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*Program Modification*

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BSU Curriculum Forms

Form 1

Curriculum Modification Summary

College: Health Science and Human Ecology
Department: Human Performance, Sport and Health
Proposer: Dr. Jim White
Proposer’s position: Professor/Chair

Describe the modification(s) you propose, and how it (/they) will work to students' advantage. (This description and explanation will be included in Curriculum Report packets forwarded to the Faculty Senate.)

We are modifying the required requirements and elective choices in the Community Health, B.S. major to enhance the potential for student success. Course choices will allow students to graduate in a timely manner and have a greater ability to tailor this degree to their career interests. Additionally, we are wishing to include new course choices (electives) to the Community Health, B.S. major – courses that were not offered 5 years ago when this program had curricular modifications. We are also giving BSU students the option of earning the newly created Community Health Worker (CHW) certificate (offered at NTC) as part (fulfilling elective requirements) of the Community Health, B.S. major program. The need for Community Health Workers is predicted to grow with the aging population in the U.S.

Modifications proposed (specify number of each):

_____Course Modification(s) (form 2)
_____New Course(s) (form 3)
_____Course Drop(s) (form 4)
_____Program Modification(s) (form 5)
_____New Program(s) (form 6)
_____Program Drop(s) (form 7)

The modifications affect (check):

_____Liberal Education
_____Undergraduate Curriculum
_____Graduate Curriculum
_____Teacher Licensure Program(s)
BSU Curriculum Forms

Form 5

Program Modification Form

Program to be modified: Community Health, B.S. major

List all proposed change(s):
Required courses:
- Students are currently required to complete BIOL 2110 – Human Anatomy and Physiology – it is proposed that they can complete either BIOL 2110 or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- Students are asked to complete HLTH 2800 – Multicultural Health in America (currently an elective) or SOWK 2110 Intercultural Communications
- PHED 3300- Physiology Exercise and Nutrition will be listed as an elective choice instead of a required course
- PHED 1890 – Lifetime Fitness is proposed to be a required course.

Elective courses:
The following courses will be added to the elective choices
- LEAD 3500 Theories and Contexts of Leadership
- PHED 3300 Physiology of Exercise and Nutrition
- PSY 3500 Psychology of Aging
- PSY 3367 Social Psychology
- PSY 4587 Health Psychology (Note: it is currently listed as elective – but is listed as PSY3387 Topics in Psychology- when offered with the subtitle Health Psychology).
- SOC 3090 Social & Ethical Issues in Health and Medicine

Alternative to completing 12 electives credits: Successful completion of an accredited Community Health Worker Certificate curriculum (this also fulfills the HLTH 3970 –Health Practicum)

Reason(s) for the change(s):
- Beneficial to students
- Aligns with societal needs
- Adapt to new courses offered at BSU
- Greater potential for employment

Note: In order to avoid hidden prerequisites, if a course is being dropped from this program (but not from the entire curriculum), please check for which remaining courses may include this dropped course as a prerequisite. Course prerequisites may be found in the online catalog (http://www.bemidjistate.edu/academics/catalog/). Remedies for hidden prerequisites may be found under Curriculum Forms at (http://www.bemidjistate.edu/faculty_staff/faculty_association/forms/).
Note: If a course from another department/program was either added to or dropped from this program, please notify the chair/coordinator of that course's department/program and indicate the following:

The course’s home department/program was notified of the addition or dropping of their course(s) on __________ (date) by __________________ (mail, email, or phone).

Please check one of the items below:

______ No comments were received from other programs or departments within one week of the notification.

__X__ Comments were received within one week of the notification, and are attached.

Note: If this is a joint program, the signatures of both department chairs (and both deans, if different colleges) must be provided.

