

# LOGAN TORMA - PERSONAL TRAINER

TRAIN ON TIME THAT FITS  
**YOUR SCHEDULE**

NEW TO FITNESS? NO WORRIES, WE  
START WHEREVER YOU ARE AND BUILD  
YOU UP FROM THERE

**NOT SURE HOW TO START?**

EMAIL OR TEXT ME TO SET UP A  
**FREE CONSULT.** LET'S CHAT ABOUT  
YOUR GOALS AND HOW WE CAN  
MAKE FITNESS FIT INTO YOUR LIFE!



- ISSA CERTIFIED PERSONAL TRAINER
- ISSA CERTIFIED STRENGTH AND  
CONDITIONING SPECIALIST

EMAIL: [LOGANTORMA1@GMAIL.COM](mailto:LOGANTORMA1@GMAIL.COM)  
PHONE: 218-255-4754

**FIRST SESSION**

**50% OFF (\$25)**