappa Epsilon fraternity visited Bemidji State's David Park House in early May. When returning to campus, alumni interested in visiting campus are encouraged to visit the historic house — the home of the BSU Alumni & Foundation — during their time in Bemidji.

Kneeling (L-R): V. Joe Hess '71 (Burnsville), Tim Fairchild '72 (International Falls)

Standing (L-R): Rick Engh '73 (Minneapolis), David McCollum '70 (Mahnomen), Ed Hewitt, III '70 (Minnetonka), Lowell Carpenter '70 (St. Paul), Tom Anderson '74 (Crookston)



Donors support students of color by growing **George Floyd Scholarship**

Following the nation's emotional outpouring after the killing of George Floyd in May 2020, BSU alumna Betty (Fulton) Novotney '79 felt a call to show her love and support for students of color at Bemidji State University.

In response, Novotney, along with her three daughters, created the George Floyd Memorial Scholarship to promote hope and encourage healing for students of color at BSU.

The George Floyd Memorial Scholarship was selected as one of several specific campus priorities available for donors to support during BSU's Day of Giving in February. The online campaign drew donors from around the country who shared Novotney's commitment to social justice and equality by donating over \$9,000 to the endowment.

With this additional financial support, BSU Alumni & Foundation anticipates awarding \$5,000 scholarships to deserving BSU students this coming academic year.

"My hope is that this scholarship serves as a catalyst to promote leadership in our student body," Novotney said in a previous interview. "The experiences that this scholarship rewards will hopefully encourage hope, empathy and peaceful resolution to issues within the Bemidji State University community and beyond."

The George Floyd Memorial Scholarship will be awarded to underrepresented minority students who have demonstrated a commitment to community service.

To learn more about the George Floyd Memorial Scholarship or to make a gift, visit bsualumni.org/georgefloyd-memorial-scholarship or call (218) 755-3989.

CLASS NOTES

Towns are in Minnesota unless noted. Alumni names appear in bold. Send information to alumni@bemidjistate.edu or call toll free: (877) 278-2586.

¹20 Rachel Kniss was sworn in as the Bemidji Police Department's newest in BSU's criminal justice program, Kniss reserve officer for the department. She lives in Fosston.



Andrew McCormick

became the grade 6-12 band and choir director at Clinton-Graceville-Beardsley School District in Clinton. McCormick

previously taught K-12 music for the Greenbush-Middle River School District. He lives in Graceville

19 Nick Kasprowicz worked as a summer clerk for Brink Lawyers in Hallock, assisting with legal research, court proceedings and client meetings. He lives in Grand Forks.



Abby Mellesmoen teaches kindergarten at Marquette Catholic School in Virginia. She previously taught first grade at Washington Elementary School in Hibbing. She lives in



Chevenne Korpi is a second-grade teacher at Falls Elementary School in International Falls. She previously worked as a substitute teacher in the district. She lives in International

18 Derek Bebeau

is the choir director and music teacher for Redwood Valley schools in Redwood Falls. After graduating from Bemidji State, he taught at the Starlight Hutterite colony near Gibbon and at Pine River-Backus High School. He lives in Redwood Falls.



was hired as a parttime records specialist for the Faribault Police Samantha DeA Department. She lives in Faribault.



varsity volleyball and softball. She lives in

Josh Bestul teaches sixth grade at Floodwood Middle School. Before joining Floodwood's staff, he taught for two years at Eleveth-Gilbert Elementary School. He lives in Floodwood.



Sasha Moss teaches fourth grade at Falls Elementary School in International Falls. She lives in International Falls with her family.

Ashley Toivola was promoted to director of Virginia's Range Treatment Center, which offers drug and alcohol counseling services to the Iron Range area. Toivola has worked for the center since 2016 in various roles. She lives in Gilbert.



Scott Salfer is a licensed insurance agent at First Security Agency in Sleepy Eye where he offers property, casualty, life and health insurance policies. He

lives in Sleepy Eye with his wife.

15 Rachel Munson was promoted to assistant director of communications and marketing for Bemidji State University and

Northwest Technical College. She was previously the digital communications

specialist. She lives in Bemidji.

Jacklin Hedtke teaches sixth grade at MACCRAY East elementary school in Raymond. She previously taught sixth grade at Gibbon-Fairfax-Winthrop Junior High School in Winthrop. She lives in Atwater.





officer. While studying spent three years as a

center and registration communities. She lives









13 Lacey (Riopelle) Nosbisch teaches sixth grade at Walker-Hackensack-Akeley Public Schools. She lives in Walker with her husband, Steve '13, who teaches sixth grade at



Cass Lake-Bena Middle School and is a local fishing guide.