Alert: Attach a copy of the current program showing the marked changes. Please copy the current program from the online catalog (http://www.bemidjistate.edu/academics/catalog/) and paste it into Word. Then use either the Track Changes feature under Tools, or the underline and strikethrough Font feature under Format. (Please note that the Track Changes feature may be easily switched on and off by holding down the Ctrl+Shift+E keys.)
Community Health, B.S. major

Required Credits: 61
Required GPA: 2.25

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
  or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credit)
- HLTH 2800 Multicultural Health in America (2 credits)
  or SOWK 2110 Intercultural Communications (3 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 3300 Physiology of Exercise and Nutrition (3 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
  or STAT 3660 Statistics for the Health Sciences (3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 3970 Internship: Practicum in Health (1-3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

COMPLETE 10-12 CREDITS OF THE FOLLOWING COURSE:

- HLTH 4970 Internship (1-12 credits)

II ELECTIVES

SELECT 12 CREDITS FROM THE FOLLOWING COURSES:

- BIOL 1300 Medical Terminology (2 credits)
- HLTH 2800 Multicultural Health in America (2 credits)
- HLTH 3400 Health and Drugs in Society (2 credits)
• INST 1107 Introduction to Turtle Island (3 credits)
  (or other INST prefix courses up to 6 credits)
• LEAD 3500 Theories and Contexts of Leadership (3 credits)
• PHED 1240 Skills for Life: Techniques of Neuromuscular Relaxation (1 credit)
• PHED 2200 A Lifestyle for Wellness (2 credits)
• PHED 3300 Physiology of Exercise and Nutrition (3 credits)
• PHED 4160 Advanced Fitness Assessment & Prescription-Aerobic (3 credits)
• PHED 4170 Advanced Principles for Strength and Speed Training Exercise (3 credits)
• PSY 2200 Human Sexuality (3 credits)
• PSY 3387 Topics in Psychology (1-4 credits)
  or PSY 4587 Topics in Psychology when offered as Health Psychology (3 credits)
• PSY 3500 Psychology of Aging (4 credits)
• PSY 3367 Social Psychology (3 credits)
• SOC 3090 Social & Ethical Issues in Health and Medicine (3 credits)

UP TO 6 CREDITS OF NURSING COURSES ACCEPTED; NOTE THAT MOST NRSG COURSES ARE FOR NURSING MAJORS ONLY

ALTERNATIVE TO COMPLETING THE 12 CREDITS OF ELECTIVES

• Successful completion of an accredited Community Health Worker Certificate curriculum (earning this credential also fulfills HLTH 3970-Internship: Practicum in Health).
(Clean Copy)

Community Health, B.S. major

Required Credits: 61
Required GPA: 2.25

I REQUIRED COURSES

COMPLETE THE FOLLOWING COURSES:

- BIOL 1110 Human Biology (4 credits)
- BIOL 2110 Human Anatomy and Physiology (5 credits)
  or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- HLTH 2100 First Aid and CPR/AED (1 credits)
- HLTH 2800 Multicultural Health in America (2 credits)
  or SOWK 2110 Intercultural Communication (3 credits)
- HLTH 3150 Theoretical and Ethical Foundations of Health (3 credits)
- HLTH 3200 Personal and Consumer Health (3 credits)
- HLTH 3300 Nutrition (3 credits)
- HLTH 3500 Community Health (3 credits)
- HLTH 3710 Disease Prevention and Epidemiology (3 credits)
- HLTH 4410 Health Programming (3 credits)
- PHED 1890 Lifetime Fitness (2 credits)
- PHED 4309 Legal Aspects of Sport, Health, and Fitness (3 credits)
- PSY 3401 Basic Statistics for Research (4 credits)
  or STAT 3660 Statistics for the Health Sciences (3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 3970 Internship: Practicum in Health (1-3 credits)

COMPLETE THE FOLLOWING COURSE:

- HLTH 4920 Directed Group Study: Health Seminar (1 credit)

COMPLETE 10-12 CREDITS OF THE FOLLOWING COURSE:

