



Bemidji State University  
invites applications for the position of:

## Assistant Strength & Conditioning Coach

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### MSUAASF JOB POSTING

**OPENING DATE:** March 4, 2024

**CLOSING DATE:** Tuesday, April 2, 2024, at 11:59 p.m.

**POSITION LOCATION:** Athletics Department – Bemidji State University Campus

**JOB TYPE / SCHEDULE:** Unlimited / Full-time / Exempt

**PAY / SALARY RANGE:** Depends on Qualifications; Range B (\$37,943 - \$76,732)

**BEMIDJI STATE UNIVERSITY (BSU)** invites applicants to join our team as an **Assistant Strength & Conditioning Coach**. BSU's vision is to educate people to lead inspired lives. To accomplish BSU's vision, the University prioritizes creating a culture in which diversity is embraced and all people are safe, welcome, and validated. Centered between the three largest Tribal nations in Minnesota – Leech Lake, Red Lake and White Earth – BSU also prioritizes increasing engagement with American Indian communities to become a destination university.

Enrolling around 4,000 students, BSU offers more than 70 undergraduate majors and nine graduate degrees encompassing arts, sciences and select professional programs. BSU is a member of the Minnesota State system of colleges and universities and has a faculty and staff of more than 500. BSU's [Shared Fundamental Values](#) include civic engagement and leadership, international and multicultural understanding, belief in the power of the liberal arts, and environmental stewardship. BSU is located amid the lakes and forests of northern Minnesota and occupies a wooded campus along the shore of Lake Bemidji. BSU balances rigorous academia with the opportunity to enjoy a fun, robust, outdoor culture. The proximity to the lake and the surrounding north woods allows easy access to an assortment of recreation.

The **Assistant Strength & Conditioning Coach** is responsible for assisting the Head Strength & Conditioning Coach in all aspects of the strength and conditioning/weight training program for the institution's NCAA Division I & II men's and women's intercollegiate athletics teams.

#### Responsibilities of the Assistant Strength & Conditioning Coach include:

- Establishing individual and team strength training and conditioning programs for all assigned sports teams and student-athletes  
**Percent of Time: 60%**
- Counseling and advising coaching staff and student-athletes on various components of the strength and conditioning program.  
**Percentage of Time: 30%**

- Managing intercollegiate athletic strengths and conditioning equipment.  
**Percentage of Time: 10%**

**Minimum qualifications for this position include:**

- Bachelor's degree in Kinesiology, Exercise Science, or a related field plus one (1) year of professional experience in a content-specific field or two (2) years of professional experience in a content-specific field or an equivalent combination of post-secondary training, education and/or professional experience.
- Professional certification through the National Strength & Conditioning Association (NSCA) as a Certified Strength & Conditioning Specialist (CSCS) or through the Collegiate Strength & Conditioning Coaches Association (CSCCA) as a Strength & Conditioning Coach Certified (SCCC).
- Certified in First Aid/CPR and AED.
- Experience programming and running team strength and conditioning programs in a competitive environment.
- Knowledge of human anatomy and physiology, injury-risk mitigation strategies, and nutritional aspects of exercise and performance.
- Commitment to professional development and responsibility.
- Strong interpersonal and communication skills.
- A demonstrated commitment to the principles of diversity, equity, inclusion, and anti-racism.

**Preferred qualifications include:**

- Master's degree in a related field.
- Experience programming and running team strength and conditioning programs within intercollegiate athletics.

**To facilitate the review, assessment, and evaluation process, please ensure that your application and/or resume clearly demonstrate fulfillment of these required and preferred qualifications.**

**Other considerations:**

- All applicants must be able to lawfully accept employment in the United States at the time of an offer of employment.
- Official transcript(s) must be provided to Human Resources upon hire.
- Employment for this position is covered by the collective bargaining agreement for the Minnesota State University Associate of Administrative and Service Faculty (MSUAASF) – [see agreement](#).
- In accordance with the Minnesota State Colleges and Universities (MinnState) Vehicle Fleet Safety Program, faculty and staff driving on college/university business, who use a rental or state vehicle, shall be required to complete a vehicle Use Agreement form and conform to MinnState's vehicle use criteria and consent to a motor vehicle records check.
- BSU is a tobacco free workplace ([see policy](#)).