12 Bethany (Fluto) Wood was recently named Young Entrepreneur of the Year by the U.S. Small Business Administration. Wood owns HealthSource



Chiropractic of St. Paul Grand Ave. She lives in White Bear Lake with her husband Dan '12 and their son.

Wendy DeCann teaches first grade at Hawley Elementary School. DeCann previously taught in Little Falls and Fargo. She lives in Fargo with her husband. The couple has two adult children.

11 Steven Eastridge owns Up North Canvas Co., a commercial sewing company that specializes in boat covers, canopies and other canvas products. He lives in Bemidji.



Amber Johnson works as an obstetrics and gynecological nurse practitioner for Carris Health in Willmar. After graduating from Bemidji State, she earned a master's degree in nursing from Regis College in

Weston, Massachusetts. She lives in Spicer.

10 Joe Gould was appointed to the Board of Directors for the Minnesota Alliance of Boys & Girls Clubs in January 2021. During the two-year term he will oversee operation and strategy for Minnesota's 12 member organizations. Gould is also a board member of the Boys & Girls Club of the Bemidji Area and a teacher at Voyageurs Expeditionary School in Bemidji. He lives in Bemidji with his wife, Gwenia.

09 Cheryl (Middendorf) Doocy

was hired as a personal banker at First National Bank of Osakis. Doocy was previously a licensed daycare provider and owned a fitness



studio with her husband, Chad 'oo. They live in Osakis.

Jessica (Johnson)

Paulson was elected to a two-year appointment on the Minnesota DNR Fisheries Oversight Committee, which oversees the agency's spending



and prepares reports on findings of various studies. Paulson lives in Zimmerman with her husband, **Tyler '10,** who works at Sherburne National Wildlife Refuge, and their son.

O6 Zach Burmeister practices

agricultural, environmental and governmental law for the Rinke Noonan law firm in St. Cloud. He previously served as an associate at a law firm in Fargo, North Dakota. He lives in Sauk Rapids.



Mark Bensen became principal at Bagley High School after a 14-year stint at Red Lake Middle School, where he taught history and served as dean of students and principal. Bensen is married to Amanda (Baumgart) '03, who is a social worker at Sanford Health in Bemidji. The couple lives in Bemidji.

5 Corinda **Edevold** published her first book, "The Other Side of the Fence: Ana and the Lilys", on Amazon. Edevold lives in Bemidji with her husband and five children.





TRASK'S RECORD RIDE ON **LAKE BEMIDJI SUPPORTS CANCER RESEARCH**

Brad Trask '17 is using a life-long passion to bring awareness to one of the leading causes of cancer in men. He will likely soon become a world-record holder in the process.

When his father was diagnosed with prostate cancer in August 2018, Trask came up with an out-of-the-box strategy to raise awareness for prostate cancer research. He decided to attempt a world-record snowmobile ride on Lake Bemidji...in September.

Trask, who lives in Solway, Minn., spent months planning and testing his snowmobile on smaller area lakes in

"I would have a pit crew, safety spotters in boats and a recovery barge in case something were to happen or I ended up sinking," he said.

Riding a snowmobile on water is different than on snow; the machine will sink if the rider slows down or loses control. If the rider keeps their forward momentum, however, they can "skip" their machines for miles.

On September 25, in front of dozens of crew members and supporters, Trask rode a total of 60.5 miles on Lake Bemidji, shattering the previous record of 43 miles set in 2005. Trask's record is pending approval from Guinness, but Trask is confident the record will be approved by the end of winter.

Private donations from friends, family and local businesses in support of his record-breaking ride were presented to Bemidji's Joe Lueken Cancer Center and the Prostate Cancer Foundation

His father is thankfully now cancer-free, but Trask intends to bring more attention to prostate cancer this July by achieving a personal goal of his - a 200 mile ride on Lake Bemidii.

"I would like to thank God, my family, friends and the community for the support," he said.

You can learn more about Trask's upcoming ride at www.ridethedistance2021.com.

