

## *Using Your Strengths to Achieve Success: Self-Assurance*

You feel confident in your ability to manage your own life. You possess an inner compass that gives you confidence that your decisions are right. Your talent is valuable because it keeps you strong as you withstand pressures, as you stay on course, and as you willingly claim the authority to make decisions, and act.



## CAREER SERVICES

### Applying to Academics

#### General Academic Life

- Ensure that you are completely in control of your grades. Gain a clear understanding of what is expected and how meet those expectations.
- Always strive to become a better student. Stick with what is working for you and continue to build on your most powerful talents.
- Be confident in your abilities to understand and learn material.

#### Study Techniques

- Overstudy. Do more than you need to do.
- Have confidence in your best ways to learn.
- Study your greatest talents, and recognize the many ways in which you can achieve through them.
- Enjoy the risks you take in your approach to studying.

#### Relationships

- Get to know your professors and teaching assistants. This approach will help you stay in control of your learning.
- Build a potentially lifetime friendship with an instructor.
- Seek people who appreciate your self-confidence.

#### Extracurricular Activities

- Seek a leadership position in an organization that addresses issues important to you. You know you can make an important difference in these areas.

#### Applying to Major/Career Path

- Interview people in careers that involve public presentations, sales, or entertainment. Ask what they find most rewarding about their work.

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### Apply to Job Search

#### In the Job Search

- Your Self-Assurance helps you have clarity about what you want in a job. Even in the midst of rejection, you are able to bounce back and move forward because you know you are on the right path.
- Search for careers that are a constant challenge so that you stay engaged. Your self-confidence can be useful in a position of leadership.
- Tips: Even though you feel good about your ability to job search, remember to also rely on the advice of others you trust. Seek new networking contacts as well as check in with friends and family along the way.

#### In the Interview

- You can highlight the confidence and decisiveness you bring to the workforce. You are willing to tackle any task presented to you.



## CAREER SERVICES

- In the job interviews you are comfortable with describing the way your unique strengths make you a better candidate than other applicants.
- Tips: Be careful that your confidence does not come off as cockiness. Stay aware that there is always more to learn.

### Apply to Careers

#### In the New Position

- Your Self-Assurance helps you easily adapt to a new office situation because you are confident that you can handle the tasks and responsibilities that are thrown your way.
- Remember not to take more than you can handle efficiently and responsibly at one time. Do not be over-confident. Be sure not to alienate your new co-workers by making yourself seem like an all-star.