



**BEMIDJI**  
STATE UNIVERSITY

***STUDENT RESOURCES  
AND REPORTING OPTIONS  
FOR SEXUAL ASSAULT AND  
RELATIONSHIP VIOLENCE***



**Northwest  
Technical College**

**BSU:** [www.bemidjistate.edu/offices/diversity-equity-inclusion/](http://www.bemidjistate.edu/offices/diversity-equity-inclusion/)

**NTC:** [www.ntcmn.edu/offices/diversity-equity-inclusion/](http://www.ntcmn.edu/offices/diversity-equity-inclusion/)

## What is sexual violence?

Sexual violence is a broad term that refers to a continuum of conduct that includes sexual assault, non-forcible sex acts, dating and relationship violence, or stalking, as well as aiding acts of sexual violence.

- **Sexual assault** refers to an actual, attempted, or threatened sexual act with another person without that person's affirmative consent. Sexual assault is often a criminal act that can be prosecuted under Minnesota law and can also result in discipline for students through the student conduct process or for employees through established procedures. It includes but isn't limited to
  - Involvement without consent in any sexual act in which there is force, expressed or implied, or use of duress or deception upon the victim, including forced sexual intercourse and acts commonly referred to as "date rape" or "acquaintance rape." Also included is the coercing, forcing, or attempting to coerce or force sexual intercourse or a sexual act on another.
  - Involvement in any sexual act when the victim is unable to give consent.
  - Intentional and unwelcome touching of a person's intimate parts (defined as primary genital area, groin, inner thigh, buttocks, or breast); or coercing, forcing or attempting to coerce or force another to touch a person's intimate parts.
  - Offensive sexual behavior directed at another such as indecent exposure or voyeurism.
- **Dating, intimate partner, and relationship violence** includes physical harm or abuse, and threats of physical harm or abuse, arising out of a personal intimate relationship. This violence may be called domestic abuse or spousal/partner abuse and may be subject to criminal prosecution under Minnesota law.
- **Stalking** is conduct directed at a specific person that is unwanted, unwelcome, or unreciprocated and that would cause a reasonable person to fear for their safety or the safety of others or to suffer substantial emotional distress.
- **Non-forcible acts** include unlawful sexual acts where consent is not relevant, such as sexual contact with an individual under the statutory age of consent, as defined by Minnesota law, or between persons who are related to each other within degrees wherein marriage is prohibited by law.

## Was there affirmative consent?

Consent is informed, freely given, and mutually understood willingness to participate in sexual activity that is expressed by clear, unambiguous, and affirmative words or actions. It is the responsibility of the person who wants to engage in sexual activity to ensure that the other person has consented to engage in the sexual activity. Consent must be present throughout the entire sexual activity and can be revoked at any time.

Consent is not present if:

- Coercion, intimidation, threats, and/or physical force are used.
- The complainant is mentally or physically incapacitated or impaired so that the complainant cannot understand the fact, nature, or extent of the sexual situation. This includes conditions due to alcohol or drug consumption or being asleep or unconscious.
- There is a lack of protest, absence of resistance, or silence.
- There was past consent to sexual activity. Past consent to sexual activities does not imply ongoing future consent. The existence of a dating relationship between the people involved or the existence of a past sexual relationship does not prove the presence of, or otherwise provide the basis for, an assumption of consent.

Whether the respondent has taken advantage of a position of influence over the complainant may be a factor in determining consent.

## Where can I go for help if I have experienced sexual violence?

### EMERGENCY/URGENT ASSISTANCE FOR MY SAFETY

Call 911. If you have been the victim of a sexual assault, you should seek medical attention from the Sanford Bemidji Hospital or Bemidji State University health services at the Student Center for Health and Counseling immediately regardless of whether you report the matter to the police.

### TO GET MEDICAL HELP

The Student Center for Health and Counseling provides STD screenings and pregnancy tests. If you wish to have an evidence collection kit ("rape kit"), you can do so at Sanford Hospital Bemidji. If possible, do not shower, brush your teeth, urinate, eat, drink or change clothes. Medical resources include:

- Examinations by a Sexual Assault Nurse Examiner  
Sanford Bemidji Emergency Room, 218-333-5596, 1300 Anne Street NW, Bemidji, Minn.
- Ask questions of Sexual Assault Nurse Examiner Jennifer Fraik  
218-755-2053, Cedar Hall first floor, Bemidji State University

### TO TALK

Professional counselors in the Student Center for Health and Counseling can provide you with support while allowing you the time and space you need to process what has happened, and can provide you with basic information about your options and available resources. The Support Within Reach

Sexual Violence Resource Center also provides services 24 hours a day to women, children, and men who have experienced sexual violence directly or indirectly and prevention education is provided for the community. Contact information for these resources:

- Student Center for Health and Counseling  
218-755-2053, Cedar Hall first floor, Bemidji State University
- Support Within Reach Sexual Violence Resource Center  
218-444-9524 OR 800-708-2727, 1510 Bemidji Ave., Bemidji, Minn.