CLASS NOTES

SO YOU WANT TO BE AN ENGLISH TEACHER

FOR MARK CHRISTENSEN. BEMIDJI STATE PROFESSOR OF ENGLISH

I was an outsider to the first university on the Mississippi River, rustic academia. Mark was my English Methods teacher. His classes seemed spontaneous, flashing like lightning bugs captured in a mason jar. Mark cultivated us hobos, of uneducated parents, hanging onto the caboose of literature, his a high-wire act as a trained professional, balance in the ballast of Norton anthologies wedged in his hip pockets. Mark believed in discussions in lieu of soliloquies. He unjammed the enjambment of our fear of free verse poetry.

Each day, Mark presented opportunities to read, write, and discuss--previously buried in our parents' yards of crabgrass and rusty swing sets. Mark's skinny frame, draped in suits of a haberdashery unknown to our dependence on blue jeans, while he witnessed faith in pens and keyboards and salvation in his feedback edits. His credo was the teaching of English is the good work. I believed him; I still believe, made possible by his classrooms located between pine needles and a clear lakefront

For some of my classmates, Paul Bunyan, wielding a rusty axe, the lumberjack of procrastination, and his sidekick, Babe the Blue Ox, the party animal, got in the way of becoming a teacher. On Mark's office shelf, John Cheever's short stories were lodged. Cheever hailed the Chekov of the suburbs. Those stories were dark, Mark confirmed, alluding where I came from-blood mixed with disingenuous drafts, a place of chewed knuckles and burned books, where I followed the Mississippi north into sanctuary.

Read more of Rob Luke's poems about his Bemidji State experience at bsualumni.org.

04 Steve Johnson was promoted to

lieutenant for the North Dakota Highway Patrol and was reassigned as the department's Southwest Regional Commander. Johnson has

served as a patrol officer, field training officer and director of security since being hired by the department in 2004. He lives in Bismarck, North Dakota.

Lucas Doppler works as a relationship manager for First Horizon Bank in Nashville, Tennesee. Doppler previously worked as the bank's

portfolio manager for more than six years. He lives in Nashville.

Jennifer (McNutt) Boon

is a special education teacher at Annandale Elementary School. She lives in Maple Lake with her husband and two daughters.

03 Ekren Miller was appointed to the Minnesota Golf Association board of directors. Miller is the

assistant principal for high school operations for Heartland Christian Academy in Bemidji and serves as head coach for the Beavers men's golf team. He is married to Kari Kantack Miller

'08 and the couple lives in

Cale Osborn was sworn in as chief of police for the Dillon, Colorado, police department. Osborn has worked for the department since 2016, starting as a patrol officer

before being promoted to sergeant. Osborn lives in Breckenridge, Colorado.

Justin Sherwood was named chief of the Bemidji Fire Department. Sherwood began his 18-year firefighting career as a BSU student

Justin Sherwood



before becoming captain and overseeing the department's fire prevention work. Sherwood lives in Bemidji with his wife,

Amanda (Goligowski) '04, who teaches first grade at Bemidji's

Northern Elementary School.

02 Kim (Haugen) Czeh was named Teacher of the Year at Roseau Elementary

School. Czeh earned her bachelor's degree in education at the University of North Dakota before completing her master's degree in curriculum instruction at Bemidji State.

She lives in Roseau with her husband.

Falls. Peterson was





previously the athletic coordinator at Northland Community and Technical College in Thief River Falls, where he lives with his wife, Becky '03, and their two daughters.

99 Gretchen Mattson is the principal of Linwood Elementary School in Forest Lake. Mattson has taught grades 2-5 and served in a number of specialist roles for Minneapolis Public Schools over the course of her 20-year career. She lives in Forest Lake..

98 Rob Luke '98 has taught English at Delano High School since 2006. His poems have appeared in the Pennsylvania Literary Journal, the Tenth Muse and are forthcoming in the Windward Review. He lives on Lake Minnewashta near Excelsior with his wife, Sara.

97 Jenny Loeck is the superintendent of Roseville Area Schools. She previously worked as principal for Roseville Area High School from 2009–2017 and as assistant superintendent for the district







since 2017. She lives in Roseville.

Terry Hanson became the vice president of administrative services and chief financial officer for Kilgore College in Texas. He previously worked as the assistant

director of planning and data analytics for the city of Fort Worth, Texas, where he lives.

94 Jodi (Lund) Sandmeyer, a math and science teacher at Nevis School, was chosen as Teacher of the Year by her peers. Sandmeyer served as the school's principal from 2002-2010. She lives in Bemidji with her husband, Shawn.

