# Curriculum Proposal

**NRSG 18-19 #34**

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**New Course**

| 1.2 NRSG 3400 American Indian Health Issues & Nursing (3 credits) |

**Program Modification**

| 1.9 Nursing B.S. major RN to Baccalaureate Track |

| 1.12 Signatures |

BSU Curriculum Forms

Form 1

Curriculum Modification Summary

College: Individual and Community Health
Department: Nursing
Proposer: Tricia Cowan
Proposer’s position: Nursing department curriculum committee chairperson
Describe the modification(s) you propose, and how it (/they) will work to students’ advantage. (This description and explanation will be included in Curriculum Report packets forwarded to the Faculty Senate.):

Allow students to select which course best fits their needs for their degree requirements.

Modifications proposed (specify number of each):
____ Course Modification(s) (form 2)
___1___ New Course(s) (form 3)
_____ Course Drop(s) (form 4)
___1___ Program Modification(s) (form 5)
_____ New Program(s) (form 6)
_____ Program Drop(s) (form 7)
The modifications affect (check):
____ Liberal Education
___X___ Undergraduate Curriculum
_____ Graduate Curriculum
_____ Teacher Licensure Program(s)
BSU Curriculum Forms

Form 3
Updated: 9.19.15

New Course Form

Course Number: NRSG 3400
   Undergraduate: Yes
   Graduate: No

Course Title: American Indian Health Issues & Nursing

Course Description: Students will examine and analyze the health care issues that American Indians face in current times. Explore how the professional nurse may remedy the profound health disparities of American Indians. Prerequisite(s)/Co-requisite: NRSG 3100 in RN-BS track or completion of NRSG 2000 level courses in 4-yr track.

Credits: 3

Prerequisite(s)/Co-requisite:
   Undergraduate:
      Pre/Co-requisite: NRSG 3100 in RN-BS track or completion of NRSG 2000 level courses in 4-yr track.

   Graduate:

1. Reason(s) for creating this course: This course is currently offered as a nursing elective; NRSG 3920 DRG course. Making this a formal course will allow the nursing program to make a curriculum change which will allow students to select either NRSG 3150 OR NRSG 3400. This option is important so students can select the course that best fits their practice. Students will gain an awareness of Indian people such that it improves their practice. The objectives will serve them to meet Indian patients more holistically and respectfully, yet still applicable to any patient in their care.

2. How often will this course be offered? Each fall semester, when NRSG 3150 is also offered, and possibly summer

3. What are the student learning outcomes for the course (please precede each outcome with "Students will...")?
   1. The student will examine the historical and political context of American Indian health issues.
   2. The student will describe the beginnings of nursing for American Indians and the role of Indian Health System.
   3. The student will examine the various American Indian populations in the context of geography, environment, history and life circumstances.
4. The student will determine effective ways for to provide nursing and health care for American Indian populations, communities, and individuals / families.
5. The student will explore funding and nursing education as critical components of increasing health care options and access in Indian country.

4. What are the major content areas for the course?
   1. Indigenous America
   2. Nursing in American Indian Cultural Areas: Regional & Tribal Issues for Nurses
   3. Policy and Indian Country

5. Is this course repeatable for credit, and if so, what is the maximum number of credits that can be earned? No

6. If this course is intended primarily for off-campus delivery (not offered on campus), what delivery mechanism will be used? Online, asynchronous, via Brightspace

7. What is the projected maximum class size (cap)? 30

8. What qualified faculty will be available to teach this course? Dr. Mary Fairbanks, Dr. Misty Wilkie, Dr. Tricia Cowan

NOTE WELL: Department and dean, in approving this proposal, attest both to the adequacy of the qualifications of faculty here named, and to their availability to teach the course at the frequency specified above, without excessive overload or disruption to other curriculum.

