## Using Your Strengths to Achieve Success: Achiever

You have a great deal of stamina, work hard, and find satisfaction in being busy and productive. Your talent is valued because it helps you remain motivated to push for higher and higher levels of excellence. You won't rest until you reach your most highly desired goals-but they must be your own goals.



# **CAREER SERVICES**

# Applying to Academics

### General Academic Life

- Set at least one clearly defined and measurable goal for each of your courses at the beginning of the term. Document your progress toward every objective in an academic-achievement journal.
- Set one or two "stretch" targets, such as earning a specific grade point average, winning honors status, or being named to the dean's list.
- Seek opportunities to apply several of the ideas and concepts you have learned. Address groups and conduct demonstrations so others can benefit from what you know.

## Study Techniques

- Review your goals-achievement log. Look for evidence that you are progressing toward your objectives. Outline the steps you took to acquire one particular skill or master one key concept.
- List everything you must do to prepare for a test, complete a project, conduct research, or finish an assignment. Prioritize activities. Set a deadline for each one. Then methodically carry out your plan.

## Relationships

 Seek opportunities to work with professors on research projects, laboratory experiments, and writing for publications.

### Extracurricular Activities

- Join clubs that have members who share your strong work ethic.
- Advance toward your academic and career goals by enrolling in rigorous classes, volunteering on campus and performing community service, working part-time, and participating in intramural or extramural sports.

## Applying to Major/Career Path

Make a list of the steps to take in choosing a career, beginning with a
visit to the career center on your campus. The list-and being able to cross
items off it as you follow through on them- will give you a sense of direction
as well as a deep sense of accomplishment.

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# Apply to Job Search

### In the Job Search

- Your achiever helps you stay diligent and enables you to have productive job searches. You may take initiative to go to a potential workplace, talk with them, and ask how to apply.
- Search for careers that give constant opportunities to excel, that challenge you, and allow control over work flow and productivity.
- Tips: Break down the job search into small steps and make a list of tasks.
   Arrange certain hours per day to focus on the job search and stop working on them when the time is up. Since the constant drive to achieve can result in burn-out, make sure to give yourself breaks. Try new techniques in your job search, like informational interviews or social media.

#### In the Interview

- You can highlight your high work ethic, productivity, energy, and desire to accomplish things.
- In the job interviews you are good at bringing Strengths into the conversation in order to sell yourself. You bring thoughtful questions to the interview to showcase your interest and further judge whether the job would be a suitable match.

 Tips: Getting ideas from everyone possible before an interview can help greatly; confidence is developed through preparation. When preparing for an interview, create a list of talking points to help you prepare.

# Apply to Careers

#### In the New Position

- Your achiever starts strong, setting the performance bar high; remember to pace yourself to prevent burnout in your new position.
- Remember to keep your checklist in check. Maintain control of your time spent on tasks, allowing time to build relationships with your new colleagues.