93 Shelby Odell became the chief nursing officer for Nicklaus Children's Hospital in Miami, Florida. She is responsible for the leadership and



management of the nursing department throughout the hospital and its various outpatient locations. She lives in Miami, Florida

92 Mark Grossklaus was hired as the executive director of teaching and learning for the Centennial School District serving the cities of Blaine, Centerville, Circle Pines, Lexington and Lino Lakes. He was previously the principal at Albert Lea High School. He currently lives in Albert Lea with his wife, Tammy (Johnson) '92.



87 Trent Baalke became the general

manager for the National Football League's Jacksonville Jaguars. Baalke had been the team's director of player personnel since February 2020. He previously served as a football operations

consultant for the NFL, and was general manager for the San Francisco 49ers from 2011-2016. He lives in Jacksonville, Florida, with his wife, Beth (Buckingham) '89.

86 _{Kay} (Aultman) Mack was appointed interim county administrator for Hubbard County after a 42-year career as treasurer and administrator for Beltrami County. She lives in Bemidji with



her husband, Larry '79, who recently retired as maintenance supervisor at St. Phillip's Catholic Church in Bemidji.

84 Patti Weldon retired from her 17-year career as activities director for Robbinsdale Armstrong High School in Plymouth. Weldon played for the BSU



women's basketball team from 1980-1984. She lives in Brooklyn Park.

82 Jan (Wroge) Olson retired after a 37-year career with the Luverne Public School District as a sixth-grade teacher and curriculum and alternative school director. She lives in Luverne with her husband

John Rutten was named the supervisor of the West Central Regional Juvenile Center in Moorhead, which provides services for juveniles with behavioral, protection, dependency and delinquency issues. He lives with his wife in Perham.

'81 Carl Halverson retired from Royalton High School after a 38-year career as an art teacher. He credits former BSU professor **Keith Malmquist** as the inspiration for entering the teaching profession. Halverson lives in Rice with his wife, Janet.

80 Robert Anderson was appointed by President Biden as principal deputy solicitor to the U.S. Department of Interior's leadership

team, which addresses the country's responses to COVID-19, economic recovery, racial equity and climate change. Anderson

is a professor emeritus at the University of Washington's School of Law, where he focused on American Indian, property and water law. He was named an Outstanding Alumni by Bemidji State in 2019. He lives in Seattle, Washington.



76 Curt and Rose (Bajda) Antilla were named parade grand marshals of the Aurora Patriotic Day parade scheduled for July 3, 2021. Before retiring, Curt served as the east range economic development coordinator for 30 years. Rose taught for 34 years at Mesabi East School District in Aurora. The couple lives in

Joe Rossi retired after a 24-year career as a photographer with the St. Paul Pioneer Press. Rossi helped the newspaper earn its first-ever Pulitzer Prize in 1985 with his photos highlighting the rural farming lifestyle. He lives in Blackduck.

Rick Ellingworth retired after spending 44 years with the Redwood Area School District as a teacher, coach and superintendent. Ellingworth played football for the Beavers before earning his



undergraduate degree in business education. He lives in Redwood Falls with his wife, Jan.

68 Don Kuusinen was inducted into the Minnesota Wrestling Association's Bartelma Wrestling Hall of Fame in October 2020. The honor recognized his contributions to the sport as a wrestling coach for the Grand



Rapids Public School District and his 50-year career as a wrestling official. He lives in Grand Rapids with his wife, Laurel.

CLASS NOTES

IN MEMORIAM in order of class year

Kern, Gerry '08, Becida

Hurlburt, Nathan '05, Bemidji

Henry, Linda (Penn) '98, Anacortes, Wash.

Mattson, John '98, Bemidji

Ditty, Vernon '97, Bemidji

Tabaka, Sarah (Thomas) '97, Longville

Knoop, Colleen (Bakke) '95, Frazee

Jaeger, Richard '93, Victoria

Hesch, Ethel '92, Bemidji

Huglen, Rhoda (Monseth) '92, Roseau

Knutson, JoAnn (Anderson) '92, Cook

Berning, Phyllis '87, Rochester

Carver, Benjamin '87, Puposky

Gordon, Gladys '87, Naytahwaush

Skorich, Darlene (Oothoudt) '87, Virginia

Gunning, Robin '86, Cass Lake

Oberstar, Steven '86, Hibbing

Anderson, Cheryl '85, Anoka

Beaulieu, Owen '83, Bemidji

Graner, Ann '83, Lawrence, Kan.

