

Using Your Strengths to Achieve Success: Consistency

You are keenly aware of the need to treat people the same. You try to treat everyone in the world with consistency by setting up clear rules and adhering to them. Your talent is valuable because you can more easily recognize inconsistencies, and can readily suggest changes that can create a more equitable world.



CAREER SERVICES

Applying to Academics

General Academic Life

- Seek professors who set the same clear expectations for everyone in the class. Make sure that you know exactly what is required to earn the grades you desire.
- Learn precisely how class participation, research, laboratory work, presentations, and examinations will be factored into your final grade for the course.
- Inform others that routines are important to your success. Explain how they lend an air of familiarity to all the coursework in your major area of study.

Study Techniques

- Anticipate what you need to do to earn the grade you want in each class. Set up and adhere to a study routine. Realize that you excel when your life has a rhythm to it.
- Make a habit of studying at the same time each day. Designate a specific study area and equip it appropriately. Replenish supplies on a specific day of the week.

Relationships

- Understand that your predictability makes you a valuable study buddy. Partner with classmates whose need for routines and processes mirror your own.
- Inform people about your need for uniformity. Help them understand how they can benefit from consistency.

Extracurricular Activities

- Join clubs and teams known for their adherence to practice and rehearsal schedules.
- Help with special events that have a long history of doing things the same way from one year to the next.

Applying to Major/Career Path

- Research roles in quality assurance, risk management, safety compliance, law enforcement, and human resource analysis.

Using Your Strengths to Achieve Success: Consistency

You are keenly aware of the need to treat people the same. You try to treat everyone in the world with consistency by setting up clear rules and adhering to them. Your talent is valuable because you can more easily recognize inconsistencies, and can readily suggest changes that can create a more equitable world.



CAREER SERVICES

Apply to Job Search

In the Job Search

- Your consistency helps you establish everyday routine for working on the job search. You can make a list of the rules by which you can live. These rules might be based on certain values that you have or on certain policies that you consider “non-negotiable.”
 - Search for careers that match your values, personality, and skills. Consider careers that require adhering to a clear set of regulations, particularly where you have to enforce those rules. Leadership positions may be an option as well because treating others fairly is a strong value you hold.
 - Tips: Search for jobs that are in line with the skills and experiences you already have, thus increasing your confidence in job choices. If this is not an option, try to find jobs where your skills can be transferred to the new position; this can also increase your confidence.
- In the job interviews you are comfortable showcasing your authentic self by being the same steady person to everyone you meet. Your confidence comes across to the interviewer when you already know that the job matches your values system.
 - Tips: Don't always play it safe; occasionally, step outside your comfort zone to new job opportunities if they are offered.

Apply to Careers

In the New Position

- Your consistency will allow you to understand the history and culture of an organization, quickly. Use this to understand your fit in the future of the company.
- Remember to stay open to new possibilities within the company. Do not let your consistency keep you from adapting to changes in the workplace or looking for ways to revise rules if necessary.

In the Interview

- You can highlight your ability to sort through information and come to equitable decisions quickly.