Career Outlook 2018: Exercise Science

Exercise Science Programs Available at Bemidji State University:

Major: Exercise Science (B.S.)  Minor: Human Performance

Fields of Emphasis: Fitness Leadership and Promotion; Medical Fitness

Department Website: http://www.bemidjistate.edu/academics/departments/human-performance-sport-health/

EMPLOYMENT AREAS AND PROJECTED DEMAND:
The "Occupational Outlook Handbook" (OOH) reports fitness trainers and instructors held about 299,200 jobs in 2016. About 59% of all personal trainers and group exercise instructors worked in fitness and recreational sports centers, including health clubs. Another 11% worked in civic and social organizations. About 11% of fitness workers were self-employed. Many fitness jobs are part time, and many workers hold multiple jobs, teaching or doing personal training at several different fitness centers and at clients' homes. OOH reports that the national demand of fitness trainers is expected to grow faster than average through 2026, with people established in their career generally earning between $19,150 and $72,980 per year. The median pay in 2016 was $38,160 per year.

PLACEMENT INFORMATION FOR EXERCISE SCIENCE GRADUATES:
Of the Bemidji State University 2015-2016 Exercise Science graduates seeking employment, 72.7% obtained related employment within one year of graduation. Also, of the 2015-2016 Exercise Science graduates from Bemidji State University, 37.9% reported continuing their education. This does not include students who were not seeking employment, unavailable, or had unknown status.

PARTIAL LIST OF EMPLOYERS WHO HAVE HIRED BSU EXERCISE SCIENCE GRADUATES*:
(This list only includes employment within one year of graduation.)

- Acceleration Northwest    Trainer      Plymouth, MN
- Austin Diagnostic Clinic   Business Associate  Austin, TX
- Choice Therapy x2         Therapist        Bemidji, MN
- HealthSource Chiropractic Front Desk Manager/ Chiropractic Assistant Shoreview, MN
- PhysAssist Scribes, Inc.  Medical Scribe    Bemidji, MN
- Sanford Health            Medic          Bemidji, MN
- Sanford Health            Sanford POWER    Bemidji, MN
- University of Minnesota Physicians Intake Representative Minneapolis, MN

COLLEGES AND UNIVERSITIES BSU EXERCISE SCIENCE GRADUATES HAVE GONE TO CONTINUE THEIR EDUCATION:

- American College of Sports Medicine, Indianapolis, IN
- Arizona State University, Tempe, MN
- Bemidji State University, Bemidji, MN
- Central Lakes College, Brainerd, MN
- Minnesota State University Mankato, Mankato, MN
- Northwest Technical College, Bemidji, MN
- Northwestern Health Sciences University, Bloomington, MN
- Nova Southeastern University, Ft Lauderdale, FL
- University of Alaska Anchorage, Anchorage, AK
- University Of North Dakota, Grand Forks, ND

*Bachelor of Science degrees alone do not get students jobs. Internships, summer jobs, volunteer work, part-time jobs, work-study positions, and active participation in student organizations on campus are all ways to become more competitive in a tight job market.

Bibliography:

Annual Graduate Follow-Up Study 2015-2016. Bemidji State University, Bemidji, MN (2018)
Bemidji State University Undergraduate Catalog 2017-2018. Bemidji State University, Bemidji, MN (2017)

For more information, contact Career Services; Decker Hall/218-755-2038/career@bemidjistate.edu

For more job listings please visit:

http://www.bemidjistate.edu/students/services/career/job_search/jobs/

A member of the colleges and universities of Minnesota State, Bemidji State University is an affirmative action, equal opportunity educator and employer. This document is available in alternative formats to individuals with disabilities by calling 1-800-475-2001 or 218-755-3883.