Boorah, David '82, Collingwood, Ont.

Fodness, Mark '82, Bemidji

Anderson, Rev. Hyle '81, Aberdeen, SD

Blair, Gary '81, Rothsay

Weddel Skrutvold, Wendy '81, Tucson, Ariz.

LeClaire, Joseph '79, Phoenix, Ariz.

Schmitt, Kenneth '79, Mankato

Halgrimson, Ellis '78, Mesa, Ark.

Richeson, Matthew '78, Omaha, Neb.

Johnson, Lowell '77, Brainerd

Skrien, Gary '77, Marshall

Sylvester, Gretchen '77, Little Falls

Brooks, Daniel '76, Sauk Centre

MacGregor, Donald '76, Glenwood

Bryson, Jr., William '74, Valdez, Alaska

Bull, Richard Lee '74, Marquette, Mich.

Corner, Bernice '74, Northome

Gatz, Robert '74, Hill City

Mills, Larry '74, Bemidji

Nefstead, Melvin '74, Baxter

Whalen, Donna (Winkelman) '74, Baxter

Carlson, John '73, Marble

Boben, Richard '72, Kelly Lake

Gilbertson, Clark David '72, Bemidji

Langseth, Karen (Schmit) '72, Gully

Miller, Fred '72, Akeley

Esnough, Robert '71, Crystal

Morency, John (Jack) '71, Red Wing

Nord, Suzette '71, Blackduck

Benson, Jerry '70, Luverne

Bowman, Rosalie '70, Moorhead

Gangl, Albert '70, Duluth

Skallman, Gary '70, International Falls

Synhorst (Benham), Geraldine '70, Duluth

Delorme, Donavon '69, Red Lake Falls

Motherway (Renzaglia), Susan '69, Grand

Rapids

Olson, Marlin '69, Apple Valley

Sullivan, Lorna (Walley) '69, Bemidji

Yliniemi, Elmer '69, Frazee

Close, Carol (Quinn) '68, Puposky

Koski, Ray '68, Embarrass

Bergstrom, Marlene '67, Bemidji

Sushoreba, Michael '67, Chisholm

Zupetz (Kaminen), Lynette '67, Forbes

Beimdiek, Herbert '66, Park Rapids

Cichosz, Barbara (Rudolph) '66, Albert Lea

Mikulich, Edward '65, Albert Lea

Peterson, Thomas '65, Bemidji

Putzel, David '65, Virgina

Trompeter, David '65, Ranier

Wynne, Robert '65, Champlin

Gravdahl, Janice (Johnson) '64, Pequot Lakes

Moe, David '64, Fargo

Marshall (Ryan), Diane '64, Thief River Falls

Paschke, Gordon '64, Eagle Lake

Simonson, Ardell '64, La Mesa, Calif.

Sorenson, Thomas '64, Rochester

Cunningham, Merle '63, Bemidji

Risnes (Rasch), Jeanette '63, Alexandria

Mattson, Terrence "David" '63, Grand Rapids

Aasby, Harold '62, Fergus Falls

Popelka, Clarence '62, Pocatello, Idaho

Colligan, Lyle '61, Bagley

Wrolstad, Rose (Yurkovich) '61, Cottage Grove

Fuller, Gordon '60, Savage

Grozdanich, Sam '59, Coleraine

Johnson, Stanley '59, Alexandria

Syverson, Duwayne '59, Bemidji

Wickstrom, Clarence '58, Grand Rapids

Anderson, Lowell '57, Savage

Grier, James '57, Plymouth, Wisc.

Lentz, Zelora (Bishop) '57, '69, Arlington

Hachey, William '56, White Bear Lake

Bromberg (Johnson), Ilene '55, Northfield

Michal (Odegaard), Shirley '55, Plymouth

Willhite, Jack '55, '63, Minnetonka

Baker, Robert '54, Sartell

Blooflat, Lowell, '54, Marion, III.

Bleth (Holmes), Zola '52, Thief River Falls

Cann, Virginia '52, International Falls

Kirtland, Lucy (Vlajnich) '52, Boise, Idaho

Lalone, Dean '52, Sebeka

Grahek (Bergeron), Irene '51, Minneapolis

Olson (Fertig), Jeanne '51, Warren

Stevens, Nora '51, Laporte

Gregoire (Sandgren), Donna '50, Bemidji

Olson, Beverly (McGrane) '49, '71, Tuscon, Ariz.