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**APPLY ONLINE:** <https://bemidjistate.peopleadmin.com/>

**A complete application will include the following attachments:**

- Cover letter, which addresses the required qualifications and your specific interest in working at BSU.
- Resume / Curriculum Vitae.

**Inquiries about the position:**

Brittany Lauritsen, Director of Athletics

Email: [brittany.lauritsen@bemidjistate.edu](mailto:brittany.lauritsen@bemidjistate.edu)

If you have general questions about this posting or submitting an application, contact Mary Miller at [mary.miller@bemidjistate.edu](mailto:mary.miller@bemidjistate.edu)

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All employees must comply with department and institution procedures and policies, MinnState policies and procedures, as well as local, state and federal laws, regulations, guidelines and business and industry standards.

*This description is intended to indicate the kinds of tasks and level of work difficulty required of the position. It is not intended to limit or modify the right of any supervisor to assign, direct and control the work of employees under his/her supervision. The use of a particular expression or illustration describing duties shall not be held to exclude other duties not mentioned that are of similar level of difficulty.*

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**UNIVERSITY / COMMUNITY  
WHY BEMIDJI:**

Bemidji State University is nestled among the pines along the shores of Lake Bemidji, just blocks from a thriving downtown community. In this Northwoods setting, students, staff, and faculty have a variety of activities at their fingertips. Possessing all the charm and character of a college town, Bemidji remains a tight-knit community of good neighbors and engaged citizens who always come out to cheer for the Beavers. While the city of Bemidji — named after the Ojibwe Chief Shaynowishkung (nicknamed Bemidji) — is home to a diverse population of more than 15,000 people, it serves a regional population of more than 100,000.

Though quaint and historic, the city offers the urban conveniences upon which college students rely. Bemidji State is conveniently located minutes away from affordable restaurants, cozy coffee shops, grocery stores, city parks and more. Small, locally owned shops and art sculptures line the streets of downtown Bemidji, while national chains can be found in and around the Bemidji area, including an uptown selection of department stores and restaurants. Students at Bemidji State University have the opportunity to experience a dynamic local culture and history. Bemidji also sits at the center of the legends of Paul Bunyan and Babe the Blue Ox. The famous statues of Paul and Babe greet students as they drive in from the south along Lake Bemidji.

The thriving downtown community presents ample opportunities for engagement off-campus. Among other things, there are fine-dining restaurants, cafes, and a natural foods co-op in downtown Bemidji. The historic Paul Bunyan Playhouse has a calendar of classic shows; restaurants and lounges offer weekly live music performances; the First Friday Art Walk provides a tour of new monthly art exhibits; and annual events such as the Loop the Lake Festival, the Dragon Boat Festival, the Blue Ox Marathon, Bemidji Winterfest, and The Minnesota Finlandia bring the community together.

For those who love the outdoors, there are wooded, multi-use trail systems within minutes of campus and community parks with walking trails, playgrounds and a skate park. Lake Bemidji State Park and its miles of navigable trails is located directly across the lake from BSU, and the Buena Vista Ski Area — just 12 miles north of campus — offers downhill skiing and BSU-sponsored student transportation in the winter months. Further, the Mississippi River Headwaters is a mere 45 minutes from Bemidji.

**For further information [About BSU](http://www.bemidjistate.edu) visit our website at <http://www.bemidjistate.edu>.**

Review a "special report on how this former lumber town has rebuilt itself as a high-speed, regional center of enterprise" at [Bemidji 2.0](#)

**Other Resources:**

- Visit Bemidji – <https://www.visitbemidji.com/>
  - 218 Relocate / Greater Bemidji – <https://www.218relocate.com/>
  - Bemidji Area Chamber of Commerce – <https://www.bemidji.org/>
  - Explore Minnesota – <https://www.exploreminnesota.com/article/top-things-to-do-bemidji>
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**Statement of Notice**

Bemidji State University prohibits discrimination and sexual violence of any kind. Contact the Title IX Coordinator if you have concerns regarding discrimination and/or sexual violence.

Per [Minnesota State System Procedure 1B.3.1](#), all universities and colleges must provide contact information of their Title IX Coordinator.

Megan Zothman, Campus Human Resources Officer & Title IX Coordinator

Email: [TitleIX@bemidjistate.edu](mailto:TitleIX@bemidjistate.edu) or [Megan.Zothman@BemidjiState.edu](mailto:Megan.Zothman@BemidjiState.edu)

Phone: (218) 755-2502

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