- HLTH 4970 Internship (1-12 credits)

II ELECTIVES

SELECT 12 CREDITS FROM THE FOLLOWING COURSES:

- BIOL 1300 Medical Terminology (2 credits)
• HLTH 3400 **Health and Drugs in Society** (2 credits)
• INST 1107 **Introduction to Turtle Island** (3 credits)
  (or other INST prefix courses up to 6 credits)
• LEAD 3500 **Theories and Contexts of Leadership** (3 credits)
• PHED 1240 **Skills for Life: Techniques of Neuromuscular Relaxation** (1 credit)
• PHED 2200 **A Lifestyle for Wellness** (2 credits)
• PHED 3300 **Physiology of Exercise and Nutrition** (3 credits)
• PHED 4160 **Advanced Fitness Assessment & Prescription-Aerobic** (3 credits)
• PHED 4170 **Advanced Principles for Strength and Speed Training Exercise** (3 credits)
• PSY 2200 **Human Sexuality** (3 credits)
• PSY 3387 **Topics in Psychology** (1-4 credits)
  or PSY 4587 **Topics in Psychology when offered as Health Psychology** (3 credits)
• PSY 3500 **Psychology of Aging** (4 credits)
• PSY 3367 **Social Psychology** (3 credits)
• SOC 3090 **Social & Ethical Issues in Health and Medicine** (3 credits)

UP TO 6 CREDITS OF NURSING COURSES ACCEPTED; NOTE THAT MOST NRSG COURSES ARE FOR NURSING MAJORS ONLY

ALTERNATIVE TO COMPLETING THE 12 CREDITS OF ELECTIVES

• Successful completion of an accredited **Community Health Worker Certificate** curriculum
  (earning this credential also fulfills HLTH 3970-Internship: Practicum in Health).
SUGGESTED SEMESTER SCHEDULE FOR COMMUNITY HEALTH MAJOR, B.S.

The following is a list of required Community Health Major, B.S. courses arranged by year. This schedule is intended to help students plan their courses in an orderly fashion; however, these are only suggestions and this schedule is flexible.

Freshman

- BIOL 1110 Human Biology
- HLTH 2100 First Aid and CPR/AED
- Liberal Education requirements

Sophomore

- BIOL 2110 Human Anatomy and Physiology or BIOL 1111 Anatomy and Physiology for Allied Health I (4 credits)
- PHED 1890 Lifetime Fitness
- HLTH 2800 Multicultural Health in America or SOWK 2110 Intercultural Communications
- HLTH 3150 Theoretical and Ethical Foundations of Health
- HLTH 3200 Personal and Consumer Health
- Complete Liberal Education requirements

Junior

- HLTH 3300 Nutrition
- HLTH 3500 Community Health
- HLTH 3710 Disease Prevention & Epidemiology
- HLTH 3970 Internship: Health Practicum
- PHED 3300 Physiology of Exercise and Nutrition
- PSY 3401 Basic Statistics for Research or STAT 3660 Statistics for the Health Sciences
- Major Electives

Senior

- HLTH 4410 Health Programming
- HLTH 4920 Directed Group Study: Health Seminar
- PHED 4309 Legal Aspects of Health, Sport, and Fitness
- HLTH 4970 Internship: Community Health
- Major Electives
BSU Curriculum Forms

Form 8
Updated: 09.18.15

Signatures

Dr. Jim White / Professor / 02.24.17
Proposer / Title / Date

Dr. Jim White / Chair of Department of Human Performance, Sport & Health / 02.24.17
Chair or Director / Department or Program / Date
Note: "All departmental recommendations [on curriculum] must be reviewed and approved by the department's faculty."--IFO/MnSCU Master Agreement 2009-2011, 20.A.3 (p. 80).

At this point, packet goes to Records Office/Curriculum Coordinator to be logged in to the Curriculum Proposal Progress Grid.