How did a 100-year old university update its image for a new century?

Find out.

By Carissa Menefee

During the summer of 2020, Bemidji State University's Office of Communications & Marketing partnered with Adventure Creative, a full-service branding and marketing agency based in Minneapolis, to develop a new and distinctive brand narrative for the university. The goal was to more closely align BSU's brand identity with the 2018-2023 strategic plan, which in part seeks to distinguish the university by emphasizing unique themes of place.

Adventure took the challenge to heart and embarked on the opportunity to situate Bemidji State as "Minnesota's premier north woods university." The team worked together to reinforce the university's already strong brand foundation by identifying a revised color palette and textures inspired directly by the natural majesty which surrounds the campus, a slightly updated logo (can you spot the difference?) and official fonts, patterns and photography styles that create a cohesive look and feel.

The refreshed identity is being demonstrated as part of a campaign entitled "Find Out," which challenges prospective students and others to take action and find the answers they seek — who they are and where their passions lie, while embracing life in Minnesota's north woods along the shores of Lake Bemidji.

AN EXCERPT FROM THE **BRAND MANUAL FOR THE CAMPAIGN READS:**

About Find Out -Learn More

You wouldn't be the first person to consider wandering into the wilderness in the hope of coming out transformed. What is it about BSU that is magical, that invites you to ditch your assumptions,

pack in bigger questions and more fully inform your aspirations? It's not like answers grow on trees or are carried by the wind. (Or are they?) We believe the drive to acquire knowledge and develop greater wisdom is already in your nature. You simply need to find the right people and environment to help nurture it. Here, we invite you to come as you are, transform into whatever you can imagine and follow your own path. The question is, how can you make the world a better place than you found it?

Find out.

This message works equally well for you, our alumni and friends. What are you seeking and how can Bemidji State University help guide your way? Find out at Minnesota's premier north woods university.









Does 90 acres of campus surrounded by hundreds of square miles of headspace transform you? Find out.







2021 CALENDAR

JULY

- **10** Beaver Best Ball Golf Tournament
 Bemidji Town & Country Club, Bemidji
- **16 Galen Nagle Memorial Golf Tournament** Bemidji Town & Country Club, Bemidji
- 17 War on the Shore Fishing Tournament Nationwide
- 23 BSU Night at Target Field
 Minnesota Twins vs Los Angeles Angels
 Target Field, Minneapolis
- **"Bird" McBride Memorial Golf Tournament**Oak Marsh Golf Course, Oakdale
- **30 Ken Traxler Memorial Golf Tournament** Castle Highlands Golf Course, Bemidji

AUGUST

- 2 Men's Basketball Golf Outing Headwaters Golf Club, Park Rapids
- 21 Ed Sauer Memorial Golf Tournament Tianna Country Club, Walker
- 27 Howe-Welle Women's Athletics Golf Tournament Bemidji Town & Country Club, Bemidji

SEPTEMBER

- 11 BSU Baseball Golf Outing
 Castle Highlands Golf Course, Bemidji
- **24-26 Homecoming 2021**Bemidji State University

OCTOBER

30 Athletic Hall of Fame Induction Ceremony Bemidji State University

Get deeper discounts on hotels in top summer and fall locations

Take advantage of deep discounts on hotels, car rentals, activities and more in some of this summer's top travel destinations by becoming a contributing alumni with your annual gift of \$75 to Bemidji State. Learn more at bsualumni. org/benefits.



Mark your calendars for a summer of great golf and fishing in support of Bemidji State University Athletics. More information, including start times, will be announced at **bsualumni.org.**

Registration available six weeks before event date.

REGISTRATION IS ONLINE ONLY. Visit **bsualumni.org** to register.

Contact the BSU Foundation at **foundation@bemidji-state.edu** or (218) 755-3989 with questions.



BSU MIGHT AT TARGET FIELD

Twins vs. Angels • 7:10 p.m., Friday, July 23



PRE-GAME SOCIAL:

Brothers Bar & Grill (430 1st Ave N, Minneapolis) 5 - 6:30 p.m.

TICKETS & INFORMATION:

bsualumni.org/events/bsu-night-at-target-field





1500 Birchmont Drive NE Bemidji, MN 56601-2699



Bemidji State University, A member of Minnesota State



SCHEDULE A CAMPUS TOUR AT WWW.BEMIDJISTATE.EDU/VISIT