9. What additional library and other resources need or should be provided for this course, that are not already available? None

10. What special personal property or service fee(s) would be charged to students taking this course? These charges would be for 1) items that are retained by the student and have an educational or personal value beyond the classroom, or 2) services that are on the student’s behalf (see MnSCU Board Policy 5.11).
    Amount per student: $ N/A
    For:

11. Attach a sample syllabus for the course. Note: if this course is double-numbered (u-grad/grad), the syllabus must include an additional component for graduate students.
Bemidji State University  
NRSG 3400 American Indian Health Issues & Nursing  
3 Credits

Contact Information:  
Instructor: _______________________________  
Office: _______________________________  
Office Hours: _______________________________  
Telephone: _______________________________  
E-mail: _______________________________

Course Description:  
Students will examine and analyze the health care issues that American Indians face in current times. Explore how the professional nurse may remedy the profound health disparities of American Indians.

Prerequisites/Co-Requisites:  
NRSG 3100 in RN-BS track or completion of NRSG 2000 level courses in 4-yr track.

Textbooks/Materials:  
Movie: Barking Waters (2009) Director Sterlin Harjo, available to rent on Amazon Prime, YouTube, iTunes and Google Play

Grading Standard:  
90–100 = A   80-89 = B   70-79 = C   60-69 = D   < 60 = F  
There is no rounding per Nursing policy (BSU Nursing Resource Manual)

Online Access Requirements  
- To be current on announcements or course information, student should:  
- Two to three times a week access and manage official BSU email account  
- Two to three times a week, access course and have timely participation in the learning system Desire-to-Learn (D2L) Brightspace  
- Have timely access and completion of other web sites and/or web-based activities as assigned

Learning Outcomes:  
Students will:  
1. Examine the historical and political context of American Indian health issues.  
2. Describe the beginnings of nursing for American Indians and the role of Indian Health System.  
3. Examine the various American Indian populations in the context of geography, environment, history and life circumstances.  
4. Determine effective ways for to provide nursing and health care for American Indian populations, communities, and individuals / families.
5. Explore funding and nursing education as critical components of increasing health care options and access in Indian country.

Major Content Areas:
1. Indigenous America
2. Nursing in American Indian Cultural Areas: Regional & Tribal Issues for Nurses
3. Policy and Indian Country

Teaching/Learning Methods:
- Reading: mainly course textbook, also scholarly articles and professional reports and websites
- Videos: various types of online videos to augment readings
- Talking Circle as our online discussion: shared information mainly between students with regular comments by instructor.
- Problem solving exercises - writing assignments

Outline/Assignments:
- Discussions ~ Talking Circles - 35%
- Cultural Assessment Essay - 15%
  This assignment will assist the student to incorporate cultural needs and beliefs into nursing practice in order to provide culturally competent care that is individualized for the patient and appropriate to the patient's needs.
- Problem Solving Exercises
  - American Indian Health issue paper & short presentation - 25%
    To support professional growth in sharing information on an American Indian health and nursing issue. To gain a knowledge and understanding to improve nursing practice with American Indians. Presenting and getting peer feedback is important for expanding your nursing practice in the context of critical thinking, scholarship development, teaching and professional reflection.
  - Tribal Group Collection Work Sheet – 15%
    To collect relevant information on various tribal groups and for your use as a future reference in your nursing practice.
- Synthesis of Learning – 10%
  To reflect on what the student has learned in the course related to the course objectives and learning activities. Reflection is the last element of knowledge and learning.

The grading in this course has “weighted” scoring. Each assignment is a percentage of the total weight of the course. The total for the course is 100%. See the Grades area in the course in D2L for the points and weight of each assignment.

See D2L Brightspace Content for details on assignments and the Projected Course
Schedule.