Troy Gilbertson / Dean of College of Health Sciences and Human Ecology
Dean / College / Date

Note: If proposal is sent back to the Proposer, please notify the Curriculum Coordinator. If approved, packet goes to Academic Affairs Office.
From: Laurie Desiderato
Sent: Wednesday, February 22, 2017 9:31 AM
To: James White <JWhite@bemidjistate.edu>
Subject: RE: community health

I would only suggest that the text looks like this:
PSY 3387 or PSY 4587 Topics in Psychology when offered as Health Psychology (3 credits)

Everything else looks super! Laurie

To: Laurie Desiderato <LDesiderato@bemidiistate.edu>
Subject: community health Hi

Laurie,

Attached is the revised outline of the proposed Community Health major. Let me know if you are ok or not ok with the proposed changes.

If you have any questions or concerns - let me know. Thanks,

Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP
Professor/Chair - Dept. of Human Performance, Sport and Health
Bemidji State University, Bemidji, MN 56601
1500 Birchmont Dr. NE #29
Office: PE 223
Phone: 1-218-755-2766
Fax:1-218-755-3098
Email: iwhite@bemidiistate.edu
Efolio page: http://iameswhite.efoliomn.com/Home
From: James White
Sent: Tuesday, February 21, 2017 1:38 PM
To: Dennis Lunt <DLunt@bemidjistate.edu>
Subject: RE: community health degree changes

Thanks Dennis.

Jim

From: Dennis Lunt
Sent: Tuesday, February 21, 2017 10:29 AM
To: James White <JWhite@bemidjistate.edu>
Subject: RE: community health degree changes

Hi Jim,

This looks like a great program to me; and I think LEAD 3500 is a good fit. Let me know if I can help. LEAD 3500 will typically be taught every fall.

Best, Dennis

Lunt

Assistant Professor
Director of Leadership Studies
Department of Humanities
Bemidji State University
1500 Birchmont Dr., Box #23
Bemidji, MN 56601
Office: Hagg-Sauer 313
218-755-2737

From: James White
Sent: Monday, February 20, 2017 3:34 PM

To: Dennis Lunt <DLunt@bemidjistate.edu>
Subject: community health degree changes

Hi Dennis,
I am attempting to finish up the paper work needed to change course requirements in our Community Health major. Per our phone discussion a little while ago, attached you will find the proposed addition of the LEAD 3500 - as an elective choice for this major. Please let me know if you are ok or not ok with what we are proposing.

Thanks,

Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP  
Professor/Chair - Dept. of Human Performance, Sport and Health  
Bemidji State University, Bemidji, MN 56601  
1500 Birchmont Dr. NE #29  
Office: PE 223  
Phone: 1-218-755-2766  
Fax:1-218-755-3098  
Email: iwhite@bemidji.state.edu  
Efolio page: http://iameswhite.efoliomn.com/Home

From: Sue Rickers  
Sent: Tuesday, February 21, 2017 12:40 PM  
To: James White <JWhite@bemidji.state.edu>  
Subject: RE: community health

Hi Jim,
Yes, this looks fine. I may need your support as I lobby for 2 sections of this course each semester.

Thanks,
Sue

From: James White  
Sent: Monday, February 20, 2017 3:27 PM  
To: Sue Rickers <SRickers@bemidji.state.edu>  
Subject: community health

Hi Sue,
I am attempting to finish up the paper work needed to change one of our Community Health major. Per our discussion and emails, attached you will find the proposed addition of the Social Work
course - Intercultural Communication as required course choice for the this major. Please let me
know if you are ok a not ok with what we are proposing.

Thanks,

Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP
Professor/Chair- Dept. of Human Performance, Sport and
Health Bemidji State University, Bemidji, MN 56601
1500 Birchmont Dr. NE #29
Office: PE 223
Phone: 1-218-755-2766
Fax:1-218-755-3098
Email: jwhite@bemidjistate.edu
Efolio page: http://jameswhite efoliomn com/Home

From: Wendy Potratz [mailto:Wendy.Potratz@ntcmn.edu]
Sent: Monday, February 20, 2017 3:55 PM To:
James White <JWhite@bemidjistate.edu>
Subject: RE: community health

Jim,

I am ok with what you have proposed. Good luck with the rest of the process.