The Student Center for Health and Counseling is also available for other mental health and counseling concerns. Other resources available include:

- Suicide Prevention – Local Counseling Crisis Line – 800-422-0045
- Text "MN" to 741741

### WHAT IF I WANT TO BE LEFT ALONE?

This may be a confusing and difficult time. Remember that these resources are always available to you, and you can seek support at any time. Friends and family can offer support as well. "You are not alone. There are people who can help you. You have options."

## ***How can I report a concern?***

Students who wish to report a concern may seek assistance from staff listed as "non-confidential." These staff include Campus Safety officers, Housing and Residence Life staff, Vice President for Student Life and Success Travis Greene, deputy Title IX coordinators, Alex Carew (student athletes), advisors to recognized student organizations, athletic coaches, and the Title IX Coordinator. These individuals will protect your privacy by limiting the people with whom they share what you tell them; however, they cannot guarantee your confidentiality, as they must notify the Title IX Coordinator. They also will explain your options and resources and attend to your immediate needs for safety and interim measures (e.g., no contact orders, housing and academic accommodations, counseling, escort services, etc.).

- **Department of Public Safety — 218-755-3888; Walnut Hall, BSU**
- **Title IX Coordinator — 218-755-4121; Deputy Hall 211, BSU**
- **Bemidji Police Department — 218-333-9111; 613 Minnesota Avenue, Bemidji, MN**
- **Housing and Residence Life — 218-755-3750; Walnut Hall, BSU**
- **Dr. Randy Ludeman, Director of Housing and Residential Life — 218-755-3750; Walnut Hall, BSU**
- **Travis Greene, Vice President for Student Life & Success — 218-755-2075; Deputy Hall 313, BSU**

As a reminder, persons who report sexual assault and relationship violence or who cooperate with investigations of such reports are protected from retaliation under Minnesota State Board Policy 1B.3 Sexual Violence Policy.

**Sexual assault and relationship violence are crimes.** If you are on campus, contact the Department of Public Safety, Bemidji Police Department, a Campus Security authority, or Title IX Coordinator as soon as possible after the offense. If you are off campus, you may file a police report with the appropriate law enforcement agency. A criminal investigation does not relieve the university of its obligation to respond under Title IX, and both a criminal and university investigation may proceed at the same time.

## ***Who can explain the Title IX investigation process and procedures?***

You are encouraged to contact the Title IX Coordinator as soon as possible after the offense. The Title IX Coordinator will investigate all reports of sexual assault and relationship violence and ensure the provision of interim measures and final administrative remedies.

- **Title IX Coordinator, 218-755-4121; Deputy Hall 211, BSU**

In certain rare circumstances where it is necessary to ensure your safety and that of the university community, the university may be obligated to investigate known incidents of sexual assault and relationship violence, even if you may not feel ready. Such a decision would be discussed with you in advance, however, and the university would ensure that you have a support person throughout the process.

## ***What help is available for me if I have been accused of sexual violence or relationship abuse?***

### **TO TALK:**

Professional counselors in the Student Center for Health and Counseling can provide you with confidential support and can provide you with basic information about your options and available resources.

- **Student Center for Health and Counseling – 218-755-2053; Cedar Hall first floor, BSU**
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### **TO UNDERSTAND THE UNIVERSITY’S TITLE IX INVESTIGATION PROCESSES:**

The Title IX Coordinator investigates all reports of sexual assault and relationship violence and serves as a neutral party during the process. Upon request, the Title IX Coordinator can provide an individual to be present with you during the investigation and help you understand investigatory processes and procedures.


- **Title IX Coordinator, 218-755-4121, Deputy Hall 211, BSU**

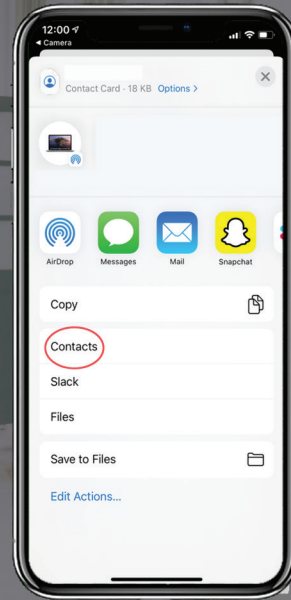
## How can I download the card?



1. Start downloading the contact card by scanning the QR code with your smartphone's camera, or any QR scanning app
2. Tap the link that pops up. Once in the web browser, click the "download card" button
3. On iPhones: once you see a preview of the card, click the **export** button in the top right corner. Then, click "**contacts**," then "**Save**"
4. On Androids: open the file by tapping "Open" or by sliding down on screen. Save the cards to the "Phone" option

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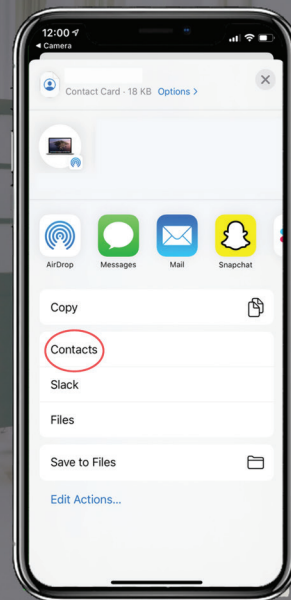
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