Topics/Schedule:

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>Introductions &amp; overview</td>
</tr>
<tr>
<td>Week 2</td>
<td>History pre-contact Indigenous North America</td>
</tr>
<tr>
<td>Week 3</td>
<td>History post-contact, sovereignty and health</td>
</tr>
<tr>
<td>Week 4</td>
<td>Roots of American Indian Nursing</td>
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<td>Week 5</td>
<td>Indian health system and nursing</td>
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<tr>
<td>Week 6</td>
<td>Indigenous knowledge &amp; traditional approaches to health &amp; healing</td>
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<tr>
<td>Week 7</td>
<td>AI/AN Elders</td>
</tr>
<tr>
<td>Week 8</td>
<td>Northeastern and Southeastern woodlands</td>
</tr>
<tr>
<td>Week 9</td>
<td>Great Basin</td>
</tr>
<tr>
<td>Week 10</td>
<td>California Indians</td>
</tr>
<tr>
<td>Week 11</td>
<td>Pacific Northwest/Plateau</td>
</tr>
<tr>
<td>Week 12</td>
<td>Alaska</td>
</tr>
<tr>
<td>Week 13</td>
<td>Northern Great Plains</td>
</tr>
<tr>
<td>Week 14</td>
<td>Indian health funding &amp; the future of nursing in Indian country</td>
</tr>
<tr>
<td>Week 15</td>
<td>Reflection of learning</td>
</tr>
</tbody>
</table>

Time expectations:

Time spent on class is asynchronous online. For every credit, student should estimate spending three to four hours per credit per week on learning activities. This course is three credits so the time spent per week on learning activities is 9 to 12 hours.

<table>
<thead>
<tr>
<th>Instruction Delivery Mode</th>
<th>Hours of in class “Seat Time” per credit</th>
<th>Expected hours of course work outside of class per credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture</td>
<td>1 hour/credit/week for 15 weeks</td>
<td>2 hours/credit/week for 15 weeks</td>
</tr>
<tr>
<td>Lab</td>
<td>2 hours/credit/week for 15 weeks</td>
<td>1 hours/credit/week for 15 weeks</td>
</tr>
<tr>
<td>Internships/Practicums</td>
<td>3 hours/credit/week for 15 weeks</td>
<td>As required</td>
</tr>
<tr>
<td>Online</td>
<td></td>
<td>3 hours/credit/week for 15 weeks</td>
</tr>
</tbody>
</table>

Hybrid courses and courses offered in condensed formats need to make appropriate adjustments. See Minnesota State Policies/Procedure 3.36/3.36.1

Course Policies:

Please refer to your BSU Department of Nursing Resource Manual at http://www.bemidjistate.edu/academics/departments/nursing/publications/ and the BSU Student Handbook at http://www.bemidjistate.edu/students/guide/ for academic and department policies. You are strongly encouraged to refer to these documents as needed, especially concerning grading and attendance.

Communications:

It is the policy of BSU that communications between the University and University students shall be done using University assigned email addresses. It shall be the...
responsibility of each student to monitor the University assigned email account for communications from the University (including faculty).
NOTE: When using email for contact with instructor, include the course number and section in the message. You may expect a response to your communications to faculty within 48 hours during the workweek. Please do not expect faculty responses during the weekends.

**Social Media Policy:**
BSU respects the right of students/staff to participate in social media; however, the integrity and reputation must be consistent with BSU’s School of Nursing’s mission, and core values. This applies to BSU nursing students when using social media while at work, home, or campus. Student’s/Staff using social media shall not:
- Disclose BSU entities’, patients’, or affiliates confidential information, or personal health information
- Disclose location, facility type, or any demographic identifier of clinical or capstone
Please refer to the Nursing Students’ Resource Manual for the full policy. Link is found in D2L Brightspace Content.

**Academic Integrity:**
BSU students are expected to practice the highest standards of ethics, honesty and integrity in all of their academic work. Any form of academic dishonesty (e.g., plagiarism, cheating and misrepresentation) may result in disciplinary action. Possible disciplinary actions may include failure for part or an entire course as well as suspension from the University. It is suggested that students review BSU’s statement on academic integrity found within the Student Code of Conduct.

**Disruptive Behavior in the Classroom:**
We at Bemidji State University believe the classroom is an environment where civility, human dignity and respect is maintained. Any variation from this for example yelling or saying profanity at an instructor or another person in the classroom, or any other loud, lewd, belligerent or obnoxious behavior resulting in a disruption from teaching, and learning are violations of the Code of Conduct and will not be tolerated. If this occurs, you will be asked to leave the classroom not to return until you meet with the University Conduct Officer and you could be subject to a judicial hearing.

