Bemidji State University COVID-19 Back-to-Campus Preparedness Plan Addendum

– Bemidji State Volleyball Individual Workouts (in/outdoor)

Screening and policies for those exhibiting signs and symptoms of COVID-19

1) Students will be required to fill out a COVID-19 screening questionnaire from athletic training prior to their first return to campus to assess previous infection status/contacts with individuals (attached to this document). If there is a red flag answer student will be referred to team physician for further evaluation.

2) Staff will direct students to enter thru the 19th street entrance of the John Glas Field House. Staff will let them in and they will be asked about symptoms as well as have a temperature check with non-contact infrared thermometer before they begin activity. This will be documented on a daily check in screening form (attached to this document) or online via our documentation software (Athletic Trainer Systems).

3) Temperatures above 99 degrees will be retaken, if elevated temp above 100 degrees remains, this will be considered a positive temp check and student/staff will be sent home. If student/staff has a sunburn and elevated temp the testing site can be altered to the area behind the ear.

4) If symptoms are present that student/staff will not be allowed to enter the ATR and will be directed to Sanford Health for testing.

5) Employees will follow the normal process of informing supervisors if they are sick or experiencing symptoms while at home or work. Students should inform their athletic trainer.

6) The policy of Bemidji State University is to follow Minnesota Department of Health and local health department guidance and direction on informing workers if they have been exposed to a person with COVID-19 on campus and requiring them to quarantine for the required amount of time.

Social distancing

Social distancing is being implemented on campus through the following engineering and administrative controls:

1. Minimize groups to under 10 per court, including coaches.
2. Limit team huddles or contact within 6 feet.
3. Personal supplies (eg. water bottle, towels) will be provided by the athlete and stored in separate locations.
4. Players will bring their own hand sanitizer for use before, during, and after sessions.
5. If concerns arise about player safety, they will address their concerns to the coaching staff or administrative staff.

**Housekeeping**

1. Staff and players will sanitize or wash hands before and after activity.
2. Our indoor volleyball equipment will be disinfected after each session approved disinfecting wipes.
3. The nets and posts and sand are outdoors and are maintained by campus housing.
4. Locker rooms will not be available for student use before or after activity.

**Certification**

This plan has been certified by Bemidji State University leadership and was shared and posted throughout the campus community June 25th. It will be updated as necessary.

Certified by:

Faith C. Hensrud

*Bemidji State University President*
Appendix A – Guidance for developing a COVID-19 Preparedness Plan

General

www.cdc.gov/coronavirus/2019-ncov

www.health.state.mn.us/diseases/coronavirus

www.osha.gov

www.dli.mn.gov

Handwashing

www.cdc.gov/handwashing/when-how-handwashing.html

www.cdc.gov/handwashing

https://youtu.be/d914EnpU4Fo

Respiratory etiquette: Cover your cough or sneeze


www.health.state.mn.us/diseases/coronavirus/prevention.html

www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

Social distancing


www.health.state.mn.us/diseases/coronavirus/businesses.html

Housekeeping


www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2


Operating Instruction on Campus Management and Cleaning to Slow the Spread of Coronavirus Disease 2019 (COVID-19) in Minnesota State, April 2, 2020

Employees exhibiting signs and symptoms of COVID-19


www.health.state.mn.us/diseases/coronavirus/basics.html

Training

www.health.state.mn.us/diseases/coronavirus/about.pdf


www.osha.gov/Publications/OSHA3990.pdf