Using Your Strengths to Achieve Success: **Includer**

You are fascinated by ideas and are able to find connections between seemingly disparate phenomena. Your talent is valuable because it enables you to look for new connections and generate new insights when things don’t make sense. You are able to help others see their world from a new point of view.

**Applying to Academics**

**General Academic Life**
- In small groups in class, try to get each student to participate. Ask him or her for opinions.
- Research people of different cultures in your community. Invite some of these people to attend a community or university event with you.
- Attend lectures or speeches by guest speakers of different nationalities. Introduce yourself to others attending the session, drawing them into a conversation with you.

**Study Techniques**
- Study with other people. If someone in the group is not talking try to bring him or her into the conversation.
- Invite someone who is shy but intelligent to study with you.
- Start a small study group of people who seem more hesitant to talk, and include a couple of more verbal people as well.

**Relationships**
- Expand your relationships to have a diverse group of friends with whom you participate in activities.
- You can adjust to many types of people and help them feel welcome. Invite others to your social activities.

**Extracurricular Activities**
- Your ability to help others feel like part of the group will make you a valuable member of student organizations and service groups.

**Applying to Major/Career Path**
- Talk to youth workers, occupational therapists, social workers, special education teachers, and missionaries to learn what they find most rewarding about their work.
Using Your Strengths to Achieve Success: **Includer**

You are accepting of others. You show awareness of those who feel left out, and make an effort to include them. Your talent is valuable because it enables you to help individuals, groups, organizations, and communities to be unified and effective. People who have felt rejected will appreciate your efforts.

### Apply to Job Search

**In the Job Search**

- Your includer helps you build a network while job searching. You get energized by finding peers who will conduct a job search with you. The team setting within the job search makes the process more enjoyable.

- Search for careers that allow you to be part of a group or team. Being a team leader is something you may enjoy since you can create a feeling of togetherness. Working with groups of people who normally feel excluded is another area in which you would find enjoyment.

- **Tips:** Interview and shadow professionals who are currently in jobs that interest you to get a sense of their daily responsibilities. This personal interaction with people in careers you are considering can help you narrow down your options.

### Apply to Careers

**In the New Position**

- Your includer will enable you to make your co-workers always feel part of things, which boosts morale, teamwork, and productivity.

- **Tips:** While focusing and including others is a strong suit, make sure to talk yourself up in the interview. Remember to add how you individually contributed to goals and accomplishments.

**In the Interview**

- You can highlight your open-mindedness to people who share different perspectives. You are good at team building and enhancing workplace positivity.

- In the job interviews you are engaging and are able to show an employer how you would fit in with their company.

*‘In the Job Search’ and ‘In the Interview’ sections created by MU Career Center, University of Missouri, 2011. ‘In the New Position’ section created by Stacy Ballinger, Director, Center for Calling & Career, Lee University. Talent themes copyrighted by Gallup, Inc. Use only with individuals who have taken the StrengthsFinder from the StrengthsQuest site.*