**Extended Leave Procedure:**
If student has to be away from class from an extended period of time (more than two class sessions) for medical emergencies or a funeral, you are asked to contact the Student Life and Success Office where a leave notice will be given to your faculty. This notice informs the faculty of your departure and return date back to campus. This leave does not absolve you from any assignment you have due during your leave. You are to make arrangements with your instructors of when to complete any assignments due during the leave period. You can complete a leave form as this website [https://www.bemidjistate.edu/offices/student-life-success/extended-absence/](https://www.bemidjistate.edu/offices/student-life-success/extended-absence/)
Students with Special Needs:
BSU is committed to making all educational programs, course materials, services and activities sponsored by the University accessible to individuals with disabilities. Students requesting accommodations due to a disability or other need for access should contact Accessibility Services as soon as possible. Accessibility Services is located at Decker Hall 202. PH: 218.755.3883 or email: accessibility@bemidjistate.edu. This information is also available through Minnesota Relay Services at 800.627.3529.

Tutor.com:
The Minnesota State system has updated the online tutoring service available to our students. We are now partnering with Tutor.com to offer 24/7 online tutoring, which will connect students with an expert tutor for extra assistance one-on-one. Online tutoring services can be accessed through the main page in D2L and your course page, by clicking on the tutor.com link, located in the “HelpLinks” menu. **All students will receive 15 hours of tutoring at no cost.** Tutoring services cover a variety of subject areas including math, writing, accounting, economics, biology, languages and nursing. Additional time may be purchased by students directly through tutor.com.

Mental Health and Counseling:
Students may experience mental health concerns or stressful events that may lead to diminished academic performance. The Student Center for Health & Counseling is available to assist you with concerns and can include stress relief services. They can be reached in Cedar Hall, First Floor. Phone: (218) 755-2053.

Accessibility statement:
Upon request this document can be made available in alternate formats. Please contact Accessibility Services at 755-3883.
BSU Curriculum Forms

Form 5

Program Modification Form

Program to be modified: Nursing B.S. major RN to Baccalaureate Track

List all proposed change(s): Change NRSG 3920 American Indian Health Issues & Nursing to NRSG 3400 American Indian Health Issues & Nursing.

Allow students to select either NRSG 3150 Integrative & Cultural Nursing OR NRSG 3400 American Indian Health Issues & Nursing to fulfill degree requirements.

Reason(s) for the change(s): Students will gain an awareness of Indian people such that it improves their practice. The objectives will serve them to meet Indian patients more holistically and respectfully, yet still applicable to any patient in their care.

Note: In order to avoid hidden prerequisites, if a course is being dropped from this program (but not from the entire curriculum), please check for which remaining courses may include this dropped course as a prerequisite. Course prerequisites may be found in the online catalog (http://www.bemidjistate.edu/academics/catalog/). Remedies for hidden prerequisites may be found under Curriculum Forms at (http://www.bemidjistate.edu/faculty_staff/faculty_association/forms/).

Note: If a course from another department/program was either added to or dropped from this program, please notify the chair/coordinator of that course's department/program and indicate the following:
The course’s home department/program was notified of the addition or dropping of their course(s) on __________ (date) by _____________________ (mail, email, or phone).

Please check one of the items below:
______ No comments were received from other programs or departments within one week of the notification.
______ Comments were received within one week of the notification, and are attached.

Note: If this is a joint program, the signatures of both department chairs (and both deans, if different colleges) must be provided.

Alert: Attach a copy of the current program showing the marked changes. Please copy the current program from the online catalog (http://www.bemidjistate.edu/academics/catalog/) and paste it into Word. Then use either the Track Changes feature under Tools, or the underline and strikethrough Font feature under Format. (Please note that the Track Changes feature may be easily switched on and off by holding down the Ctrl+Shift+E keys.)
Nursing, B.S. major
RN To Baccalaureate Track
Required Credits: 36
Required GPA: 2.25

I ADMISSION TO THE MAJOR
Lower division preparation in nursing is required prior to submitting an application for the major.