Wendy Potratz, PhD, ATC, CHES
Community Health Worker
Program Northwest Technical
College
905 Grant Ave. SE
Bemidji, MN 56601
(218) 333-6648
Wendy.potratz@ntcmn.edu

"Nobody cores how much you know, until they know how much you core." -Theodore Roosevelt

From: James White [mailto.JWhite@bemidjistate.edu]
Sent: Monday, February 20, 2017 3:44 PM
To: Wendy Potratz <Wendy.Potratz@ntcmn.edu>
Subject: community health

Hi Wendy,

I am attempting to finish up the paper work needed to change course requirements in our Community Health major. Per our phone discussion a little while ago, attached you will find the language -with the credit for HLTH 3970-practicum waived -the Community Health Worker Certificate - as an alternative elective path for the this major. Please let me know if you are ok or not ok with what we are proposing.

Thanks,

Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP
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Email: iwhite@bemidiistate.edu
Efolio page: http://iameswhite.efoliomn.com/Home

From: Carla Norris-Raynbird
Sent: Monday, February 20, 2017 4:34 PM
To: James White
<JWhite@bemidjistate.edu> Subject: RE: community health degree

Hi James -yes - everything OK. But I wonder why you don't include Soc 3230 Social Psychology?

This would be a comparable course to the Psyc version - the lens is broader and more relationship oriented. But the topics are similar. Just a thought. We offer Soc Psyc every year as well...

From: James White
Sent: Monday, February 20, 2017 3:36 PM
To: Carla Norris-Raynbird <CNorrisRaynbird@bemidiistate.edu>
Subject: community health
degree

Hi Carla,

I am attempting to finish up the paper work needed to change course requirements in our Community Health major. Per our phone discussion a little while ago, attached you will find the proposed addition of the SOC 3090- as an elective choice for the this major. Please let me know if you are ok or not ok with what we are proposing.

Thanks,

Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP
Professor/Chair - Dept. of Human Performance, Sport and Health
Bemidji State University, Bemidji, MN 56601
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Efolio page: http://iameswhite.efoliomn.com/Home

From: Richard Koch
Sent: Wednesday, March 1, 2017 12:23 PM
To: Jim White <JWhite@bemidjistate.edu>
Subject: RE: change to the Community Health Major

Jim. Biology approves of the curriculum changes you have outlined in your Community Health Major that correspond to our BIOL 1930 (Nursing Anatomy and Physiology I). In particular adding BIOL 1930 as an alternative to BIOL 2110 (Human A&P) seems to be a viable and, in many cases, a preferred, option for your students. Note that this course is still has an experimental number, but will be upgraded to a regular course in the near future.

Thanks,
Rick

Richard W. Koch, PhD
Professor of Biology
Neilson-Cram Endowed Chair of Wetlands
Ecology Acting Chair, Department of Biology
Hi Rick,

See my question below. Wondering if you are ok with this change.

Thanks - I will call you to visit. Ji

Mark and Elizabeth,

I am attempting to finish up the paper work needed to change courses as part of our Community Health major. Mark-per our phone discussion from a little while back, - attached you will find the proposed addition of the BIOL course - Nursing Anatomy and Physiology I as required course choice for the this major. Reminder this major is small, with 8-12 students graduating each year. Please let me know if you are ok a not ok with what we are proposing.

Thanks- feel free to give me a call if you have questions, Jim

Jim White, Ph. D., C.S.C.S., ACSM-CCEP
Professor/Chair- Dept. of Human Performance, Sport and Health Bemidji State University, Bemidji, MN 56601
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