Applicants must:

* Be a graduate of a state approved associate degree or diploma nursing program with a cumulative transfer GPA of 2.50

* Be licensed to practice as a registered nurse in the United States (Minnesota or state in which the student resides.) Students may apply and be previously accepted before completing the licensure exam. Full admission to the program requires unencumbered licensure.

* Be formally admitted to Bemidji State University via the Admissions Office.

II PROGRESSION
All individual nursing courses applied to the upper division major requirements must reflect a letter grade of C or better.

III REQUIRED NURSING COURSES
COMPLETE THE FOLLOWING COURSES:
• NRSG 3100 Concepts of Nursing and Health Care (3 credits)
• NRSG 3140 Advanced Health Assessment (3 credits)
• NRSG 3150 Integrative and Cultural Nursing (3 credits)
  or NRSG 3400 American Indian Health Issues & Nursing (3 credits)
• NRSG 3200 Health Education in Nursing Practice (3 credits)
• NRSG 3240 Information Management and Collaborative Communication (3 credits)
• NRSG 3300 Health Care Policy, Finance, and Regulatory Environments (3 credits)
• NRSG 4101 Nursing Research RN-BS (3 credits)
• NRSG 4116 Community and Family Health Nursing (4 credits)
• NRSG 4120 Nursing Practicum: Community (3 credits)
• NRSG 4210 Nursing Leadership and Management RN-BS (3 credits)
• NRSG 4240 Evidence, Practice, and Profession (3 credits)

COMPLETE ONE OF THE FOLLOWING COURSE FOR TWO CREDITS:
• NRSG 3920 Directed Group Study (1-4 credits)

SUGGESTED PART-TIME SEMESTER SCHEDULE FOR NURSING
MAJOR, B.S.

Fall Semester
• NRSG 3100 Concepts of Nursing and Health Care (3 credits)
• NRSG 3140 Advanced Health Assessment (3 credits)
  or NRSG 3200 Health Education in Nursing Practice (3 credits)
• NRSG 3150 Integrative and Cultural Nursing (3 credits)
  or NRSG 3400 American Indian Health Issues & Nursing (3 credits)

Spring Semester
• NRSG 3300 Health Care Policy, Finance, and Regulatory Environments
  (3 credits)
  or NRSG 3140 Advanced Health Assessment (3 credits)
• NRSG 3240 Information Management and Collaborative Communication (3 credits)
• NRSG 4101 Nursing Research RN-BS (3 credits)

Summer Semester
• NRSG 3200 Health Education in Nursing Practice (3 credits)
  or NRSG 3300 Health Care Policy, Finance, and Regulatory Environments
  (3 credits)
• NRSG 3920 Directed Group Study (1-4 credits)

Fall Semester
• NRSG 4116 Community and Family Health Nursing (4 credits)
• NRSG 4120 Nursing Practicum: Community (3 credits)

Spring Semester
• NRSG 4210 Nursing Leadership and Management RN-BS (3 credits)
• NRSG 4240 Evidence, Practice, and Profession (3 credits)

A full time program includes one Fall semester (all Fall courses as above) and one Spring semester (all Spring courses as above), followed by Summer courses as above.
BSU Curriculum Forms

Form 8
Updated: 09.18.15

Signatures

Tricia Cowan / Curriculum Committee Chair / 02.12.19
Proposer / Title / Date

Marci Maple / Nursing / 02.12.19
Chair or Director / Department or Program / Date
Note: "All departmental recommendations [on curriculum] must be reviewed and approved by the department's faculty."--IFO/MnSCU Master Agreement 2009-2011, 20.A.3 (p. 80).

At this point, packet goes to Records Office/Curriculum Coordinator to be logged in to the Curriculum Proposal Progress Grid.

Joseph M Ritter / Individual and Community Health / 02.18.19
Dean / College / Date

Note: If proposal is sent back to the Proposer, please notify the Curriculum Coordinator. If approved, packet goes to Academic Affairs Office.